Into Action!

Westside Central Office

June 2016 – Volume 4 – Number 9

What's Happening at the WCO?

Our office will be closed Saturday, July 2nd in observance of *Independence Day*. However, our telephone hotline will still be open. Give us a call at 503-684-0415 if you need to talk to another alcoholic.

Speaking of office hours, we are happy to report that our second Saturday volunteer shift has been filled. Although all Saturday shifts are now covered, we can still use some volunteers that may be available to fill in when the regular volunteer is unavailable. Two or more years of sobriety is suggested to serve. Email info@westsidecentraloffice.com for more information.

Our Outreach Committee completed the construction of a side walk sign that directs patrons to our office. Our office is located directly behind an antique shop called the Curiosities Vintage Mall. Some of our first time visitors have indicated that they had trouble finding our office because we are not visible from Beaverdam Road. Therefore, we decided to construct a side walk sign that is visible from Beaverdam Road.

A photo of our side walk sign is on page 5 of this newsletter. Special thanks to Outreach Chair, Renee K, for overseeing the sign's construction. Also thanks to Hailey F for painting the sign.

Our Cooperation with the Professional Community (CPC) Committee continues to coordinate with other CPC Committees including Oregon Area 58 and Districts 23 and 27. They recently held a CPC Meeting at a truck stop in Aurora. At this meeting, they decided to shift their focus from law enforcement and courts to the clergy. Each participating District Committee will target clergy in their District. WCO will target clergy on Portland's Westside. Area 58 will target clergy on Portland's Eastside. The plan is to have regular meetings of all CPC Committees on a quarterly basis.

On Saturday, June 4th, the 12th Step Call Committee hosted a 12th Step Call Workshop. The workshop had two great speakers, Rand A and Renee K. Rand provided a wealth of experience on 12th Stepping wet drunks. Renee K offered her experience 12th Stepping through her work with the A.A. hotline. We had nine people total in attendance, which was not bad for a sunny and warm Saturday. The 12th Step Call Committee Chair, John H, hopes to host another workshop again; possibly in the fall.

Marilyn H, the DCM of District 36, paid us a visit at our business meeting on June 6th. She mentioned that the two A.A. meetings at Acadia Northwest Treatment Center are no longer happening. Instead, her District is coordinating a panel meeting at Acadia each Wednesday from 5:30pm – 6:30pm. Marilyn can use more panelists. A.A.s who are available to participate on this panel are encouraged to contact Marilyn by phone at 971-533-6609. You can also email her at dcmdistrict36@gmail.com.

Because the first Monday of the month in July is Independence Day (July 4th), we have rescheduled our July business meeting to Monday, July 18th (7pm – 8pm at the Westside Central Office).

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **Summer, 1934 –** Dr. William D. Silkworth pronounces Bill W a hopeless alcoholic.
- **June 10, 1935** – Dr. Bob has his last drink. Alcoholics Anonymous is founded.
- **June 1941** – *The Serenity Prayer* is published in the New York Herald Tribune. A.A. members in New York and elsewhere all immediately feel the prayer's relevancy to A.A.'s principles. Soon the prayer is printed on cards and passed out to A.A. members everywhere.
- **June 1944** – The *AA Grapevine* begins publishing. 1200 copies of the first edition are sent out to 165 subscribers.
- **June 1947** – *The A.A. Preamble* first appears in the June 1947 edition of the AA Grapevine.
- **Summer 1948** – Dr. Bob learns he has terminal cancer, leading him to shut down his office and retire from his medical practice.
- **June 1949** – After forming in May 1949, the first regular election of officers for the Portland Central Office (renamed the Portland Intergroup in 1962) is held. Jerry Mc was elected chairman and May S was elected secretary.
- **June 17, 1949** – The first A.A. meeting in Klamath Falls, Oregon is held.
- **June 1953** – The book *Twelve Steps and Twelve Traditions* is published.
- **June 1978** – AA Grapevine's circulation reaches 100,000.
- **June 2004** – AA Grapevine achieves 60 years of continuous publication. Grapevine is now 64-page magazine with over 110,000 subscribers worldwide.
- **June 2014** – AA Grapevine celebrates 70 years as AA's meeting in print!

Upcoming Events

July 15-17, 2016 – 39th Annual Summerfest Conference. Hilton Hotel, 66 E 6th AVE, Eugene, OR 97401. More information is available at http://www.aa-summerfest.org.

July 18, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. The July 2016 issue is the annual prison issue. This issue has stories from members who stay sober behind the walls as well as stories from members who do corrections service.

The Grapevine is now accepting articles for the following issues: "Remote Communities – How AAs stay sober in faraway places" (due July 5), "Service during the Holidays" (due July 5), "Emotional Sobriety" (due Aug. 1) and "Making Amends" (due Sept. 1).

To contribute a story to the Grapevine, visit http://www.aagrapevine.org/contribute for Submission Guidelines and upcoming issue themes.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…we then look at Step Six. We have emphasized willingness as being indispensable."

(Reprinted from Alcoholics Anonymous, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Pictured above: Westside Central Office side walk sign directing patrons to the office. The sign is visible from Beaverdam Road, while the office is located behind an antique store. Photo: Mark O

---New Open Meeting of AA----

"Saturday Reflections"

@

St. Anthony Parish Center
12520 SW Grant Ave.
Tigard,OR 97223
Saturday mornings from 7am-8am

All are welcome and wanted!!

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.