Into Action!

Westside Central Office

October 2014

What's Happening at the WCO?

The Westside Central Office hosted a business meeting on Monday, October 6, 2014 from 7pm-8pm at its office located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. Below are the highlights from the meeting:

Board member, Mark L, and Outreach Chair, Nancy W, attended the District 10 and 31 Post Conference Report and Pancake Breakfast on October 4th. Nancy brought an information board on Westside Central Office to the event. The information board explains who we are and what we do. Besides manning the booth, Nancy also passed out meeting schedules, literature price sheets, and brochures on WCO. Mark gave a brief presentation on WCO. Approximately 40 people attended the event. Delicious food and lively fellowship was had by all. Nancy will store the information board at our office so it can be used for future events.

Mark L announced that we will begin offering open office hours on Saturdays from Noon to 4pm starting on November 1st. Everyone is welcome to stop by the office to purchase literature and/or pick up information on A.A. during this time.

Several service positions remain open. WCO can really use help with High School A.A. presentations. Please consider standing for the Public Information (PI) Committee Chair position if this is something that interests you. It's a very rewarding position and we have individuals that can help you get started with the position. We suggest two or more years of sobriety for the PI Chair. The position serves through September 30, 2016.

Hailey F rotated out of her newsletter chair position as of October 1st. Many thanks go to Hailey for doing an incredible job on our newsletter the last 18 months. We are now seeking our next newsletter chair. The position serves through September 30, 2015 and we suggest two or more years of continuous sobriety. Drop us an email at info@westsidecentraloffice.com or stop by our next business meeting for more information.

For a list of all of our service openings, please visit our website, www.westsidecentraloffice.com and click on the *Help Wanted* link.

Our 12th Step Call Committee is seeking individuals that are available to talk to newcomers about A.A. and recovery from alcoholism. In particular, we can really use female volunteers in the Wilsonville and Beaverton/Hillsboro areas. For more information and to sign up, visit our 12th Step Call Committee web page at http://westsidecentraloffice.com/service/twelfth-step-calls/ or contact the committee's chair, Daphne S, at 12stepchair@westsidecentraloffice.com.

In Old Business, we elected Andrew W to the Recording Secretary position, Joe S to the Board of Directors, Mike G to the Board of Directors, and Joe S to the Activities Chair position. We also passed the tabled motion to approve job descriptions for Office Volunteer and Office Volunteer Chair.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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WCO Now Has An Office!

The Westside Central Office has secured a physical office location as of March 4th, 2014. The office is located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005 (behind the Curiosities Vintage Mall). We will hold our next business meeting at the new office on **Monday, November 3, 2014 from 7pm-8pm.** Everyone's welcome to attend. A map to our office is available at http://westsidecentraloffice.com/map/.

Beginning in November, we will be open every Saturday from Noon to 4pm. Stop by to purchase literature or to pick up information on A.A.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario.
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1953** – The Big Book is introduced in Belgium. Within months after its introduction, A.A. Groups begin forming in Brussels, Flanders, and Wallonia.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** –800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.

Upcoming Events

November 1, 2014 – Open office hours begin at the Westside Central Office. We will be open each Saturday of the month from 12noon to 4pm. Everyone's welcome to stop by during this time to purchase literature and pick up information on A.A. We are located at 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005 (behind the Curiosities Vintage Mall).

November 3, 2014 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

November 14-16, 2014 – Oregon Area 58 Quarterly Assembly (Umpqua Community College, 1140 Umpqua College Rd Roseburg, Oregon 97470). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get .

A.A.W.S. Announces Literature Price Increases

Literature prices help cover the costs of the General Service Office (GSO) in New York. As GSO strives to become more self-supporting, it has become necessary for A.A.W.S. to raise literature prices to maintain the level and quality of those services and the financial health and stability of GSO. Below is the adjusted literature pricing schedule:

A.A.W.S. Literature Price Increase as of October 1, 2014

Item Number	Title	Current Price	New Price
B-1	Alcoholics Anonymous (4th edition)	$ 8.00	$ 9.50
B-30	Alcoholics Anonymous - Portable	$ 7.60	$ 9.10
B-16	Alcoholics Anonymous - Large Print	$ 8.30	$ 10.30
B-24	Alcoholics Anonymous - Large Print Abridged	$ 6.00	$ 6.00
B-35	Alcoholics Anonymous -Pocket Size	$ 4.00	$ 5.00
B-20	Experience, Strength & Hope	$ 5.00	$ 5.50
B-2	Twelve and Twelve	$ 7.40	$ 8.90
B-4	Twelve & Twelve - Gift Edition	$ 7.25	$ 8.25
B-15	Twelve & Twelve - Soft-cover	$ 7.00	$ 8.25
B14	Twelve & Twelve - Large Print	$ 7.75	$ 8.25
B-17	Twelve & Twelve - Pocket-sized	$ 5.50	$ 6.50
B-3	A.A. Comes of Age	$ 8.50	$ 9.50
B-5	As Bill Sees It	$ 8.00	$ 9.00
B-18	As Bill Sees It - Soft-cover	$ 7.60	$ 8.60
B-27	As Bill Sees It - Large Print	$ 8.50	$ 9.50
B-8	Dr. Bob and the Good Oldtimers	$ 9.50	$ 10.50
B-9	"Pass it On"	$ 10.00	$ 11.00
B-10	Boxed set Dr. Bob and "Pass It On"	$ 19.50	$ 21.50
B-11	Boxed set Big Book/ESH	$ 13.00	$ 15.00
B-12	Daily Reflections	$ 8.25	$ 10.25
B-19	Daily Reflections - Large Print	$ 8.75	$ 10.75
B-13	A.A. In Prison	$ 2.25	$ 2.50
B-6	Came to Believe	$ 4.25	$ 5.00
B-26	Came to Believe - Large Print	$ 4.75	$ 5.25
B-7	Living Sober	$ 4.25	$ 5.00
B-25	Living Sober - Large Print	$ 4.75	$ 5.25

A.A.W.S. is pleased to announce that shipping and handling charges on some orders will decrease. Below are the new shipping and handling charges:

A.A.W.S. Shipping and Handling Charges as of October 1, 2014

Order Amount	Current Rate	New Rate
Up to $50	$10	$10*
$51 - $250	19%	15%
$251 - $500	16%	12%
Over $500	No Charge	No Charge*

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.