

# Into Action!

Westside Central Office

August 2013

## What's Happening at the WCO?

Below are highlights from the WCO business meeting held on August 5<sup>th</sup> at the Beaverton First United Methodist Church (12555 4<sup>th</sup> ST, Beaverton, OR 97005).

The Activities Committee reminded everyone of the Picnic and 7<sup>th</sup> Tradition Workshop planned for Saturday August 24<sup>th</sup> from 11am to 1:30pm at Gabriel Park Picnic Site B (located at SW 45<sup>th</sup> AVE and Vermont ST). This event is co-hosted with A.A. District 23. Pizza and soda will be provided for all attendees.

The Outreach Committee brought copies of WCO's first ever printed meeting guide. The first run of these meeting guides are free to everyone while supplies last. Pricing for future volumes will be determined in the near future. Individuals and groups can get meeting guides by attending the picnic on August 24<sup>th</sup>, at next month's business meeting on September 2<sup>nd</sup>, or by emailing [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com).

Members of the PI Committee were not in attendance for this month's business meeting because they were presenting A.A. to foster youth at the DREAM Conference. The DREAM Conference focuses on preparing foster youth, who are between the ages of 14 and 20, for post-secondary education, employment, and training options. This year's conference was held August 5<sup>th</sup> -8<sup>th</sup> at Western Oregon University.

CPC Chair, Nick F, read a report on behalf of the PI Committee. The report indicated that they had more discussions with Clear Channel Communications about broadcasting an A.A. PSA on one or more of their radio stations. Although they could not budge on their \$500 price tag, Clear Channel was able to include another radio station and 100+ exposures of the PSA to the ad package. The WCO PI Committee along with PI/CPC Committees from A.A. Districts 10, 23, 36, and 37 will split the cost of the ad campaign. The ad will be heard in the evenings on one radio station and mid-day on a

second radio station.

The CPC Committee reported that they talked to the Area 58 CPC Chair for suggestions on which professional group they should target next. One suggestion that came from the discussion was to talk to individual A.A. Groups about creating CPC Liaison positions at their group. Another suggestion was to focus on clergy or attorneys. CPC plans to create a Google Map, similar to what they did for Westside Physicians, to allow them to reach out to their next focus group.

In Old Business, the tabled motion to grant motion making and voting privileges to A.A. District Liaisons at the business meeting passed. In New Business, the WCO Board presented a motion to create an Office Manager and an Assistant Office Manager service position. The voting body tabled this motion until the October 2013 business meeting so the A.A. Groups have some time to review the proposed job descriptions.

***If you want to drink,  
that's your business. If  
you want to stop, that's  
ours! Call 503-684-0415***

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**Need A.A. Literature?** The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit [www.westsidecentraloffice.com/literature](http://www.westsidecentraloffice.com/literature) or call 503-684-0415 (extension 2) to order literature.

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## Get Involved!

**The Westside Central Office has the following 12<sup>th</sup> Step opportunities:**

**12<sup>th</sup> Step Calls** – Interested in going on a 12<sup>th</sup> Step Call? A.A. members are needed for the 12<sup>th</sup> Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12<sup>th</sup> Step Call webpage at [westsidecentraloffice.com/service/twelfth-step-calls](http://westsidecentraloffice.com/service/twelfth-step-calls) or email the 12<sup>th</sup> Step Call Committee Chair at [12stepchair@westsidecentraloffice.com](mailto:12stepchair@westsidecentraloffice.com) for more information.

**A.A. Hotline** - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at [westsidecentraloffice.com/service/a-a-hotline/](http://westsidecentraloffice.com/service/a-a-hotline/) or email the A.A. Hotline Chair at [hotlinechair@westsidecentraloffice.com](mailto:hotlinechair@westsidecentraloffice.com).

**Public Information** – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email [pi@westsidecentraloffice.com](mailto:pi@westsidecentraloffice.com) for more information.

**Activities** – Interested in putting on social or service oriented events? Then join the activities committee. Email [activities@westsidecentraloffice.com](mailto:activities@westsidecentraloffice.com) for more information.

**Treatment Facilities** – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers, detox centers, hospitals, institutions, nursing homes, etc. Email [tf@westsidecentraloffice.com](mailto:tf@westsidecentraloffice.com) for more information or to get involved with the Treatment Facilities Committee.

**Professionals** – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email [cpc@westsidecentraloffice.com](mailto:cpc@westsidecentraloffice.com) for more information or to get involved with the Cooperation with Professionals Committee.

## Upcoming Events

**August 24, 2013** – Second Annual 7<sup>th</sup> Tradition Workshop and Picnic, 11am, at Gabriel Park (Picnic Site B SW 45<sup>th</sup> Ave and Vermont ST in Portland). Hosted by Westside Central Office and A.A. District 23. Free pizza and soda will be served! A flier for this event is available at [www.westsidecentraloffice.com/events/aa-announcements](http://www.westsidecentraloffice.com/events/aa-announcements).

**August 24, 2013** – A.A. District 10 Inventory, 10am, at Christadelphian Church (8970 SW Murray BLVD, Beaverton, OR). Contact 503-309-2131 or 503-957-4651 for more information. A flier for this event is available at [www.westsidecentraloffice.com/events/aa-announcements](http://www.westsidecentraloffice.com/events/aa-announcements).

**September 2, 2013** – Westside Central Office Business Meeting, 7pm-8pm, First United Church of Beaverton (12555 SW 4<sup>th</sup> ST, Beaverton, OR 97005).

To list A.A. related announcements in this section, email the announcement to: [newsletter@westsidecentraloffice.com](mailto:newsletter@westsidecentraloffice.com)

## Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4<sup>th</sup> ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

## Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at [www.westsidecentraloffice.com/meetings](http://www.westsidecentraloffice.com/meetings)

## Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

**Are you looking for a meeting? Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online?** These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com).

*Into Action!* is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com). Direct all correspondence to: email: [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com) phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

## News From GSO

A health care professional in Baltimore, Maryland contacted the A.A. General Service Office (GSO) and requested contact information for an A.A. member who speaks English and Lao in order to connect them with a client who has a desire to stop drinking and only speaks Lao.

If you know of an A.A. member who is willing to serve this way, please ask him or her to contact Steve S at GSO at [tf@aa.org](mailto:tf@aa.org), or by phone at [212-870-3344](tel:212-870-3344).

## News From The Grapevine

The Grapevine is A.A.'s Meeting in Print. The current issue's spotlight is "Keeping AA Safe". This issue features stories by A.A. members about how they apply the Steps, Traditions and group conscience when it comes to keeping their meetings a safe place to get sober. To subscribe to the Grapevine, please visit [www.aagrapevine.org](http://www.aagrapevine.org).

Grapevine is now accepting stories for the February 2014 "Emotional Sobriety" issue. This issue's spotlight shall describe ways members use the tools of A.A. to gain serenity and peace in their lives after they have been sober awhile. Stories are due mid-September 2013. Other upcoming topics are "Special Needs," "Why I Love the Big Book", "Hispanic" issue and "Getting sober later in life." Submission guidelines for the Grapevine are available at [www.aagrapevine.org/contribute](http://www.aagrapevine.org/contribute).

Grapevine's new book, *No Matter What*, will be available in early September 2013.

The Grapevine Board will have an opening for the position of non-trustee Director following the General Service Conference in April 2014. More information is available on pages 5-7 in the [September 2013 Grapevine Newsletter](#).