Into Action!

Westside Central Office

September 2013

What's Happening at the WCO?

The most recent WCO business meeting was held Monday, September 2nd, 7pm, at the Beaverton First United Methodist Church (12555 4th ST, Beaverton, OR 97005). Here are some of the highlights from the meeting:

The WCO Treasurer and Finance Chair, John W, is stepping down from his service positions this month. The body took a moment to thank John for his 3.5 years of service to WCO. He will certainly be missed, but we are happy to report that John will continue his role as a volunteer on WCO's A.A. Hotline. The WCO Board is now looking for someone to fill the remainder of John's Treasurer term, which runs through September of next year. Interested individuals are encouraged to email their service resume to info@westsidecentraloffice.com. For more information on this and other service opportunities at WCO, visit the website, www.westsidecentraloffice.com, and click on the *Help Wanted* link.

The Activities Committee Chair, Andrew W, thanked everyone who attended the Second Annual 7th Tradition Workshop and Picnic on August 24th. If you missed the event, you can still obtain the talking points of the workshop by visiting www.westsidecentraloffice.com and clicking on the link titled *Is Your Group Fully Self-Supporting?*

The Public Information (PI) Committee Chair, Derek T, reported that he is working on forming teams of speakers for high school presentations. In the past, the PI Chair has been the one responsible for organizing and leading each high school presentation. By forming these teams, more presentations can be handled because they will not be dependent on one individual's availability for the service opportunity. Derek also played for us the A.A. Public Service Announcement (PSA) that will soon air on KEX 1190 AM and KXTG 750 AM radio stations.

Cooperation with the Professional Community (CPC) Committee Chair, Nick F, reported that he made a list of Portland Westside Criminal and DUII defense attorneys. The next step will be to contact the lawyers to see if they would like more information on A.A. Nick also reported that he is in the process of forming a Westside CPC meeting similar to what Derek is hosting with PI.

With this being the September business meeting, we held elections for all vacant and one year service positions. Mark L was elected to John's soon to be vacant Finance Chair position, Hailey F was reelected to Newsletter Chair, Whitney was elected to Recording Secretary, and Andrew W was elected to A.A. Hotline Chair.

In New Business, we approved a motion made by our PI Chair, Derek T, to increase his budget from $150 to $250. The increase allows Derek to pay for his meeting space rent, the PSA, and other expenses for the rest of the year.

Need A.A. Literature? The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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News From GSO

This past month, the General Service Office (GSO) announced that the "A.A. for the Alcoholic with Special Needs" pamphlet is now available in DVD and CD (audio) formats. This pamphlet includes stories by A.A.s who are staying sober despite living with a variety of challenges such as those who are hearing impaired, visually impaired, house bound, chronically ill, or disabled. The DVD format includes American Sign Language (ASL) interpretation and English subtitles. The audio format is available in English, Spanish, and French. Visit www.aa.org to order the DVD or CD.

News From The Grapevine

The Grapevine is A.A.'s Meeting in Print. The current issue's spotlight is "Day Counters". This issue features things that help A.A. members when they are new to our fellowship. To subscribe to the Grapevine, please visit www.aagrapevine.org.

The Grapevine has published a new book titled *No Matter What: Dealing with Adversity in Sobriety*. The stories in this book were written by A.A. members who describe how they dealt with tough issues in sobriety like a serious illness, an ugly divorce, the death of a child, the loss of a house to a fire or to the bank, etc. This book is available at www.aagrapevine.org.

Grapevine is now accepting stories for the April 2014 "We Celebrate the Big Book" issue. To commemorate the Big Book's 75th Birthday, the Grapevine is asking A.A. members to write an article on their favorite passage or chapter of our *Basic Text*. Stories are due on November 15, 2013. Other upcoming topics are "Special Needs" (deadline 12/17/2013), "Happy Birthday Grapevine!" (deadline 1/5/2014), "Prison Issue" (deadline 2/5/2013), and "Special Hispanic Issue" (deadline 3/10/2014). Submission guidelines for the Grapevine are available at www.aagrapevine.org/contribute.

Are you looking for a meeting? Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at www.westsidecentraloffice.com/meetings

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Beaverton First United Methodist Church, 12555 4th ST, Beaverton, OR 97005. We look forward to seeing your group's Co Rep there!

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

This Month in A.A. History

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Making a Seventh Tradition Contribution

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Upcoming Events

September 19, 2013 – A.A. District 36 Inventory, 6pm, at the Mount Bachelor Room, 2nd floor, of the Greater Portland Bible Church (2374 SW Vermont ST, Portland, OR 97219). A flier for this event is available at www.westsidecentraloffice.com/events/aa-announcements.

September 20-22, 2013 – Oregon Area 58 General Assembly, Chinook Winds Resort and Casino (1777 NW 44th ST, Lincoln City, OR 97367). Visit www.aa-oregon.org/assemblies.htm for more information.

September 27-29, 2013 – 2013 Annual Women's Spiritual Retreat at Menucha Retreat and Conference Center (38711 E Historic Columbia River HWY, Corbett, OR 97019). A flier for this event is available at www.westsidecentraloffice.com/events/aa-announcements.

October 3, 2013 – Westside Public Information Committee Meeting, 6:30pm, St. Barnabas Church (2201 SW Vermont ST, Portland, OR 97219). Email pi@westsidecentraloffice.com for more information.

October 7, 2013 – Westside Central Office Business Meeting, 7pm-8pm, First United Church of Beaverton (12555 SW 4th ST, Beaverton, OR 97005). Email info@westsidecentraloffice.com for more information.

To list A.A. related announcements in this section, email the announcement to:

Do you have a funny comic or joke?
Share it with us!
newsletter@westsidecentraloffice.com

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.