Into Action!

Westside Central Office

May 2014

What's Happening at the WCO?

The Westside Central Office hosted a business meeting on Monday, May 5, 2014 from 7pm-8pm at 12705 SW Beaverdam RD Suite D, Beaverton, OR 97005. Below are the highlights from this meeting:

The Literature Committee Committee Chair, Joe S, spent the month fulfilling 75th Anniversary Big Book orders. He reports that we still have some copies in stock. They are $12 each. Email Joe at lit@westsidecentraloffice.com if you would like to purchase a copy.

Public Information Committee Chair, Derek T, reported PI is planning a Public Information and Cooperation with the Professional Community (CPC) workshop to be held in October. More information will be available soon.

The Corrections Committee Chair, Josh S, reported that the first meeting at the South Fork Forest Camp in Tillamook went great! He reported 18 inmates attended. Josh also reported that he will soon get clearance to escort others into the facility without requiring them to go through a lengthy pre-clearance process. The Corrections Committee is currently taking in a meeting twice a month and is looking for others interested in taking a meeting into South Fork the other weeks. Individuals interested in helping can get involved by emailing corrections@westsidecentraloffice.com.

In Old Business, Joe S was elected to the Activities Chair position and Curtis C was elected to the Treatment Facilities Committee Chair. We also approved the Corrections Committee budget which covered travel costs to the South Fork Forest Camp.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost!
Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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WCO Now Has An Office!

The Westside Central Office has secured a physical office location as of March 4th, 2014. The office is located at 12705 SW Beaverdam RD Suite D, Beaverton, OR 97005 (behind the Curiosities Vintage Mall). We will hold our next business meeting at the new office on **Monday, June 2, 2014 from 7pm-8pm.** Everyone's welcome to attend. A map to our office is available at http://westsidecentraloffice.com/map/.

Stay tuned for more details on office hours. Anyone interested in volunteering at the office is encouraged to email us at info@westsidecentraloffice.com.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).
- **May 7, 2009** – 35 men and women of A.A. gather outside Oregon State Penitentiary (OSP), Oregon's only maximum security prison, to celebrate the 65th anniversary of the Mill Creek Group of A.A. The first meeting of the Mill Creek Group at OSP was held May 30, 1944.

Upcoming Events

June 2, 2014 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

June 5, 2014 – Public Information Committee Meeting, 6:30pm-7:30pm. Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

June 19, 2014 – Corrections Committee Meeting, 6:30pm-8:00pm. Westside Central Office (12705 SW Beaverdam RD Suite D, Beaverton, OR 97005).

June 21, 2014 – A.A. District 31 Picnic. 12noon – 4pm at Harleman Park (Small Shelter), 795 South Heather Street, Cornelius, OR. More information is available at http://westsidecentraloffice.com/events/aa-announcements/ .

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

The Twelve Steps – Before

- I admitted that there were problems in my life that, in time, I would get under control and manage everyone and everything perfectly.
- I came to believe that my power would eventually restore others to sanity.
- I made a decision to dedicate my will and my life to the control of others.
- I made a searching and fearless mortal inventory of everyone.
- I admitted to *God*, to myself, and to anyone who would listen, the exact nature of the wrongs of those around me.
- I was entirely ready to help *God* remove all their defects of character.
- I repeatedly asked *Him* to remove their short-comings.
- I made a list of all people who had harmed me and was anxious to get even with them all.
- I got even with such people whenever possible, except when to do so would make me look bad.
- I continued to take everyone's personal inventory and when they were wrong, I promptly reminded them. (Or, on rare occasions when I was wrong, I promptly justified it.)
- I sought through prayer and nagging, to improve *God's* knowledge of my will for others, and urged *Him* to hurry and carry that out.
- Having had no luck as the result of these Steps, I finally sought help and tried to learn from the real 12-Steps that were so perfectly written, and *practice those principles in all my affairs.*

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Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.