Into Action!

Westside Central Office

October 2016 - Volume 5 - Number 1

What's Happening at the WCO?

This October marks the 4th Anniversary of our newsletter, *Into Action!* We are in search of a Newsletter Chair. The primary duties are to organize and publish this newsletter. If you are looking for a simple, yet fun way to serve A.A. as a whole, this position may be for you! Two or more years of sobriety is suggested and familiarity of Microsoft Word is a plus. The term runs through September of next year.

Five years ago this month, our A.A. Hotline became operational. Since its opening, we have fielded hundreds of calls from members and the general public seeking information on A.A. The Hotline Chair is another position in need of some help by an A.A. member. It too is a simple, yet effective way to carry A.A.'s message to alcoholics beyond the reaches of the home group. The Hotline Chair maintains the schedule of hotline volunteers. Two or more years of sobriety is suggested. The term runs through September of next year.

To stand for either of these service positions, stop by our business meeting to stand for the position or email info@westsidecentraloffice.com for more information. See *Upcoming Events* on page 3 for information on our business meeting. If you are interested in helping us out in a different capacity, consider our other service openings by clicking on the *Help Wanted* link at our website, www.westsidecentraloffice.com.

Mark L, the Chair of the Finance Committee, reported at this month's business meeting that he will present the proposed budget for 2017 at November's business meeting. The budget will go back to the groups for further discussion. We will then discuss and vote on it in December.

We also elected a new Treatment Facilities (TF) Chair at this month's business meeting. We would like to express our sincere thanks to Tony F for his service as our new TF Chair. His duties include matching A.A. members and groups with treatment facilities that would like to host A.A. meetings for their clients. You can email Tony at tf@westsidecentraloffice.com to learn more about the TF committee or to get involved.

The current term of our I.T. Chair position ends this month. The I.T. Chair and Co-Chair positions maintain our website, email accounts, phone system, and office computer. The term of service runs through September of next year. No length of sobriety is required. The position is appointed by the WCO Board of Directors. To apply, send your service resume to info@westsidecentraloffice.com.

All of our Saturday office volunteer shifts are filled. However, we can use some more alternate volunteers. An alternate volunteer fills in when the regular volunteer is not available. Please see the flyer on the last page of this newsletter for more information on office volunteers.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** – 800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.
- **October 2011** – The Westside Central Office establishes an A.A. telephone hotline (503-684-0415).
- **October 2012 –** The Westside Central Office begins publishing this newsletter, *Into Action!*

Upcoming Events

October 29, 2016 – A.A. District 31's Annual Halloween Party, 7:00pm-?, First Congregational Church (494 E Main St, Hillsboro, OR 97123). More information is available at http://westsidecentraloffice.com/events/aa-announcements/

October 29, 2016 – Pancake Breakfast fundraiser for 2017 Columbia River Roundup. 10am (breakfast) Speaker (11am). 50/50 Raffle. Unitarian Universalist Church (4505 E 18th ST, Vancouver, WA).

November 4-5, 2016 – *Step Maniacs* present a Big Book Workshop featuring Kathie and Charlie P from Austin, TX. Friday 11/4/2016 session runs from 6pm – 9pm. Saturday 11/5/2016 session runs from 9am-6pm. $30.00 in advance, $40.00 at the door (includes beverages, continental breakfast, lunch, snacks). Mountainview Christian Church (1890 Cleveland AVE, Gresham, OR 97030). Contact Kate at 503-481-2193 for more information or to preregister.

November 7, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

November 18-20, 2016 – Oregon Area 58 November Quarterly Assembly, Red Lion Inn at Jantzen Beach (909 N Hayden Island DR Portland, OR 97217). More information is available at http://www.aa-oregon.org/events/november-2016-area-58-service-assembly/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Learning daily to spot, admit, and correct [our] flaws is the essence of [Step Ten]."

(Reprinted from Twelve Steps and Twelve Traditions, page 95, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Become an A.A. Service Office Volunteer!

Westside Central Office is seeking A.A.s to volunteer at our facility one Saturday a month from 12noon to 4pm.

Duties include:

- Opening/Closing the Office
- Selling A.A. Literature
- Answering the Office Telephone
- Provide information on A.A. for anyone who stops by the office

2 or more years of sobriety is suggested.
For more information or to apply, email info@westsidecentraloffice.com or call us at 503-684-0415 (menu option 0).

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.