

Into Action!

Westside Central Office

December 2014

What's Happening at the WCO?

The Westside Central Office hosted a business meeting on Monday, December 1, 2014 from 7pm-8pm at its office located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. Below are the highlights from this meeting:

The Board President, Mark L, reported that our inaugural month of Saturday office hours was a success. Thanks to Whitney T, Joe S, Derek T, and John W for volunteering this past month. Special thanks to Joe S for filling in the 4th Saturday. We continue to look for an office volunteer to serve each 4th Saturday of the month. The term is one year with two or more years of sobriety suggested. Contact us at info@westsidecentraloffice.com or by phone at 503-684-0415 (menu option 0) if you are interested. Mark also reported that production of the winter 2015 printed meeting schedule is underway. He hopes to have new meeting schedules at the office by early January.

The Activities Chair, Joe S, said that he is planning an 11th Step Meditation Workshop on Saturday, January 24, 2015 at the WCO facility. The event is scheduled for the morning with the exact time to be determined. Contact Joe at activities@westsidecentraloffice.com for more information.

WCO Chair, Derek T, reported that he gave an A.A. presentation at Beaverton School District's *Insight Class* (a required class for students who violate the school district's drug and alcohol policy) on November 4th. He also plans to speak to Southridge High School students about A.A. on December 3rd. Young people in recovery are

needed for a similar presentation at Southridge on December 4th. Interested individuals are encouraged to contact Derek at chair@westsidecentraloffice.com.

Josh S, who recently rotated out of his Corrections Chair position, reported that the South Fork Prison Camp in Tillamook is still holding meetings thanks to volunteers from A.A. District 1 (Tillamook). Prior to our committee's involvement, South Fork had not hosted any regular A.A. meetings for several years.

In Old Business, we elected Josh S to the Hotline Chair position. A.A.s that would like to help out with the Hotline can sign up for shifts by visiting <http://westsidecentraloffice.com/service/a-a-hotline/>. We also approved the WCO Budget for calendar year 2015.

WCO has the following service openings: Co-Chair, one Board member position, Public Information (PI) Committee Chair, Cooperation with the Professional Community (CPC) Committee Chair, Corrections Chair, Treatment Facilities Chair, and Newsletter Committee Chair. To learn more about these open positions, visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link.



Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: <http://westsidecentraloffice.com/newsletter/#subscribe>

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at <http://westsidecentraloffice.com/map/>

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. This month, they are offering free shipping on all items. Visit www.aagrapevine.org for more information.

To help everyone stay connected with the fellowship during this holiday season, Grapevine has posted a collection of free stories on their website. Visit www.aagrapevine.org/holiday to access these stories.

This Month in A.A. History

- **December 1934:** Bill has his spiritual experience in Towns Hospital.
- **December 1934:** Bill works with other alcoholics, but none of them stay sober.
- **December 1937:** Bill, Dr. Bob, Dr. Silkworth, and some group members from Akron and New York meet with John D. Rockefeller Jr. Their hopes for financial backing from the philanthropist were squashed when it was pointed out that money could spoil the movement's purpose. The meeting reaps welcome enthusiasm and moral support, but no funds.
- **December 1938:** Twelve Steps are written.
- **December 1939:** The first A.A. group in a mental institution is established at New York's Rockland State Hospital.
- **December 5, 1943:** Bill and Lois arrive in Portland Oregon as part of their Pacific Northwest tour.
- **December 6, 1943:** Bill and Lois attend a meeting arranged by early Portland A.A. pioneers, Dr. Clarence W.H. and Dan G. The meeting attracts over 100 people thanks to advertisements placed in The Oregonian and The Oregon Journal newspapers. Bill would speak on his experience, strength, and hope for one hour. After hearing Bill's story, twenty-two men register their phone numbers and express a desire to attend another meeting.
- **December 1943:** A week after the meeting with Bill and Lois, interested individuals begin meeting at the YMCA in Downtown Portland. By January 1944, these informal meetings would grow into the first A.A. Group in Portland, as well as Oregon.
- **December 1948:** Dr. Bob gives his last major talk before a crowd of A.A.s in Detroit, Michigan.
- **December 22, 1995:** The General Service Office in New York launches the website www.aa.org

Upcoming Events

December 31, 2014 – Frog Pond CARE Group Annual New Year's Eve Party, 6:00pm-Midnight, Meridian United Church-Christ (6750 Boeckman Rd, Wilsonville, OR 97070). More information is available at <http://westsidecentraloffice.com/events/aa-announcements/>

January 5, 2015 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to:

newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings



Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to

public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffice.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.