Into Action!

Westside Central Office

May 2017 – Volume 5 – Number 8

What's Happening at the WCO?

We hope everyone has a wonderful Memorial Day weekend! It looks like summer has arrived early in the Portland metro area. When it's sunny and warm, it's understandable that Saturday foot traffic at our office can slow down. As a reminder, we are open each Saturday 12noon to 4pm. We offer free meeting schedules, information on A.A., and we sell A.A. literature at AAWS prices. That is, we do not mark up our literature.

Our office may be a little hard to find for the first time visitor. We are located behind the Curiosities Vintage Mall antique shop in Beaverton. Our exact address is 12705 SW Beaverdam RD Suite E Beaverton, OR 97005.

Thank you to all groups and members for your continued support of WCO. Please remember to mail your Seventh Tradition contributions to our mailing address (i.e., our P.O. Box) instead of our office address. This prevents any unnecessary delay in processing your contribution. Our mailing address is Westside Central Office, P.O. Box 19911 Portland, OR 97280-0911.

We are looking forward to a presentation by Area 58 Public Information (PI) Chair, Joe S, at our June 5th business meeting. He will give us an overview of PI service work as well as what the Area 58 PI Committee is up to. The committee has been busy putting on presentations to high school students and to medical students at OHSU. The Area 58 PI Committee also hosts monthly committee meetings where District and Intergroup PI Committees communicate and cooperate. Anyone interested in getting involved with PI is encouraged to attend our June 5th business meeting at 7pm to learn more.

Our website in April continued to record a high volume of traffic. We did not break the record set in March for visitors, but we did match the average daily web page views of 130. That is, we had 1,515 visitors who viewed 3,892 web pages in April. We are on pace to break the record this month.

We are still looking for an office volunteer to serve on the 5th Saturday of the month. Two or more years of sobriety is suggested. Email info@westsidecentraloffice.com for more information or to apply.

WCO also has the following service openings: Co-Chair, Public Information (PI) Committee Chair, Corrections Chair, Treatment Facilities Chair, Cooperation with the Professional Community Chair, Literature Chair, Activities Chair, and Newsletter Committee Chair. Please visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link for more information.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Upcoming Events

June 5, 2017 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

June 23-25, 2017 – Pacific Northwest Conference. Oak Harbor Elk's Lodge (155 NE Erns St, Oak Harbor, WA 98277). More information is available at www.pnc1948.org.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's issue features articles on "Dating in Sobriety". A.A. Members discuss their experience in learning how to date in sobriety. Visit www.aagrapevine.org to subscribe to the Grapevine.

Each year, Grapevine holds a member photo contest. Winning photographs are featured in Grapevine wall calendars. To enter, send your photograph to www.aagrapevine.org/photocontests. Entries must be received by December 1, 2017.

Grapevine is seeking articles for its upcoming December issues, "Service for the Holidays". They are also seeking articles for an upcoming issue on Sponsorship. That is, experience on sponsoring and/or being sponsored. Articles are due July 5, 2017. Visit www.aagrapevine.org/contribute to submit an article.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.