

# Into Action!

Westside Central Office

July 2013

## What's Happening at the WCO?

Below are highlights from the most recent WCO business meeting held on Monday, July 1<sup>st</sup> from 7pm to 8pm at the Beaverton First United Methodist Church (12555 4th Street, Beaverton, OR 97005).

The PI Committee reported that they had another meeting with Clear Channel Communications about running a Public Service Announcement on one of their radio stations. Originally they were told that the cost would be \$108, but at the second meeting, the ad rep regrettably informed our PI Chair, Derek T, that the minimum order would have to be \$500. So, PI is now pursuing other leads including a contact at 750 AM, as well as, college radio stations.

PI Chair, Derek T, also reported that he met with members of Portland Oregon Committee for Young People in A.A. (PORCYPAA) to solicit participation with the high school presentations. Lastly, the PI Committee worked on compiling a list of hotels and libraries on the Portland Westside. After compiling the list, PI plans to deliver meeting schedules to the hotels as well as literature to the libraries.

CPC Chair, Nick F, reported that CPC has completed their contacting of doctors offices on the Portland Westside. CPC is now considering their next target audience for contacts. One possibility is to contact attorneys. However, if anyone has any suggestions for a target audience, then please contact Nick by email at [cpc@westsidecentraloffice.com](mailto:cpc@westsidecentraloffice.com).

The Outreach Committee announced that they will be sending the final version of the WCO meeting schedule to the printers this month. They hope to have printed meeting schedules by the August 5<sup>th</sup> WCO business meeting.

The Activities Committee announced that they have scheduled a time and place for WCO's Second Annual 7<sup>th</sup> Tradition Workshop and Picnic. The event will be

held on Saturday, August 24<sup>th</sup>, 11am, at Gabriel Park, picnic site B, located at SW 45<sup>th</sup> Avenue and Vermont Street in Portland. Free pizza and soda will be served!

12<sup>th</sup> Step Call Committee Chair, Ben P, presented some proposed Guidelines and a sign up sheet for 12<sup>th</sup> Step Call Volunteers. Ben asked for feedback from the groups. Anyone interested in reviewing these Guidelines can contact Ben at [12stepcallchair@westsidecentraloffice.com](mailto:12stepcallchair@westsidecentraloffice.com). The WCO website also has a new web page dedicated to 12<sup>th</sup> Step Calls. The web page has a description of 12<sup>th</sup> Step Calls as well as an online Volunteer sign-up form. To view the web page, please visit [www.westsidecentraloffice.com/service/twelfth-step-calls](http://www.westsidecentraloffice.com/service/twelfth-step-calls).

In New Business, we heard a motion that would grant participation, motion making, and voting privileges to District Liaisons at the WCO business meeting. Currently, liaisons have the right to participate, but may not make motions nor vote. The motion was tabled so groups can discuss the proposal before we vote on it next month.

***If you want to drink, that's your business. If you want to stop, that's ours!***  
**Call 503-684-0415**

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## Get Involved!

**The Westside Central Office has the following 12<sup>th</sup> Step opportunities:**

**12<sup>th</sup> Step Calls** – Interested in going on a 12<sup>th</sup> Step Call? A.A. members are needed for the 12<sup>th</sup> Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12<sup>th</sup> Step Call webpage at [westsidecentraloffice.com/service/twelfth-step-calls](http://westsidecentraloffice.com/service/twelfth-step-calls) or email the 12<sup>th</sup> Step Call Committee Chair at [12stepchair@westsidecentraloffice.com](mailto:12stepchair@westsidecentraloffice.com) for more information.

**A.A. Hotline** - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at [westsidecentraloffice.com/service/a-a-hotline/](http://westsidecentraloffice.com/service/a-a-hotline/) or email the A.A. Hotline Chair at [hotlinechair@westsidecentraloffice.com](mailto:hotlinechair@westsidecentraloffice.com).

**Public Information** – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email [pi@westsidecentraloffice.com](mailto:pi@westsidecentraloffice.com) for more information.

**Activities** – Interested in putting on social or service oriented events? Then join the activities committee. Email [activities@westsidecentraloffice.com](mailto:activities@westsidecentraloffice.com) for more information.

**Treatment Facilities** – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers, detox centers, hospitals, institutions, nursing homes, etc. Email [tf@westsidecentraloffice.com](mailto:tf@westsidecentraloffice.com) for more information or to get involved with the Treatment Facilities Committee.

**Professionals** – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email [cpc@westsidecentraloffice.com](mailto:cpc@westsidecentraloffice.com) for more information or to get involved with the Cooperation with Professionals Committee.

## Upcoming Events

**August 2 – 4, 2013** – 3<sup>rd</sup> Annual Coast Range Conference at Camp Magruder (Rockaway Beach, Oregon). A.A. and Al-Anon speakers, camping, fellowship, and fun! More information is available at [www.coastrangeconference.com](http://www.coastrangeconference.com).

**August 5, 2013** – Westside Central Office Business Meeting, 7pm-8pm, First United Church of Beaverton (12555 SW 4<sup>th</sup> ST, Beaverton, OR 97005).

**August 24, 2013** – Second Annual 7<sup>th</sup> Tradition Workshop and Picnic, 11am, at Gabriel Park (Picnic Site B SW 45<sup>th</sup> Ave and Vermont ST in Portland). Hosted by Westside Central Office and A.A. District 23. Free pizza and soda will be served!

To list A.A. related announcements in this section, email the announcement to: [newsletter@westsidecentraloffice.com](mailto:newsletter@westsidecentraloffice.com)

## Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4<sup>th</sup> ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

## Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at [www.westsidecentraloffice.com/meetings](http://www.westsidecentraloffice.com/meetings)

## Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

**Are you looking for a meeting?** Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com).

*Into Action!* is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at [www.westsidecentraloffice.com](http://www.westsidecentraloffice.com). Direct all correspondence to: email: [info@westsidecentraloffice.com](mailto:info@westsidecentraloffice.com) phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

## News From GSO

A health care professional in Baltimore, Maryland contacted the A.A. General Service Office (GSO) and requested contact information for an A.A. member who speaks English and Lao in order to connect them with a client who has a desire to stop drinking and only speaks Lao.

If you know of an A.A. member who is willing to serve this way, please ask him or her to contact Steve S at GSO at [tf@aa.org](mailto:tf@aa.org), or by phone at [212-870-3344](tel:212-870-3344).

## News From The Grapevine

Grapevine announced a new book (and ebook) on sponsorship titled One on One. Grapevine also announced that fourteen of their books are now available as ebooks for Kindle, Nook, and Apple devices. These and other great items from Grapevine are available for online purchase at [store.aagrapevine.org](http://store.aagrapevine.org).

La Viña turns 17 years old this summer and a number of celebrations have been planned around the country in honor of the Spanish meeting in print. Visit [www.aagrapevine.org/Calendario-de-Eventos](http://www.aagrapevine.org/Calendario-de-Eventos) for more information.

Do you have a funny comic or joke? Share it with us!  
[newsletter@westsidecentraloffice.com](mailto:newsletter@westsidecentraloffice.com)