Into Action!

Westside Central Office

September 2016 – Volume 4 – Number 12

What's Happening at the WCO?

This month we hosted our business meeting on the third Monday (September 19th) instead of the first Monday. As we reported last month, we decided to permanently move the September business meeting to the third Monday because the first Monday in September is always Labor Day.

Some of you have requested coffee at our business meeting. We are happy to report that beginning with this month's business meeting, coffee is now served. Moreover, the coffee we brew is donated by our trusted servant and resident coffee roaster, Nick F. All coffee is roasted in small batches with love by Nick. This month, we sampled a superb Kenyan roast!

September also marks our election month. This year, most of our service positions were up for election this month. We re-elected John H, Nick F, and Mark L to the Board. Mark L was also re-elected to the Finance Chair. All other positions remain open. A list of our open service positions is available by clicking on the *Help Wanted* link at www.westsidecentraloffice.com.

One service position that has done some great 12th work this last year is the Cooperation with the Professional Community (CPC) Committee Chair. The CPC committee explains to professionals that may come into contact with alcoholics what A.A. is and what A.A. is not. These professionals include health care workers, counselors, clergy, law enforcement, attorneys, school teachers/principals, etc. The targeted audience could also be students of one of these professions. For example, some CPC Committees have coordinated an activity where members of A.A. take OHSU medical students to an A.A. meeting.

The current chair, Nick F, rotates out of the Char position at the end of this month. Anyone who steps into the CPC Chair will have the luxury of an already established committee, plenty of literature and guidelines to get started, and an experienced past Chair to answer any questions they might have. If you are looking for a nice change up to your A.A. program, this position may be for you! You can learn more about CPC at www.aa.org/assets/en_US/m-41i_CPCWorkbook.pdf.

Our Outreach Chair, Renee K, informed us that the designer of our sidewalk sign, A.A. member Hailey F, declined our offer to reimburse her for materials used in creating the sign. Instead, she donated her services to us. Thanks Hailey! The sign has helped first time visitors find our office since one cannot see it from Beaverdam Road.

October marks the last month of the 1 year term for office volunteers. A new term begins in November and we will need some A.A.s that are available to volunteer at our office one Saturday a month from 12noon-4pm. Please see the flyer on the last page of this newsletter for more information.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **September 1939** – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.
- **September 30, 1939** - An article on A.A. titled Alcoholics and God appears in Liberty magazine. After publication of this article, Big Book sales saw an increase of several hundred and the early A.A. Newark Office received 800 pleas for help.
- **September 1947** – The first A.A. group in Brazil takes shape.
- **September 1947** – A.A. is started in the Eugene-Springfield Oregon area when eight members met at the YMCA on September 12, 1947.
- **September 9, 1948** – The Astoria Alano Club opens its doors for the first time at 145 11th Street in Astoria, Oregon. The first group in Astoria, known as the Central Group, would meet at the Alano Club on Wednesdays and Saturdays at 8pm.
- **September 1950** – The first meeting in Seaside, Oregon is held at the home of Earl E and his non-alcoholic wife Leona.
- **September 1951** – The first Oregon A.A. Newsletter, titled "Our Baby", begins publication. The monthly newsletter would carry state as well as national A.A. news. Each group would receive a copy in the mail and additional copies were circulated through the central office in Portland. 500-600 copies were printed for each issue. The newsletter would cease publication after three years. The Oregon Area would begin publishing a second newsletter in April, 1960.
- **September 2001** – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean - up crews form A.A. meetings at Ground Zero.
- **September 2013** – WCO began accepting 7th Tradition contributions through its website.

Upcoming Events

October 3, 2016 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (12705 SW Beaverdam RD Suite E, Beaverton, OR 97005).

October 7-9, 2016 – Oregon State Young People in A.A. (OSYPAA) Conference. Quality Suites (5188 Wittenburg LN, Keizer, OR). More information is available at www.osypaaiv.org.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

Grapevine's new book, Our Twelve Traditions, is now out. In this book, A.A. members write about their experience in applying the Twelve Traditions to their daily lives. The stories offer A.A. groups and members workable solutions to difficult problems. The book is available for purchase at store.aagrapevine.org.

The October 2016 issue of the Grapevine focuses on "Atheist and Agnostic Members" in A.A. Atheist and Agnostic members share how they get active, find their place in A.A., and stay sober one day at a time.

Visit www.grapevine.org to subscribe to the Grapevine, A.A.'s meeting in print.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 12705 SW Beaverdam RD Suite E, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…to take responsibility for the well-being of others…is the very spirit of Step Nine."

(Reprinted from Twelve Steps and Twelve Traditions, page 87, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Become an A.A. Service Office Volunteer!

Westside Central Office is seeking A.A.s to volunteer at our facility one Saturday a month from 12noon to 4pm.

Duties include:

- Opening/Closing the Office
- Selling A.A. Literature
- Answering the Office Telephone
- Provide information on A.A. for anyone who stops by the office

2 or more years of sobriety is suggested.
For more information or to apply, email info@westsidecentraloffice.com or call us at 503-684-0415 (menu option 0).

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.