Into Action!

Westside Central Office

November 2017 - Volume 6 - Number 2

What's Happening at the WCO?

Happy Thanksgiving from WCO! We hope you all have a safe, sober, and wonderful time with family and friends. Of course, Thanksgiving marks the beginning of the holiday season. For some of us, that means getting invited to holiday parties where alcohol may be served. As the big book reminds us, we need not avoid places where there is drinking provided that we have a legitimate reason for being there (Chapter 7, *Working with Others*, page 101). That still does not mean an urge to drink will not come up in these social gatherings. To help arm you with some tips on what to do in these situations, take a moment to review Twelve Tips on Keeping Your Holiday Season Sober and Joyous. And remember, you're not alone this holiday season. If you need to talk, give us a call at 503-684-0415.

November has been a very busy month for WCO. As we reported last month, we decided to move our office location after learning that our building is being sold to the city of Beaverton so they can develop the surrounding land.

On Saturday, November 18th, we closed our old location early at 2pm so we could move into our new location. Many thanks to the six members who helped us move!

We will be closed on Saturday, November 25, 2017 in observance of Thanksgiving. Then on December 2nd, we will open for the first time at our new office from 12noon to 4pm. We will also hold our next business meeting on December 4th, from 7pm to 8pm, at our new office.

We are now located at Cedar Hills Shopping Center, 10220 SW Park Way, Portland, OR 97225. From Highway 26, take exit 69-B towards Park Way to Cedar Hills Shopping Center. From Oregon 217-North, take the Wilshire Street exit and follow the DMV signs to Cedar Hills Shopping Center. After arriving at Cedar Hills Shopping Center, enter through the glass doors to the right of Coffee Renaissance. Walk down the steps or take the elevator to the lower level. We are the first office on the left.

Our hotline and website have also been very busy this month. The spike in telephone and web traffic may be partly due to an A.A. ad by the Area 58 PI North Committee and various District PI and CPC Committees. The ad, which includes our website and phone number, appeared in community newspapers that covered Portland, Wilsonville, West Linn, Lake Oswego, and Tigard.

At our November 6th business meeting, the Finance Committee passed out a proposal for next year's budget. We will discuss and possibly vote on the 2018 budget at the December 4th business meeting. You can view the proposed budget by visiting the following link: www.westsidecentraloffice.com/wp-content/uploads/2011/02/WCO-2018-Budget-Proposal.pdf.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note forty sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance.
- **November 2012** – The first Spanish A.A. Public Service Announcement (PSA) produced by AAWS begins airing on Spanish TV. The PSA is titled "Tengo Esperanza" ("I Have Hope").
- **November 1, 2014** - The Westside Central Office begins offering open office hours on Saturdays from 12noon – 4pm. A.A. members and the general public can visit during open office hours to obtain information on A.A. and to purchase A.A. conference literature at cost.
- **November 18, 2017 –** WCO moves its office location to Cedar Hills Shopping Center.

Upcoming Events

December 2, 2017 – A.A. District 23 and 37 are hosting a PI and CPC Workshop from 1:00pm – 3:00pm, at the Sherwood Community Senior Center (21907 SW Sherwood Blvd, Sherwood, OR 97140). More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

December 4, 2017 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. The theme for this month's issue is "Sober Holidays". A.A. members tell how they stay sober and do service during the December holidays. This issue also features stories from remote communities. To subscribe to the Grapevine, visit www.aagrapevine.org.

The Grapevine is looking for stories with the following theme: "Sober Travel" (due December 5, 2017), "Prison Stories" (due January 5, 2017), and "Your Experiences Doing Service" (due February 5, 2017). Visit www.aagrapevine.org/contribute to submit your story.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225 (in Cedar Hills Shopping Center). We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The other Steps can keep most of us sober and … functioning. But Step Eleven can keep us growing."

(Reprinted from The Language of the Heart, page 240, with permission of AA Grapevine, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Westside Central Office

WE HAVE MOVED!

On Saturday, December 2nd, 2017,WCO will open its new location at:

Cedar Hills Shopping Center
10220-A SW Park Way
Portland, OR 97225

Phone: 503-684-0415
Web: www.westsidecentraloffice.com

(Enter through the glass doors to the right of Coffee Renaissance and walk down the stairs or take the elevator. We are the first office on your left and there is a sign posted on our door.)

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.