Into Action!

Westside Central Office

April 2013

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at www.westsidecentraloffice.com/meetings

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Need A.A. Literature? The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Upcoming Events

April 27, 2013
Pancake Breakfast Fundraiser: 9am – 11:30am, First Presbyterian Church, 1200 SW Alder St Portland, OR 97205. This is a fundraiser for the 2013 Portland Area Women's Roundup. Cost is $10 per person (Kids under 10 are $5). Breakfast served from 9am – 10:30am, raffle at 10:30am, speaker meeting from 10:45am until 11:30am. Download the flyer at http://www.aa-oregon.org/flyers/2013/PAWS/Pancake_Breakfast.pdf

May 6, 2013
Westside Central Office Business Meeting, 7pm-8pm, First United Church of Beaverton (12555 SW 4th ST, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Are you looking for a meeting? Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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What's Happening at the WCO?

It was no April Fool's Joke that the Westside Central Office (WCO) held a business meeting on Monday, April 1, 2013, 7pm, at the Beaverton First United Methodist Church (12555 4th ST, Beaverton, OR 97005).

The Public Information (PI) Committee Chair, Derek T, reported that PI put on six presentations to high school students this past month. Two presentations were held at Aloha High School and three were held at Southridge High School. Another presentation was held at Beaverton School's *Insight Class.* Students that violate Beaverton Schools' drug and alcohol policy are required to attend the Insight Class. The PI Committee also reported that they are working on getting the WCO Hotline phone number listed in Westside telephone books. They noted that there are some phone books that do not have any number for A.A. listed. Finally, the committee continues to reach out to area Emergency Rooms to see if they would like more information on A.A.

Cooperation with the Professional Community (CPC) Committee Chair, Nick F, reported that he has continued working on a custom electronic map of the Portland Westside using *Google Maps*. As reported last month, he is using the map to locate and display approximately 50 primary care providers on the Portland Westside. CPC is also working on a call script for contacting Doctors' offices.

Individuals interested in PI or CPC can get involved by attending the PI and CPC committee meeting. The meeting is held on the first Thursday of the month, 6:30pm – 7:30pm, at the Barnabas House (2025 SW Vermont ST, Portland, OR 97219). Alternatively, they can contact the committee chairs directly to get involved. For PI, they can email the Chair, Derek, at pi@westsidecentraloffice.com. For CPC, they can email the Chair, Nick, at cpc@westsidecentraloffice.com.

The Activities Committee reported that their Twelfth Step and Fifth Tradition Workshop held on March 9th was a success. They are now planning two more activities: A Seventh Tradition Workshop and a field trip to the Area 58 Archives Repository in St. Helens. More information on these events will be available soon. Individuals interested in helping out with Activities, can contact the Activities Chair, Andrew W, at activities@westsidecentraloffice.com.

The Outreach Committee Chair, Mark L, presented a draft of the upcoming WCO meeting schedule. Individuals interested in helping out with the meeting schedule, can contact Mark at info@westsidecentralofficecom or by attending the Outreach Committee meeting held immediately after the WCO Business Meeting (8pm) at the same location (Beaverton First United Methodist Church).

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline website at westsidecentraloffice.com/service/a-a-hotline/ or email info@westsidecentraloffice.com.

Public Information – Volunteers are needed to help informs the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Literature – The Westside Central Office sells literature to A.A. groups and members at cost thanks to our committee of literature volunteers. If you're available to help purchase/deliver A.A. conference approved literature, then please email lit@westsidecentraloffice.com.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Do you have a funny comic or joke? Share it with us! newsletter@westsidecentraloffice.com

Word Search

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Words

ACCEPTANCE, AKRON, ALCOHOL, BILL, BOB, CONCEPTS, COURAGE, FAITH, GRATITUDE, GOD, GSO, HONESTY, HUMILITY, INVENTORY, LOVE, MEDITATION, NEWCOMER, PROMISES, PRAYER, PATIENCE, RECOVERY, SANITY, SERENITY, SILKWORTH, SPONSOR, SPONSEE, STEPS, SURRENDER, TRADITIONS, UNITY, WILLINGNESS

Words may be found horizontally, vertically, diagonally, forwards, and backwards.