Into Action!

Westside Central Office

November 2013

What's Happening at the WCO?

The most recent WCO business meeting was held Monday, November 4th, 7pm, at the Beaverton First United Methodist Church (12555 4th ST, Beaverton, OR 97005). Here are some of the highlights from the meeting:

Public Information (PI) Committee Chair, Derek T, reported that his committee has grown by two committee members. The new members are helping Derek with the school presentations. Derek also reported that their next presentation will be at the Beaverton *Insight Class* on November 5th. Students that violate Beaverton Schools' drug and alcohol policy are required to attend the Insight Class.

Last month, we reported that the radio Public Service Announcement (PSA) co-sponsored by WCO, and A.A. Districts 23, 36, and 37 began airing between 12am and 6am Monday through Thursday on KEX 1190 AM. I.T. Chair, Mark L, reported an increase in after-hours activity with our website (www.westsidecentraloffice.com) and hotline this past month. This suggests that our PSA is being reached by interested listeners. The PSA will continue to air through December 2nd.

Individuals who are interested in helping out with our PI activities are encouraged to email Derek at pi@westsidecentraloffice.com or visit the monthly PI Committee meeting (1st. Thursday of the month, 6:30pm, at the St. Barnabas Church, 2201 SW Vermont ST, Portland, OR 97219).

12th Step Call Chair, Ben P, gave a brief experience report on a 12th Step Call handled by the committee this past month. Ben also reported that he signed up a couple more 12th Step volunteers. The volunteers signed up through the *Twelfth Step Calls* section of our website. A.A.s that would like to become 12th Step volunteers can sign up through the web site at http://westsidecentraloffice.com/service/twelfth-step-calls/ or contact Ben directly at 12stepchair@westsidecentraloffice.com.

The Finance Chair, Mark L, presented the 2014 proposed budget for Westside Central Office. The budget is now under review by the groups. We will attempt to ratify the budget at next month's business meeting.

Josh S was elected to the Corrections Chair position. If you are interested in carrying the A.A. message to those behind bars, then contact Josh at corrections@westsidecentraloffice.com.

In Old Business, the tabled motion to increase the Literature budget by $500 passed.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

Need A.A. Literature? The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and

Are you looking for a meeting?
Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

News From The Grapevine

The Grapevine is A.A.'s meeting in print. This month's issue features a special section of stories by A.A.s on how they stay close to A.A. and reach out to others during the holiday season. Visit www.aagrapevoine.org to subscribe to the Grapevine.

The Grapevine is offering free shipping on items from their online store, www.aagrapevine.org/store, now through December 31st. Items include over 20 books, 17 ebooks, wall calendars, pocket planners, and gift certificates. Grapevine is also offering a "buy one and receive 55% off a second" gift subscription.

The Grapevine is planning an issue that focuses on A.A.s with special needs. They are looking for stories by members who are wheel-chair bound, blind, deaf, ill or with any kind of special need. They are also interested in stories by members of A.A. who provide service to those with special needs. Stories are due by December 1, 2013. Visit Grapevine's website at www.aagrapevine.org/contribute to send in your story, or you can email it to gveditorial@aagrapevine.org.

Other upcoming Grapevine topics include "We Celebrate the Big Book" April 2014 issue (stories due by November 15, 2013); "Happy Birthday Grapevine!" (stories due by January 5, 2014); "Prison Issue" (stories due February 5, 2014); and "Special Hispanic Issue" (stories due by March 10). Submission Guidelines are available at www.aagrapevine.org/contribute.

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved with the Corrections Committee.

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note 40 sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a Fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance. A.A. first appeared in South Africa in 1946.

Upcoming Events

November 15-17, 2013 – Oregon Area 58 Quarterly Assembly (Josephine County Fairgrounds, 1451 Fairgrounds RD, Grants Pass, OR 97527). More information is available at http://www.aa-oregon.org/assemblies.htm.

December 2, 2013 – Westside Central Office Business Meeting, 7pm-8pm, Beaverton First United Methodist Church (12555 SW 4th ST, Beaverton, OR 97005). Email info@westsidecentraloffice.com for more information.

December 5, 2013 – Westside Public Information Committee Meeting, 6:30pm, St. Barnabas Church (2201 SW Vermont ST, Portland, OR 97219). Email pi@westsidecentraloffice.com for more information.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Do you have a funny comic or joke? Share it with us!
newsletter@westsidecentraloffice.com

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.