Into Action!

Westside Central Office — March 2013

Does your Home Group have a Co Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at www.westsidecentraloffice.com/meetings

Sneak peak at the new Westside meeting guide that is in the works!

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Upcoming Events

March 16, 2013 – St. Patty's Day Dance, 7pm – 11:30pm, at the Leedy Grange #339 (835 NW Saltzman Portland, OR 97229). Sponsored by A.A. District 10. Tickets are $6 for 1 person or $10 for 2 people. Email dcm-alt1@oregondistrict10.org for more information or download the flyer at www.westsidecentraloffice.com/events/aa-announcements.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Need A.A. Literature? The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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What's Happening at the WCO?

The Westside Central Office (WCO) held a business meeting on Monday, March 4, 2013, 7pm, at the Beaverton First United Methodist Church (12555 4th Street, Beaverton, OR 97005).

The Public Information (PI) Committee Chair, Derek T, reported that PI has scheduled five presentations to students at Aloha and Southridge High Schools this month. Some members of the PI committee are working on getting a Public Service Announcement (PSA) on OPB TV. Other committee members are contacting area Emergency Rooms to see if we can provide them with some A.A. literature. Individuals interested in helping out with PI Activities are encouraged to contact Derek at pi@westsidecentraloffice.com.

Cooperation with the Professional Community (CPC) Committee Chair, Nick F, reported that he has put together a custom electronic map of the Portland Westside using *Google Maps*. He is using the map to locate and display approximately 50 primary care providers on the Portland Westside. The next step is to contact these providers to see if they would like information or a presentation on A.A. When CPC decides to target a different professional group, they can reuse the map that Nick created. For more information on CPC, or to get involved, contact Nick at cpc@westsidecentraloffice.com.

Both PI and CPC host a combined committee meeting along with PI and CPC Committees from A.A. Districts 23, 36, 37, and Area 58. The meeting is held on the first Thursday of the month, 6:30pm – 7:30pm, at the Barnabas House (2025 SW Vermont ST, Portland, OR 97219). Everyone's welcome to attend!

Ken D, the Treatment Facilities (TF) Committee Chair, reported that A.A. District 23 has donated some Treatment Facilities literature to WCO. Thank you District 23! Ken also reported that he is participating with the Regional Treatment Forum. The Regional Treatment Forum is a monthly meeting of Portland Area Treatment Facility Committees held on the second Saturday of the month, 1pm, at the Good Shepherd Lutheran Church (3405 SW Alice ST, Portland, OR 97219). The meeting is facilitated by Area 58 Cooperation with the Treatment Facilities North Chair, Kristin H. Everyone who is doing (or would like to do) Treatment Facility work is encouraged to attend. For more information on Treatment Facilities, or to get involved, contact Ken at tf@westsidecentraloffice.com.

The Outreach Committee Chair, Mark L, reported that 68 groups have agreed to list their meeting(s) in the new WCO meeting directory. He also presented a draft of a WCO meeting schedule at the Outreach Committee meeting, held immediately after the WCO Business Meeting (8pm-9pm). Outreach hopes to finish up the first meeting schedule in 1-2 months. Groups interested in getting their meeting listed in our schedule can visit www.westsidecentraloffice.com/meetings and complete the online add/update form.

The Newsletter Chair, Hailey F, reminded everyone that she is looking for jokes, stories, and A.A, related announcements for the newsletter. Deadline for the current month's issue is the 15th of the month. Submissions can be emailed to newsletter@westsidecentraloffice.com.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting? Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

JOKE

"After the husbands 5th trip to the host's bar for refills, the wife said " Aren't you embarrassed to go back so many times?" Husband: "Nope. I keep telling them it's for you"."

Do you have a funny comic or joke? Share it with us! newsletter@westsidecentraloffice.com

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline website at westsidecentraloffice.com/service/a-a-hotline/ or email info@westsidecentraloffice.com.

Public Information – Volunteers are needed to help informs the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Literature – The Westside Central Office sells literature to A.A. groups and members at cost thanks to our committee of literature volunteers. If you're available to help purchase/deliver A.A. conference approved literature, then please email lit@westsidecentraloffice.com.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers, detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.