Into Action!

Westside Central Office

April 2015

What's Happening at the WCO?

The Westside Central Office hosted a business on Monday, April 6th from 7pm-8pm at its office located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. Below are the highlights from this meeting:

The Board President, Mark L, reported he and fellow Board members Joe S, Mike G, and Ron W gave a presentation on WCO at the March 10th District 31 business meeting.

The host committee for the Western Area Conference of Young People in A.A. (WACYPAA) expressed interest in co-hosting a 7th Tradition Workshop with WCO. WACYPAA is scheduled for December 17th through the 20th. Our Activities Chair, Joe S, is planning a 7th Tradition Workshop this summer. For more information, or to get involved, contact Joe at activities@westsidecentraloffice.com. Visit http://www.wacypaa.org/ to learn more about WACYPAA.

Hotline Chair, Josh S, reported that he added another volunteer who is available around the clock. He said he can still use more volunteers. Interested A.A.s can sign up for hotline shifts by visiting http://westsidecentraloffice.com/service/a-a-hotline/.

Daphne S stepped down as 12th Step Call Chair. The 12th Step Call Chair maintains a list of 12th Step Call volunteers and refers them to individuals who would like to talk to someone about A.A. and recovery from alcoholism. The 12th Step Committee works closely with the Hotline Committee in carrying A.A.'s message to the alcoholic who still suffers. Visit http://westsidecentraloffice.com/service/twelfth-step-calls/ to learn more about 12th Step calls and to add yourself to the volunteer list. To learn more about the 12th Step Chair position, email us at info@westsidecentraloffice.com or attend one of our business meetings.

Last month, Jack B, DCM of District 18 attended our business meeting and expressed interest in our hotline. District 18, located in Columbia County, has their own hotline but it is run on aging computer equipment. He was wondering if District 18 could piggyback onto WCO's hotline. The I.T. Committee considered the request during the month of March and returned to the April 6th business meeting with two options for District 18: (1) District 18 use the same phone service that WCO uses or (2) District 18 use WCO's hotline. If they choose option 2, we request that they provide us with regularly updated meeting schedules and 12th Step Call volunteer lists. The two options were sent to Jack who will discuss them with District 18.

WCO continues to look for A.A.s that are available to fill the following service positions: Co-Chair, one Board member position, Public Information (PI) Committee Chair, Cooperation with the Professional Community (CPC) Committee Chair, Corrections Chair, Treatment Facilities Chair, Outreach Chair, and Newsletter Committee Chair, 12th Step Call Chair. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 22, 1946:** First A.A. Group in Astoria, Oregon is established.
- **April 29, 1946:** First A.A. Group in Salem, Oregon takes shape.
- **April 3, 1949:** The first *open to the public* meeting of A.A. in Eugene, Oregon is held.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1960:** First Alateen group in Salem, Oregon is started.
- **April 5, 1961:** First A.A. meeting at Dammasch State Hospital (Wilsonville, Oregon) is held.
- **April 1970:** G.S.O. moves its headquaters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

April 25, 2015 – 4th and 7th Traditions Enlightenment. A workshop sponsored by Districts 25 and 27. 10am – 2pm at Creator Lutheran Church, 13250 SE Sunnyside RD, Happy Valley, OR 97015. Lunch will be provided! More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

May 1-3, 2015 – 40th Annual Rogue Roundup (Josephine County Fairgrounds, Grants Pass, OR). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

May 4, 2015 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

May 15-17, 2015 – Oregon Area 58 Post Conference Assembly. Lane Community College, 4000 E 30th AVE, Eugene, OR 97405. More information available at http://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Step Four is "… the first *tangible* evidence of our complete willingness to move forward."

–Twelve Steps and Twelve Traditions, p. 54

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.