Into Action!

Westside Central Office

January 2016 – Volume 4 – Number 4

What's Happening at the WCO?

The Westside Central Office scheduled its first business meeting of 2016 on January 4th, but Mother Nature had other plans. Although a winter snow/ice storm hit the Portland metro area on Sunday, the 3rd, most residential streets were still pretty well iced over on January 4th. So, we rescheduled our business meeting to January 18th. Thank you to those who were able to rearrange their schedule and attend the "make up" business meeting.

Joe S facilitated the business meeting, as Derek T had to step down as WCO Chair for personal reasons. Before serving as Chair, Derek also served as our Public Information Committee Chair. Thank you Derek for your service to WCO! We are now looking for a Chair to fulfill the remainder of Derek's term which runs through September 30th.

Board President, Mark L, indicated that we now have the 3rd Saturday Office Shift filled. That leaves just the 2nd Saturday in need of a volunteer. Individuals with at least two years of sobriety that are interested in volunteering can email us at info@westsidecentraloffice.com.

The Outreach Chair, Renee K, reported that our booth at WACYPAA, which ran from December 17, 2015 through December 20, 2015, was a success! We had several giveaways including commemorative rubber bracelets, Big Book book marks, magnets, and candy. Our booth also yielded some potential new volunteers. If you missed the booth, you can still get your hands on some of the giveaways by stopping by our office.

This month, the Cooperation with the Professional Community Committee will deliver meeting schedules and Big Books to attorneys and staff at the Beaverton Municipal Court. They also will reach out to other municipal courts and police departments on the Westside.

We added several new volunteers to our 12th Step Volunteer list this month. In particular, we added several "much needed" volunteers from Banks and Gales Creek to our list. We still can use more female volunteers, especially those that reside in Beaverton, Hillsboro, and Wilsonville. To learn more about volunteering on the 12th Step Call list, visit www.westsidecentraloffice.com/service/twelfth-step-calls.

The I.T. Committee reported that one of the busiest days for our website in 2015 was on December 31st. Several visitors were looking for a sober New Year's Eve gathering as well as a meeting. We are happy that we were able to provide them with information on two sober New Year's Eve parties as well as meetings. If your group or District has an upcoming event, we can help promote it on our website. Send your flyers/event information to info@westsidecentraloffice.com.

In Old Business, we elected John H to Treasurer. John will serve the remainder of Ron W's term. Ron, who also serves as Alternate Chair for Area 58, needed to step down as Treasurer because the Alternate Chair position now demands most of his time and energy. Good luck Ron and thank you for your service to WCO!

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. The theme for the February 2016 issue is "Staying Sober through Adversity". This issue features articles on how members got through tough times in their sobriety.

The Grapevine is now accepting stories for their "Annual Prison Issue" (due February 5th), "the many ways you or your group uses the Grapevine to carry the message to the alcoholic" (due March 5th), and the annual "Young and Sober" issue (due April 5th). Visit www.aagrapevine.org/contribute to submit your story.

This Month in A.A. History

- **January 3, 1949**: The first A.A. meeting in Albany, Oregon is held in the chamber of commerce building. The meeting was sponsored by the Salem (Oregon) Group.
- **January 1957:** First A.A. Group in India forms in New Delhi.
- J**anuary 1958:** As a service to its readers, the January 1958 issue of the Grapevine prints a chart outlining A.A.'s services and the Conference structure. Text in the top box of the chart indicates that there are over
  7,000 groups registered with the "General Service Headquarters". This includes 500 in institutions (i.e., hospitals, prisons, and other institutions), and 760 overseas.
- **January 1959:** After years of failed attempts, a stable A.A. Group in Colombia forms.
- **January 1960:** First A.A. Group in Guatemala forms.
- **January 1962:** The (Portland Oregon) *Central Committee* changes its name to the *Portland Area Intergroup*.
- **January 24, 1971:** At the age of 75, A.A. Co-founder Bill W dies at the Miami Heart Institute in Miami Beach, Florida.
- **January 2006:** A Japanese General Service Board forms in Tokyo. At this time an estimated 3,500 to 4,000 members are meeting in 290 A.A. Groups in Japan.

Upcoming Events

February 1, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

February 25, 2016 – Pacific Northwest Conference Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

February 26-February 28, 2016 – Oregon Area 58 Pre-Conference Assembly. Curry County Fairgrounds (Event Center on the Beach, 29392 Ellensburg Ave, Gold Beach, OR 97444). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Only Step One, where we made the 100 percent admission we were powerless over alcohol, can be practiced with absolute perfection."

–Twelve Steps and Twelve Traditions, p. 68

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.