Into Action!

Westside Central Office

April 2014

What's Happening at the WCO?

The Westside Central Office hosted a business meeting on Monday, April 7, 2014 from 7pm-8pm at its new office located at 12705 SW Beaverdam RD Suite D, Beaverton, OR 97005. Below are the highlights from this meeting:

The Literature Committee Committee Chair, Joe S, reported that 75th Edition Big Books will begin shipping from the General Service Office on April 16th. He expects to begin fulfilling orders at the end of the month.

Public Information Committee Chair, Derek T, reported that he lead an A.A. Presentation at the Beaverton I*nsight Class*. Beaverton students that violate Beaverton Schools' drug and alcohol policy are required to attend the Insight Class. Other activities by the P.I. Committee include a regional P.I. Workshop tentatively planned for October of this year. The committee is also looking into participating at the 2014 Child Abuse and Family Violence Summit.

The Corrections Committee Chair, Josh S, reported that the committee will begin meeting in WCO's new office each 3rd Thursday of the month, 6:30pm, beginning in May. Josh reported that he will begin leading an A.A. for the inmates at the South Fork Forest Camp beginning on April 16th. This activity will continue on the first and third Wednesdays of each month. Anyone interested in attending this meeting with Josh is encouraged to email him at corrections@westsidecentraloffice.com.

In Old Business, Daphne S was elected to Outreach Committee Chair. In New Business, the Corrections Committee submitted a budget proposal. The proposal was tabled until next business meeting so the groups have an opportunity to review it.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost!
Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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WCO Now Has An Office!

The Westside Central Office has secured a physical office location as of March 4th, 2014. The office is located at 12705 SW Beaverdam RD Suite D, Beaverton, OR 97005 (behind the Curiosities Vintage Mall). We will hold our next business meeting at the new office on Monday, April 7, 2014 from 7pm-8pm. Everyone's welcome to attend. A map to our office is available at http://westsidecentraloffice.com/map/.

Stay tuned for more details on office hours. Anyone interested in volunteering at the office is encouraged to email us at info@westsidecentraloffice.com.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1970:** G.S.O. moves its headquaters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

May 1, 2014 – Public Information Committee Meeting, 6:30pm-7:30pm. Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

May 5, 2014 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

May 15, 2014 – Corrections Committee Meeting, 6:30pm-8:00pm. Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

May 16-18, 2014 – Oregon Area 58 Post Conference Assembly. Best Western Hood River Inn (1108 E. Marina Dr., Hood River, OR 97031). More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

May 17, 2014 - 4th Step Workshop. 10:00am – 11:30am at Trinity United Methodist Church (3915 SE Steele ST, Portland, OR). More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

News From The Grapevine

The Grapevine is A.A.'s meeting in print. This month's issue features stories of experience, strength, and hope by A.A. members with special needs. Visit www.aagrapevine.org to subscribe.

On April 27th, the Grapevine will unveil a new book titled The Grapevine Daily Quote Book. This pocket-sized book captures the first 365 days of the Grapevine Daily Quote, which first appeared in June 2012. The quotes were contributed by A.A. members, with many by A.A. Co-founders. All of these quotes first appeared in the Grapevine as part of members' stories and other submissions.

This year marks the Grapevine's 70th Anniversary. Many events are planned to commemorate 70 years of the Grapevine. A Grapevine event calendar has been set up to track these events (as well as other Grapevine related events). Visit www.aagrapevine.org/GV70 to learn more.

The Grapevine is now accepting stories for "My Favorite AA Slogan" (stories due May 10, 2014), "Sober for the Holidays" (stories due July 10, 2014), and next year's "Young and Sober" issue (stories due August 1, 2014). Visit www.aagrapevine.org/contribute to submit your story.

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

You Don't Have To Drink No Matter What
Butch W.

I've been involved in service work most of my 13 years of sobriety. My sponsors have said it gets your mind off of your self and helping others. The last 3 years of service work has been with the district from GSR, Treatment, Grapevine, and alt. DCM.

The last 18 months has found me unemployed. I've been evicted from my long time apartment a year ago. Not once have I had to sleep on the street, and that God has been taking care of me.2014 has started off on the right way by having food stamps, health insurance, and getting started on Social Security Disability.

The good news is that I haven't had to drink no matter what. Bill W. says that in Bill's story in the Big Book. I haven't even had the thought 1 time about going out. I don't want to announce to a group that I'm under 30 days again is the biggest reason. My sponsor has kept me busy with things as well as looking for work. I go to about 7 meetings a week. 3 of those meetings are with my home group and 1 meeting is Portland Rescue Mission.

Like the name of the article says, you don't have to drink no matter what. The death of a relative, loved one, or whatever. The end of the Lord's prayer says, keep coming back it works.

YILS,
Butch W.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.