Into Action!

Westside Central Office

February 2015

What's Happening at the WCO?

This month marks our 5th year anniversary! We have come a long way since our humble beginnings in February 2010. We could not have done it without the generous support of our A.A. Groups and Members. Thank you everyone for helping us reach this milestone! To learn more about how WCO got its start, check out *A Brief History on Westside Central Office* by visiting the following web page: http://westsidecentraloffice.com/about-2/a-brief-history-on-west-side-central-office/

The Westside Central Office hosted a business on Monday, February 2nd from 7pm-8pm at its office located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. Below are the highlights from this meeting:

The Board President, Mark L, reported that the Board met before the business meeting and discussed a possible amendment to the Guidelines. Mark also reported that we paid our annual business license fee of $50 to the city of Beaverton. We continue to look for an office volunteer to serve each 4th Saturday of the month from Noon to 4pm. The term is one year with two or more years of sobriety suggested. Contact us at info@westsidecentraloffice.com or by phone at 503-684-0415 (menu option 0) if you are interested.

The Activities Chair, Joe S, reported that the 11th Step Meditation Workshop on January 24th was lightly attended but overall went well. Joe also reported that the next activity will be our annual 7th Tradition Workshop to be held in the summer.

WCO Chair, Derek T, reported that we continue to get requests for A.A. presentations at area schools. The latest request comes from Raleigh Hills Elementary School. Derek is looking for young people in A.A. that are available to help with this presentation. Contact Derek at chair@westsidecentraloffice.com for more information or to volunteer for this 12th Step opportunity.

12th Step Committee Chair, Daphne, reported that we need more A.A.s on our 12th Step Call Committee. The 12th Step Call Committee consists of A.A.s that are available to talk to individuals about A.A. and recovery from alcoholism. Interested A.A.s can visit the 12th Step webpage at http://westsidecentraloffice.com/service/twelfth-step-calls/ for more information and to sign up.

Hotline Chair, Josh S, reported that we had several calls on our hotline this past month and therefore could use more volunteers. A.A.s that would like to help out with the Hotline can sign up for shifts by visiting http://westsidecentraloffice.com/service/a-a-hotline/.

WCO has the following service openings: Co-Chair, one Board member position, Public Information (PI) Committee Chair, Cooperation with the Professional Community (CPC) Committee Chair, Corrections Chair, Treatment Facilities Chair, Outreach Chair, and Newsletter Committee Chair. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "How I Found My Higher Power". Read stories by A.A. members about their experience with Step Two. To subscribe, visit www.aagrapevine.org .

The Grapevine is now accepting stories for their "Sober Travel" (due March 5), "Technology and Anonymity" (due April 5), and "Letting Go of Resentments" (due May 5) and "Service During the Holidays" (due July 5). Visit www.aagrapevine.org/contribute to submit your story.

This Month in A.A. History

- **February 1938** – Frank Amos, friend of John D. Rockefeller, Jr. assess the Akron Group and explores the possibility of opening a small hospital for alcoholics. Amos recommends that Rockefeller donate $50,000 for the hospital, but Rockefeller refuses stating that the fellowship should be self-supporting. The philanthropist does donate $5,000 toward Bill and Dr. Bob's basic needs.
- **February 1940** – First A.A. World Service Office opens on Vesey Street in New York City.
- **February 1940** – First A.A. Clubhouse opens at 334 ½ West 24th Street in New York City.
- **February 8, 1940** – The A.A. Co-founders and some early members attend a dinner party put on by John D. Rockefeller Jr. It's at this meeting that Rockefeller informs Bill, Bob, and the early members that he feels A.A. should be self-supporting as far as money is concerned. This stance by Rockefeller would later form the basis of A.A.'s 7th Tradition.
- **February 14, 1971** – A.A. groups around the world hold memorial meetings honoring Bill's work as Co-founder of A.A. Bill died on January 24, 1971.
- **February 1993** – In a textbook example of country-to-country sponsorship, A.A. Mexico succeeds in getting Cuba's first group going. The Cuban Government had previously outlawed A.A. But after A.A. Mexico informed the Cuban Government of how A.A.'s program of recovery works, the government changed its mind and welcomed the Fellowship. By the end of 2004, some 200 groups have formed in Cuba.
- **February 2010 –** The Westside Central Office is founded.

Upcoming Events

February 27-March 1, 2015 – Oregon Area 58 Pre-Conference Assembly. Marylhurst University (17600 Pacific HwyLake Oswego, OR 97036). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

March 2, 2015 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now."

–Twelve Steps and Twelve Traditions, p. 27

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.