Into Action!

Westside Central Office

November 2014

What's Happening at the WCO?

The Westside Central Office hosted a business meeting on Monday, November 3, 2014 from 7pm-8pm at its office located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. Below are the highlights from this meeting:

The Board President, Mark L, reported that our grand opening on November 1st was a success. Special thanks to Whitney T for volunteering at the office during this time. Westside Central Office is now open for business each Saturday from 12noon to 4pm. Everyone is welcome to stop by during this time to purchase literature and to pick up information on Alcoholics Anonymous. We still are looking for an office volunteer to serve each 4th Saturday of the month. The term is one year with two or more years of sobriety suggested. Contact us at info@westsidecentraloffice.com or by phone at 503-684-0415 (menu option 0) if you are interested. Mark also reported that the Board has formally adopted an *All Sales are Final* policy for items sold at our office. This new policy allows us to continue to offer literature at cost by keeping our overhead low.

The Activities Chair, Joe S, said that he is planning a recovery activity in January. The activity is still to be determined. One possible idea is to hold an 11th Step Workshop. If you have any suggestions for an activity or would like to help out, contact Joe at activities@westsidecentraloffice.com.

The Finance Chair, Mark L, passed out copies of the proposed budget for 2015. We will discuss and vote on the budget at next month's business meeting.

Although the Public Information (PI) Committee Chair is vacant, we still receive requests for A.A. presentations. Beaverton School District's *Insight Class* (a required class for students who violate the school district's drug and alcohol policy) has requested a presentation on November 4th and Southridge High School has requested presentations on December 3rd and 4th. Young people in recovery are needed for these presentations. If you are interested in helping, then please contact our WCO Chair, Derek T, at chair@westsidecentraloffice.com.

In order to continue to carry A.A.'s message of hope into our schools, a PI Chair is needed to help organize these presentations. If you have at least 2 years of sobriety and a few hours a week to serve, then please consider making yourself available for the PI Chair. To learn more about the PI Chair position, contact Derek T at the above email address.

Other open positions include Co-Chair, one Board member position, A.A. Hotline Chair, Cooperation with the Professional Community (CPC) Committee Chair, Corrections Chair, Treatment Facilities Chair, and Newsletter Committee Chair. To learn more about these open positions, visit our web site (www.westsidecentraloffice.com) and click on the *Help Wanted* link.

In New Business, the body approved a motion to raise our Literature Purchases budget by $225.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 12705 SW Beaverdam RD Suite E Beaverton, OR 97005. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's issue features stories on how A.A. members stay sober and do service during the holiday season. Visit www.aagrapevine.org to subscribe to the Grapevine.

The Grapevine is offering free shipping on all items between November 1st and December 31st. To help everyone stay connected with the fellowship during this holiday season, Grapevine has posted a collection of free stories on their website. Visit www.aagrapevine.org/holiday to access these stories.

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note 40 sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance. A.A. first appeared in South Africa in 1946.

Upcoming Events

December 1, 2014 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

December 31, 2014 – Frog Pond CARE Group Annual New Year's Eve Party, 6:00pm-Midnight, Meridian United Church-Christ (6750 Boeckman Rd, Wilsonville, OR 97070). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.