Into Action!

Westside Central Office

April 2016 - Volume 4 - Number 7

What's Happening at the WCO?

WCO hosted its April business meeting on Monday, the 4th. WCO President, Mark L, was absent because he and his family were still adjusting to another member of their family, Casey Alexander, born on "Amateur Night", March 17th, also known as St. Patrick's Day. Casey is child number three in Mark's family. His oldest is Kyle (4 years old) followed by Olivia (23 months old). As of this writing, baby, mom, and the rest of the family are doing great. Mark expects to be back at the next business meeting on May 2nd. Thanks to Renee K for presenting Mark's reports in his absence.

The WCO Board reports that long time Board member, Joe S, stepped down due to other service commitments. He hopes to return after he rotates out from some of his other commitments. We wish him well and look forward to working with him again in the future. The Board will decide at its May 2nd Board Meeting whether to look for a replacement or just operate with the current number of members.

We hope to publish the next edition of our printed meeting schedule in May. To add or update meeting information for the upcoming schedule, visit http://westsidecentraloffice.com/meetings/addupdate-meeting-information/.

We are still looking for an office volunteer to serve on the second Saturday of each month from 12noon-4pm. 2 or more years of sobriety is suggested. Contact us at info@westsidecentraloffice.com for more information.

Our 12th Step Call Committee continues to plan a 12th Step Call workshop. They hope to have a flyer for the event at the next WCO business meeting.

We reported last month that WCO's CPC Committee scheduled a meeting with A.A. District 23's CPC Committee to find out how we both can work together. During that meeting, both CPC chairs agreed that a comprehensive list of CPC Chairs for the area would be helpful. This would allow for better communication and cooperation among CPC Committees. Nick F, WCO CPC Chair, will contact the Area 58 and Portland Area Intergroup CPC Committees to see if such a list exists. If not, he will volunteer to create this list.

We reported last month that the CPC Committee received a request for a presentation at the Clackamas County Court. Because this court is located outside our service area, the committee is seeing if there is a CPC Committee with a closer proximity that can help out. If not, our committee will take the lead on this 12th Step Opportunity. To learn more about CPC or to get involved, contact cpc@westsidecentraloffice.com.

WCO has the following service openings: Chair, Co-Chair, Public Information (PI) Committee Chair, Corrections Chair, Treatment Facilities Chair, Literature Chair, Activities Chair, and Newsletter Committee Chair. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 22, 1946:** First A.A. Group in Astoria, Oregon is established.
- **April 29, 1946:** First A.A. Group in Salem, Oregon takes shape.
- **April 3, 1949:** The first *open to the public* meeting of A.A. in Eugene, Oregon is held.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1960:** First Alateen group in Salem, Oregon is started.
- **April 5, 1961:** First A.A. meeting at Dammasch State Hospital (Wilsonville, Oregon) is held.
- **April 1970:** G.S.O. moves its headquaters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

May 2, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

May 20-22, 2016 – Oregon Area 58 Assembly (Linn County Fair & Expo Center, 3700 Knox Butte Rd E, Albany,OR). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

May 26, 2016 – Pacific Northwest Conference Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "Getting Involved with General Service" and includes articles by members about how important and rewarding service beyond the home group is. To subscribe, visit www.aagrapevine.org.

The Grapevine is now accepting stories for the "Atheist and Agnostic members" issue (due May 5th), and the "Remote Communities" issue (due July 5th), . Visit www.aagrapevine.org/contribute to submit your story.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Step Four is "… the first *tangible* evidence of our complete willingness to move forward."

(Reprinted from Twelve Steps and Twelve Traditions, page 54, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.