

# Into Action!

Westside Central Office

February 2016 - Volume 4 - Number 5

## What's Happening at the WCO?

This month marks our 6<sup>th</sup> year anniversary! Thank you everyone for helping us reach this milestone. We could not have done it without you. To learn more about how WCO got its start, check out *A Brief History on Westside Central Office* by visiting the following web page: <http://westsidecentraloffice.com/about-2/a-brief-history-on-west-side-central-office/>

The Westside Central Office has two new items for sale at its office. The "Man on the Bed" oil print for \$3.00 and a Calligraphy "Serenity Prayer" card for \$2.00. These were special purchases through the Grapevine, so quantities are limited.

WCO supplies Big Books to a number of Corrections Committees that serve the Portland metropolitan area. These committees take meetings into Coffee Creek Prison, Clackamas County Jail, and now Washington County Jail. Washington County Jail does not allow committees to bring in Big Books for the inmates. Instead, they need to have the books shipped to the jail directly from AAWS. We are currently seeking an individual to head up our Corrections Committee and coordinate the purchase of these Big Books to Washington County Jail. A number of members and groups have expressed interest in donating funds to purchase these Big Books, but we need someone to coordinate this activity. To learn more about this 12<sup>th</sup> Step Opportunity, stop by our business meeting held the first Monday of the month, 7pm, at our office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005) or email us at [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com).

We are still looking for an office volunteer to serve the second Saturday of the month from 12noon to

4pm. Two or more years of sobriety is suggested. Contact us at [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com) if you are interested.

The Cooperation with the Professional Committee (CPC) has two presentations on A.A. scheduled this month. The first presentation is to staff at the Beaverton Municipal Court. CPC was also invited by a Beaverton Judge to give a presentation on A.A. to individuals who are on bench probation and who have a history of alcohol and drug offenses. CPC is also reaching out to Washington County Court as well as other municipal courts to see if they would like a presentation and/or more information on A.A. If you are interested in getting involved with these types of presentations, email our CPC Chair, Nick F, at [cpc@westsidecentraloffice.com](mailto:cpc@westsidecentraloffice.com).

At the February 1<sup>st</sup> business meeting, the body approved a motion to move the July 2016 WCO business meeting from the first Monday of the month to the third Monday, July 18th. Independence Day lands on the first Monday of July this year. Those in attendance agreed that most of us would not be able to attend a July 4<sup>th</sup> meeting.

We are still seeking individuals to serve the following vacant positions: Chair, Co-Chair, TF Chair, PI Chair, Corrections Chair, Literature Chair, Activities Chair, and Newsletter Chair. More information on these positions is available at [www.westsidecentraloffice.com/westside-central-office-service-opportunities-3/](http://www.westsidecentraloffice.com/westside-central-office-service-opportunities-3/).



Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: <http://westsidecentraloffice.com/newsletter/#subscribe>

## Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com).

## Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at <http://westsidecentraloffice.com/map/>

***If you want to drink, that's your business. If you want to stop, that's ours!***  
**Call 503-684-0415**

## Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "Stories from Old Timers". Read stories by A.A. members with long term sobriety. To subscribe, visit [www.aagrapevine.org](http://www.aagrapevine.org).

The Grapevine is now accepting stories for "the many ways you or your group uses the Grapevine to carry the message to the alcoholic" issue (due March 5th), the annual "Young and Sober" issue (due April 5th), and "Stories by Atheist and Agnostic members" issue (due May 5th). Visit [www.aagrapevine.org/contribute](http://www.aagrapevine.org/contribute) to submit your story.

## This Month in A.A. History

- **February 1938** – Frank Amos, friend of John D. Rockefeller, Jr. assesses the Akron Group and explores the possibility of opening a small hospital for alcoholics. Amos recommends that Rockefeller donate \$50,000 for the hospital, but Rockefeller refuses stating that the fellowship should be self-supporting. The philanthropist does donate \$5,000 toward Bill and Dr. Bob's basic needs.
- **February 1940** – First A.A. World Service Office opens on Vesey Street in New York City.
- **February 1940** – First A.A. Clubhouse opens at 334 ½ West 24<sup>th</sup> Street in New York City.
- **February 8, 1940** – The A.A. Co-founders and some early members attend a dinner party put on by John D. Rockefeller Jr. It's at this meeting that Rockefeller informs Bill, Bob, and the early members that he feels A.A. should be self-supporting as far as money is concerned. This stance by Rockefeller would later form the basis of A.A.'s 7<sup>th</sup> Tradition.
- **February 14, 1971** – A.A. groups around the world hold memorial meetings honoring Bill's work as Co-founder of A.A. Bill died on January 24, 1971.
- **February 1993** – In a textbook example of country-to-country sponsorship, A.A. Mexico succeeds in getting Cuba's first group going. The Cuban Government had previously outlawed A.A. But after A.A. Mexico informed the Cuban Government of how A.A.'s program of recovery works, the government changed its mind and welcomed the Fellowship. By the end of 2004, some 200 groups have formed in Cuba.
- **February 6, 2010** – The Westside Central Office is founded.

## Upcoming Events

**February 25, 2016** – Pacific Northwest Conference Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

**February 26-February 28, 2016** – Oregon Area 58 Pre-Conference Assembly. Curry County Fairgrounds (Event Center on the Beach, 29392 Ellensburg Ave, Gold Beach, OR 97444). More information is available at <http://westsidecentraloffice.com/events/aa-announcements/>

**March 7, 2016** – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to: [newsletter@westsidecentraloffice.com](mailto:newsletter@westsidecentraloffice.com)

## Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

## Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

## Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: [www.westsidecentraloffice.com/meetings](http://www.westsidecentraloffice.com/meetings)

**“...Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now.”**

(Reprinted from [Twelve Steps and Twelve Traditions](#), page 27, with permission of A.A. World Services, Inc.)

# Get Involved!

## ***The Westside Central Office has the following 12<sup>th</sup> Step opportunities:***

**12<sup>th</sup> Step Calls** – Interested in going on a 12<sup>th</sup> Step Call? A.A. members are needed for the 12<sup>th</sup> Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12<sup>th</sup> Step Call webpage at [westsidecentraloffice.com/service/twelfth-step-calls](http://westsidecentraloffice.com/service/twelfth-step-calls) or email the 12<sup>th</sup> Step Call Committee Chair at [12stepchair@westsidecentraloffice.com](mailto:12stepchair@westsidecentraloffice.com) for more information.

**A.A. Hotline** - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at [westsidecentraloffice.com/service/a-a-hotline/](http://westsidecentraloffice.com/service/a-a-hotline/) or email the A.A. Hotline Chair at [hotlinechair@westsidecentraloffice.com](mailto:hotlinechair@westsidecentraloffice.com).

**Public Information** – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to

public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email [pi@westsidecentraloffice.com](mailto:pi@westsidecentraloffice.com) for more information.

**Activities** – Interested in putting on social or service oriented events? Then join the activities committee. Email [activities@westsidecentraloffice.com](mailto:activities@westsidecentraloffice.com) for more information.

**Treatment Facilities** – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email [tf@westsidecentraloffice.com](mailto:tf@westsidecentraloffice.com) for more information or to get involved with the Treatment Facilities Committee.

**Professionals** – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email [cpc@westsidecentraloffice.com](mailto:cpc@westsidecentraloffice.com) for more information or to get involved with the Cooperation with Professionals Committee.

**Corrections** – Volunteers are needed to help carry the A.A. message to those behind bars. Email [corrections@westsidecentraloffice.com](mailto:corrections@westsidecentraloffice.com) for more information or to get involved.

*Into Action!* is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com). Direct all correspondence to: email: [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com) phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.