Into Action!

Westside Central Office

October 2013

What's Happening at the WCO?

The most recent WCO business meeting was held Monday, October 7th, 7pm, at the Beaverton First United Methodist Church (12555 4th ST, Beaverton, OR 97005). Here are some of the highlights from the meeting:

PI Chair, Derek T, reported that the long awaited A.A. Public Service Announcement (PSA) will begin airing on Monday, October 14th and run through December 2nd. The PSA will be heard Monday through Thursday, 12am to 6am, on KEX 1190 AM. The PSA will also air during the day from 6am to 7pm, Monday through Friday, on the KEX "I Heart Radio" web and mobile radio ap. In total, the ad will be heard 96 times on 1190 AM and 56 times on the web/mobile ap. Special thanks to A.A. Districts 23, 36, and 37 who helped split the cost of the PSA with WCO.

The PI Committee also announced upcoming A.A. presentations at Wilsonville and Sherwood High Schools on October 18th and at Tualatin's Rosemont Ridge Middle School on November 14th and 15th. Young people in A.A. are needed to help with these presentations. Contact the PI Chair, Derek T, at pi@westsidecentraloffice.com to get involved.

The CPC Chair, Nick F, completed a list of Portland Westside criminal and DUII defense lawyers. The committee is now in the process of contacting the lawyers to see if they would like more information on A.A.

12th Step Call Chair, Ben P, reported that he is working with Hotline Chair Andrew W and I.T. Chair Mark L on how to best make the 12th Step Volunteer list available to Hotline Volunteers. Besides providing this list to Hotline volunteers, the three are discussing Guidelines for using the list.

I.T. Committee Chair, Mark L, reported that the WCO website (www.westsidecentraloffice.com) is now accepting online 7th Tradition contributions. A.A.s can now visit the website, click on a *Donate* button, and use their credit card or PayPal account to make a contribution to WCO.

It was announced that WCO Chair, Bob S, has stepped down from his Chair and Board positions this past month. Bob will continue to serve as a member of the Hotline Committee. During elections, Nick F expressed his availability to serve as Chair but stated that if he is elected, he would need to step down as CPC Chair. The body accepted the terms and elected Nick as the new Chair of WCO. We also reelected Ben P to the 12th Step Call Committee Chair.

In Old Business, the tabled motion to approve job descriptions for Office Manager and Assistant Office Manager passed. In New Business, Literature Chair, Joe S, requested an increase of his literature budget by $500. The body elected to table this motion and revisit it next month.

Need A.A. Literature? The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?
Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at www.westsidecentraloffice.com/meetings

News From The Grapevine

The Grapevine is A.A.'s meeting in print. To celebrate the Grapevine's newest publication, *No Matter What,* the current issue's spotlight is called *Getting Through Tough Times.* The Grapevine's book, *No Matter What,* contains stories about A.A.s that stay sober while battling through adversity in their life. This issue includes selections from the new book. Visit www.aagrapevoine.org to subscribe to the Grapevine.

The Grapevine will offer free shipping on items from their online store, www.aagrapevine.org/store, from November 1st through December 31st. Items include over 20 books, 17 ebooks, wall calendars, pocket planners, and gift certificates. Grapevine is also offering a "buy one and receive 55% off a second" gift subscription.

The Grapevine is planning an issue that focuses on A.A.s with special needs. They are looking for stories by members who are wheel-chair bound, blind, deaf, ill or with any kind of special need. They are also interested in stories by members of A.A. who provide service to those with special needs. Stories are due by December 1, 2013. Visit Grapevine's website at www.aagrapevine.org/contribute to send in your story, or you can email it to gveditorial@aagrapevine.org.

Other upcoming Grapevine topics include "We Celebrate the Big Book" April 2014 issue (stories due by November 15, 2013); "Happy Birthday Grapevine!" (stories due by January 5, 2014); "Prison Issue" (stories due February 5, 2014); and "Special Hispanic Issue" (stories due by March 10). Submission Guidelines are available at www.aagrapevine.org/contribute .

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario.
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1953** – The Big Book is introduced in Belgium. Within months after its introduction, A.A. Groups begin forming in Brussels, Flanders, and Wallonia.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** –800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.

Upcoming Events

October 26, 2013 – A.A. District 31 Halloween Dance, 7pm - ?, Hillsboro First Congregational United Christian Church (494 E Main ST, Hillsboro, OR 97123). Contact Wayne D at 971-226-3803, for more information. A flyer for this event is available at http://westsidecentraloffice.com/events/aa-announcements/ .

November 1-3, 2013 – Portland Area Women's Round-Up 2013. Double Tree Hotel (1000 NE Multnomah ST, Portland, OR 97232). A flyer for this event is available at http://westsidecentraloffice.com/events/aa-announcements/ .

November 4, 2013 – Westside Central Office Business Meeting, 7pm-8pm, Beaverton First United Methodist Church (12555 SW 4th ST, Beaverton, OR 97005). Email info@westsidecentraloffice.com for more information.

November 7, 2013 – Westside Public Information Committee Meeting, 6:30pm, St. Barnabas Church (2201 SW Vermont ST, Portland, OR 97219). Email pi@westsidecentraloffice.com for more information.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Do you have a funny comic or joke? Share it with us!
newsletter@westsidecentraloffice.com

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.