Into Action!

Westside Central Office

May 2016 – Volume 4 – Number 8

What's Happening at the WCO?

We are in the process of updating our meeting information for the Summer printing of our meeting schedule. Now is a great time to make sure your meeting information is up to date with us. You can check your meeting information by visiting www.westsidecentraloffice.com/meetings. You can also visit http://westsidecentraloffice.com/meetings/addupdate-meeting-information/ to report any changes.

Our office is staffed each Saturday from 12noon to 4pm with a volunteer to provide A.A. groups, members, and the general public literature and information on A.A. So, come check us out if you have not done so already. We also can use more office volunteers to fill in Saturdays when the regular volunteer is unavailable. Two or more years of sobriety is suggested. Drop us an email at info@westsidecentraloffice.com for more information.

WCO's 12th Step Call Committee is hosting a 12th Step Call workshop on June 4th, 11am-12noon at the Westside Central Office. Topics include working with wet drunks, newcomers, and their families. Lunch and beverages will be provided. More information is available on page 5 of this newsletter. If you cannot make the workshop but would like more information on 12th Step Calls, visit http://westsidecentraloffice.com/service/twelfth-step-calls/.

Our Cooperation with the Professional Community (CPC) Committee has been working with the Area 58 CPC Committee this past month. They have been tasked with contacting all of the other CPC Committees in the Portland metropolitan area. This includes District and Intergroup level CPC Committees. The goal is to schedule a monthly gathering that all committees can meet and exchange ideas.

CPC also reported that the Beaverton Municipal Court System is interested in receiving presentations on A.A. every 6 months. CPC will coordinate this effort. CPC also has officially handed off the A.A. presentation request by the Clackamas County Court to the Portland Area Intergroup since this request is outside our service area. Individuals interested in getting involved with CPC can contact Nick F, the committee's chair, at cpc@westsidecentraloffice.com.

At our monthly business meeting, held May 2nd, we approved an increase to the Outreach Committee budget. The additional budget will help cover costs of flyers and a sidewalk sign that they are working on for our office. The sidewalk sign should make it easier for first time visitors to find our office.

WCO has the following service openings: Chair, Co-Chair, Public Information (PI) Committee Chair, Corrections Chair, Treatment Facilities Chair, Literature Chair, Activities Chair, and Newsletter Committee Chair. We also have one Board member position open. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Upcoming Events

May 21, 2016 – Pancake breakfast and speaker meeting; a fundraiser for the new Columbia River Round Up. 9am. Trinity United Methodist Church. 3915 SW Steele ST, Portland OR. More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

May 20-22, 2016 – Oregon Area 58 Quarterly Assembly. Linn County Fairgrounds and Expo Center 3700 Knox Butte Rd E Albany, OR. More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

May 26, 2016 – Pacific Northwest Conference Host Committee Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

June 4, 2016 – 12th Step Call Workshop, 11am-12noon, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005). See page 5 of this newsletter or visit http://westsidecentraloffice.com/events/aa-announcements/ for more information.

June 4, 2016 – 25th Annual Frog Pond Golf Tournament. Sandelie West Golf Course, 3030 SW Advance RD, Wilsonville, OR. Family picnic is at 12noon. Golf begins at 4pm. More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

June 6, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

12 Step Call Workshop

June 4, 2016
11AM-12PM

Location: Westside Central Office (Address below)

Speakers:

Rand A.

TBA

Come join us for a panel at the WCO. Speakers will share their experience, strength, and hope on working with other alcoholics and answering 12 step calls.

Drinks and lunch will be provided.

Questions?
Please call John H. @ 971-219-0057

Westside Central Office
12705 SW Beaverdam Rd.
Beaverton, OR 97005