Into Action!

Westside Central Office

November 2016 - Volume 5 - Number 2

What's Happening at the WCO?

Happy Thanksgiving from WCO! We hope you all have a safe, sober, and wonderful time with family and friends. For those A.A.s looking to share their holiday with other people in recovery, check out the potluck at the West Side Service Center and/or the dinner at the Portland Alano Club. The *Upcoming Events* section on page 3 has more information on these celebrations. In observance of Thanksgiving, our office will be closed Saturday, November 26th.

This month marks two years since we opened our doors to the public on Saturdays from 12noon-4pm. November certainly was the perfect month to begin our open office hours with it being Gratitude Month. We are truly grateful to the men and women who volunteer their time and energy each Saturday at our office. Their effort provides a place for the newcomer on the Westside to obtain information on A.A. as well as a convenient location for our groups to purchase A.A. Conference Approved Literature. Thank you to all current and past office volunteers for your service! In A.A., Gratitude is not a feeling, it's an action. With that in mind, every month is "Gratitude Month" for our volunteer "weekend warriors" – especially on a warm and sunny Saturday afternoon!

We can use a few more "weekend warriors". If you have at least 2 years of sobriety and a passion for A.A. service above and beyond the home group, then office volunteer may be for you! Email info@westsidecentraloffice.com to learn more or to apply.

Our most recent business meeting was held on November 7th. Mark L, the Chair of the Finance Committee, passed out the 2017 proposed budget. The proposed budget is similar to the 2016 budget except for a couple new items. The 2017 budget includes a $400 application fee for federal tax exempt (501(C)(3)) status and a $200 office improvement line item. We have received requests for federal tax exempt status and now the WCO Board believes that we have the money to do it. The office improvement line item may be used to add shelves along our office walls. This would give us some more storage space. Of course we are open to suggestions on how we can improve our office. You can let us know by attending one of our business meetings held at 7pm on the first Monday of the month at our office. You can also send your suggestion by email to info@westsidecentraloffice.com.

We will discuss and possibly vote on the 2017 budget at the December 5th business meeting. You can view the proposed budget by visiting the following link: www.westsidecentraloffice.com/about-2/archives/#nov2016.

WCO has many opportunities for service. There is something available for anyone who would like to get involved. To learn more, visit www.westsidecentraloffice.com and click on the *Help Wanted* link.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note forty sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance.
- **November 2012** – The first Spanish A.A. Public Service Announcement (PSA) produced by AAWS begins airing on Spanish TV. The PSA is titled "Tengo Esperanza" ("I Have Hope").
- **November 1, 2014** - The Westside Central Office begins offering open office hours on Saturdays from 12noon – 4pm. A.A. members and the general public can visit during open office hours to obtain information on A.A. and to purchase A.A. conference literature at cost.

Upcoming Events

November 24, 2016 – Thanksgiving Potluck at Westside Service Center (12945 SW Beaverdam RD, Beaverton, OR 97005). Potluck begins at 1:30pm. More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

November 24, 2016 – Thanksgiving Dinner at the Portland Alano Club (909 NW 24th Ave, Portland, OR 97210). 1:00pm-4:00pm. More information is available at www.portlandalano.org/.

December 5, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

December 9-11, 2016 – 3rd Annual Camp Howard Men's Retreat (11010 SE Camp Howard RD, Corbett, OR 97019). Retreat Master is Cliff G from Oklahoma. Contact Dan L (503-539-0309) or D.J. (503-936-7156) for more information. A registration flyer is available at http://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Grapevine News

Now through December 31st, Grapevine is offering free shipping on all items. These items include: 22 books, 20 ebooks, The Language of the Heart audio book, wall calendars, pocket planners, gift subscriptions, and subscription gift certificates. Visit their online store at www.aagrapevine.org for more information.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The other Steps can keep most of us sober and somehow functioning. But Step Eleven can keep us growing."

(Reprinted from The Language of the Heart, page 240, with permission of AA Grapevine, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Become an A.A. Service Office Volunteer!

Westside Central Office is seeking A.A.s to volunteer at our facility one Saturday a month from 12noon to 4pm.

Duties include:

- Opening/Closing the Office
- Selling A.A. Literature
- Answering the Office Telephone
- Provide information on A.A. for anyone who stops by the office

2 or more years of sobriety is suggested.
For more information or to apply, email info@westsidecentraloffice.com or call us at 503-684-0415 (menu option 0).

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.