Into Action!

Westside Central Office

July 2015

What's Happening at the WCO?

Our Annual 7th Tradition Workshop is now scheduled for Sunday, September 13th from 11am – 1pm at Gabriel Park (corner of SW Vermont St & SW 45th Ave, Portland, OR 97219). This workshop explains what it takes for A.A. as a whole to be "fully self-supporting".

At our July Business meeting, we elected John H to the 12th Step Call Committee Chair position. The 12th Step Call Committee is a group of A.A. volunteers who are available to talk to individuals about recovery from alcoholism as it pertains to working the Twelve Steps of Alcoholics Anonymous. A.A.s who are available for this type of service may sign up through our website at http://westsidecentraloffice.com/service/twelfth-step-calls/.

We approved the purchase of a cork bulletin board for our office. This will allow A.A.s to post flyers of upcoming events, etc. Member Renee K ended up donating a bulletin board that she was not using. The bulletin board is now hanging in our office for all to use. Thanks Renee!

The Board of Directors met this month and approved some editorial changes to our Bylaws. They fixed the *Purpose Statement* to accurately reflect the other levels of A.A. Service. They added some language to the Bylaws that formally ensures that only A.A. members and groups may donate to WCO. In the past, it was implied that we do not accept outside contributions because our Treasurer is required to collect donations in accordance with the 7th Tradition. Now there is no ambiguity about donations in the Bylaws.

The Board approved some monetary limits on donations as suggested by G.S.O.'s Guidelines for Finance; $3000 per year per member and up to $5000 for a one time bequest. There are no monetary limits for A.A. groups. These limits were also added to the Bylaws.

You can review our Bylaws by visiting the following web page: http://westsidecentraloffice.com/about-2/archives/.

The Board discussed an invitation by WACYPAA to man a booth during their upcoming conference, December 17th-20th, at the Lloyd Center Doubletree Hotel in Portland. The Board decided not to pursue any literature sales at WACYPAA since nearby Portland Area Intergroup can conveniently provide the literature. Instead, WCO may have a booth that explains who we are and what we do, etc.

Lastly, the Board changed its meeting schedule to the first Monday of the following months at 6pm: February, May, August, and October.

WCO has the following service position openings: Co-Chair, Outreach Chair, Literature Chair, Newsletter Chair, Public Information Chair, Cooperation with the Professional Community Chair, Corrections Committee Chair, and Treatment Facilities Chair. We can always use more Office Volunteers too. For more information on these positions please visit www.westsidecentraloffice.com and click on the *Help Wanted* link.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **July 6, 1948** – Earl E, founder of the first A.A. meeting in Seaside Oregon has his last drink. Earl will attend meetings in Astoria before starting the meeting in his Seaside home in September of 1950.
- **July 1950** – The Twelve Traditions adopted by the fellowship at the First International Convention (Cleveland, Ohio).
- **July 1950** – At the request of some judges, a city jail committee is established by the Portland Oregon *Central Advisory Committee* (CAC). CAC changed its name to *Portland Intergroup* in 1962.
- **July 1955** – The 20th Anniversary International Convention is held in St. Louis.
- **July 1955** – The second edition of the Big Book is published.
- **July 3, 1955** – The St. Louis Convention culminates with Bill W officially handing leadership of A.A. over to the members.
- **July 1955** – Steve L. Loy, managing editor of La Grande Oregon's newspaper, "Evening Observer", attends a local A.A. meeting. A few days later, the newspaper runs a 600-word editorial on A.A. entitled "It Must Have Something". The editorial provides the residents of La Grande a clear picture of what A.A. is and what A.A. is not.
- **July 1, 2004** – The A.A. Grapevine Digital Archive is launched providing online access to sixty years of Grapevine content.
- **July 2012** – The participating groups of the Westside Central Office approve job descriptions and Guidelines for conducting elections and business.

Upcoming Events

July 19, 2015 – Picnic, Post Conference Report, and AA Grapevine Story Writing Workshop. Sponsored by A.A. District 23. 10am – 2pm. East Waluga Park (15505 Quarry Rd, Lake Oswego, OR 97035)

July 30, 2015 – Pacific Northwest Conference (PNC) 2016 Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

August 3, 2015 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

August 14-16, 2015 – A.A. Distirct 31 Annual Campout. Camp Makuala (Tillamook, OR). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

August 22, 2015 – Safety in A.A. Workshop. Sponsored by A.A. Districts 23 & 37. 1:30pm – 4pm at New Thought Center for Spiritual Living (1040 C AVE, Lake Oswego, OR 97034) . More information is available at http://westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The Seventh Step is where we… move out from ourselves… and toward God."

(Reprinted from Twelve Steps and Twelve Traditions, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.