Into Action!

Westside Central Office

January 2017 – Volume 5 – Number 4

What's Happening at the WCO?

We mentioned in last month's newsletter how lucky we were to avoid office closures due to the severe winter weather. Unfortunately, our luck ran out this month. Our January 2nd business meeting was not affected, but our first and second Saturday office hours were affected. Hopefully we will not experience anymore weather related office closures this winter. When weather is questionable outside, visit our website, www.westsidecentraloffice.com, to confirm that we are open.

Our winter printed meeting schedule is in the works. Please verify your meeting information on our website, www.westsidecentraloffice.com/meetings. You can update or add your group's meeting information at www.westsidecentraloffice.com/meetings/addupdate-meeting-information. We hope to have new winter meeting schedules available in mid-February.

The A.A. Public Service Announcement (PSA) that we approved last month ran the week of New Year's Day. This was a classified ad that appeared in the following newspapers: Beaverton Valley Times, Forest Grove News Times, Hillsboro Tribune, Lake Oswego Review, Tigard-Tualatin Times, West Linn Tidings, and Wilsonville Spokesman. Money left over from last year's Cooperation with the Professional Community (CPC) Committee budget funded the ad.

Hopefully we can run more PSAs this year. If this type of A.A. 12th Step Work interests you, then consider getting involved with a CPC or Public Information (PI) Committee. To learn more about CPC and/or PI Committees, contact us at info@westsidecentraloffice.com or stop by one of our business meetings (see *Upcoming Events* on page 3).

We elected a new Hotline Committee Chair at this month's business meeting. Many thanks go to Tim S for taking on the Hotline Chair position. His first task is to update the hotline volunteer phone tree. After he completes this task, it's likely we will need some volunteers to fill some open time slots. To serve on the hotline, you'll need a domestic cell phone or land line to receive calls. Any length of sobriety is welcome however, we suggest that you have a sponsor, a home group, and have worked all 12 steps at least once. To learn how you can get involved with the hotline, please visit www.westsidecentraloffice.com/service/a-a-hotline/.

The I.T. Committee reported that December 2016 saw the third best monthly traffic to our website in 2016. Last month, 1,163 visitors viewed 3,311 web pages or 107 web pages per day on average. May 2016 had a daily average of 108 web page views and January 2016 had a daily average of 110 web page views. The holidays certainly had something to do with the high traffic. There was a spike in views of our Events web page last month. The Events web page provided information for a number of sober Christmas and New Year's Eve gatherings. If you have an A.A. Related Event in need of some exposure, send us a flyer and/or the details to info@westsidecentraloffice.com. We will happily post it on our web page and include an announcement in this newsletter.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. The theme for the January 2017 issue is "Emotional Sobriety". This issue features stories on how members, after being sober for a while, use the tools of A.A. to have a nicer, more peaceful life.

The Grapevine also announced that they are raising prices of all books and other Grapevine items by $0.50. The new prices take effect in March, so now is great time to make your purchases before the price increases. To order items from the Grapevine, visit www.aagrapevine.org.

This Month in A.A. History

- **January 6, 1944**: The first regular meeting location for A.A. in Oregon is established at the Downtown Portland, Oregon YMCA. Although A.A. in Oregon was first established in March 1943 by Co-founders Doc H and Dan G, a regular meeting location had not yet been established until now. 27 people would attend the first meeting. From this meeting, 13 men expressed a desire to become members. A committee was elected and the first group in Portland, as well as Oregon, was established. This group would continue to meet here for two years before starting the 10th Street Clubroom.
- **January 3, 1949**: The first A.A. meeting in Albany, Oregon is held in the chamber of commerce building. The meeting was sponsored by the Salem (Oregon) Group.
- **January 1957:** First A.A. Group in India forms in New Delhi.
- J**anuary 1958:** As a service to its readers, the January 1958 issue of the Grapevine prints a chart outlining A.A.'s services and the Conference structure. Text in the top box of the chart indicates that there are over
  7,000 groups registered with the "General Service Headquarters". This includes 500 in institutions (i.e., hospitals, prisons, and other institutions), and 760 overseas.
- **January 1959:** After years of failed attempts, a stable A.A. Group in Colombia forms.
- **January 1960:** First A.A. Group in Guatemala forms.
- **January 1962:** The (Portland Oregon) *Central Committee* changes its name to the *Portland Area Intergroup*.
- **January 24, 1971:** At the age of 75, A.A. Co-founder Bill W dies at the Miami Heart Institute in Miami Beach, Florida.
- **January 2006:** A Japanese General Service Board forms in Tokyo. At this time an estimated 3,500 to 4,000 members are meeting in 290 A.A. Groups in Japan.
- **January 2010:** The Intergroup Exploratory Committee holds its last meeting and approves the creation of the Westside Central Office.

Upcoming Events

January 28, 2017 – Oregon Area 58 Orientation. 9:00am – 5:00pm, First Christian Church (1166 Oak ST, Eugene, OR 97401). More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

February 6, 2017 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

February 24-February 26, 2017 – Oregon Area 58 Pre-Conference Assembly. Inn at the Commons (200 N Riverside AVE, Medford, OR 97501). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Only Step One, where we made the 100 percent admission we were powerless over alcohol, can be practiced with absolute perfection."

(Reprinted from Twelve Steps and Twelve Traditions, page 68, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.