Into Action!

Westside Central Office

March 2016 - Volume 4 - Number 6

What's Happening at the WCO?

Just as last month marked our 6th Year Anniversary, this month marks another anniversary for Westside Central Office. It was exactly two years ago that Westside Central Office leased a physical office space for the first time. The office has been instrumental in our growth over the last couple of years. It has provided a meeting space for business meetings, events, and a place to sell literature. We could not have done it without the generous support of our groups and members. Thank you everyone for your continued support!

The Beaverton Municipal Court's SOBER program invited the WCO Cooperation with the Professional Community (CPC) Committee to give a couple presentations on A.A. this past month. The SOBER program is a court mandated program for individuals with two or more DUIIs and/or a high Breathalyzer test.

Organizers of the SOBER program expressed interest in hosting regular A.A. meetings. CPC forwarded their request to an H&I Committee that might be able to help. Organizers also referred CPC to a similar program at the Clackamas County Courthouse in Oregon City. However, since Oregon City is outside our service area, CPC will pass this 12th Step Opportunity onto a CPC Committee that serves Oregon City.

WCO's CPC Committee also scheduled a meeting with A.A. District 23's CPC Committee to find out how we both can cooperate and coordinate efforts. One idea is to restart the "take a medical student to an A.A. meeting" program. This activity was coordinated by CPC Committees from Districts 23 and 36 where A.A.s would take an OHSU medical student to an A.A. meeting. However, due to periods of inactivity by District CPC Committees, this program may no longer be happening. Perhaps this activity can be revived by the CPC Committees from District 23 and WCO. WCO's CPC Committee would like to expand this type of cooperation to other CPC Committees as well. Interested committees and/or individuals are encouraged to email Nick F, the WCO CPC Chair, at cpc@westsidcentraloffice.com.

The 12th Step Call Committee is planning a 12th Step Call Workshop. So far, they have two volunteers for a panel discussion. The workshop may happen as early as mid-May.

WCO is still looking for an individual to volunteer at WCO on the second Saturday of the month from 12noon-4pm. Responsibilities include opening/closing the office, selling literature, and answering questions on A.A. to anyone who calls or visits the office. Two or more years of sobriety is suggested to volunteer for this position.

WCO has the following service openings: Chair, Co-Chair, Public Information (PI) Committee Chair, Corrections Chair, Treatment Facilities Chair, Literature Chair, Activities Chair, and Newsletter Committee Chair. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **March 1940:** Works Publishing moves from Newark to a small office at 30 Vesey Street in lower Manhattan. Though something of a financial gamble, the move means that for the first time the Fellowship has a headquarters of its own.
- **March 1941:** Saturday Evening Post article on A.A. causes great national expansion and recognition of the fellowship. Membership in 1941 jumps from 2,000 to 8,000 at year's end.
- **March 18, 1944**: The first reported women's prison group meets at Clinton Farms in Clinton, NJ.
- **March 30, 1945:** Three A.A.s from Portland, Oregon visit a Salem minister, Dudley Strain, for the first time. After receiving A.A. literature from the Portland members, Dudley helps bring meetings into local prisons.
- **March 10, 1948:** Freck G, the father of Group Number 1 in Albany, Oregon, is admitted to the Oregon State Hospital for alcoholism. After getting sober at the hospital, Freck and his wife would attend meetings in Salem for the next 10 months before starting the first meeting in Albany on January 3, 1949.
- **March 1950:** Portland, Oregon radio station, KWJJ, runs a series of 15-minute broadcasts on A.A.
- **March 6, 1960:** Oregon Area secretary, Ed D, suggests that the secretary send out periodical updates to all Oregon groups. This practice would lead to the publication of the Oregon Area A.A. newsletter beginning in April, 1960.
- **March 1966:** First A.A. group in Ecuador founded.
- **March 18, 1974:** First known meeting in Uruguay is held in Montevideo.
- **March 1978:** The A.A. Grapevine's circulation reaches 100,000.
- **March 1992:** G.S.O. moves their offices to 475 Riverside Drive in Uptown Manhattan. G.S.O. occupies the entire 11th floor and Grapevine occupies the 12th floor. Interestingly, this building was built by the Rockefeller Family who played an important role in A.A.'s early history.
- **March 3, 2012:** At the March 2012 Westside Central Office (WCO) business meeting, group representatives and trusted servants approve the creation of WCO service committees such as Public Information, Cooperation with the Professional Community, Corrections, Treatment Facilities, etc.
- **March 4, 2014:** Westside Central Office leases its first physical office space.

Upcoming Events

March 31, 2016 – Pacific Northwest Conference Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

April 2, 2016 – Sponsor/Sponsee Workshop hosted by A.A. District 10. 2pm-4pm at Pilgrim Lutheran Church (5650 SW Hall Blvd, Beaverton, OR 97005). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

April 4, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "Relapse" and includes powerful stories by members about their experience with relapse. To subscribe, visit www.aagrapevine.org.

The Grapevine is now accepting stories for the annual "Young and Sober" issue (due April 5th), "Stories by Atheist and Agnostic members" issue (due May 5th), and the "Remote Communities" issue (due July 5th). Visit www.aagrapevine.org/contribute to submit your story.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Step Three "… was only a beginning, though if honestly and humbly made, an effect, sometimes a very great one, was felt at once."

(Reprinted from Alcoholics Anonymous, page 63, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.