Into Action!

Westside Central Office

September 2018 – Volume 6 – Number 12

What's Happening at the WCO?

September certainly feels like a busy month. Many of us try to get one last vacation in during Labor Day Weekend, kids are back in school, some of us attend the Oregon Area Quarterly Assembly or a retreat during one of the weekends. Many service positions rotate in September. And at WCO, we hold our business meeting on the third Monday of the month in lieu of Labor Day. While this allows us to have a nice break between the August and September business meetings, it gives us just two weeks between the September and October business meetings. So, it feels a little bit of a sprint getting this newsletter to you this month. Nonetheless, it's always a pleasure to update you all on what we are up to each month.

At this month's business meeting, we held elections for all our service positions. We elected Mark L to Finance Chair, and Carla M, John H, and Mark L to the Board of Directors. We still have a number of vacant positions to fill including Chair and Secretary. A list of all our open service is available on our website, www.westsidecentraloffice.com, by clicking on the *Help Wanted* link.

As a reminder, our Group Inventory is scheduled for Saturday, October 13th from 12noon to 2pm at our office. The purpose of the Inventory is to assess how we are doing as an Intergroup. The more people that we have in attendance, the more informed we can become on how we are doing as an Intergroup. So, please consider attending.

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AA Group Sound Off!

West Side Nooners' Group

West Side Nooners', founded in 1983, is celebrating its 35th Anniversary this month! This is an AA topic discussion group that meets 12noon each Monday through Saturday at the West Side Service Center, 12945 SW Beaverdam RD, Beaverton, OR 97005.

See page 5 to learn how to list your group in this section.

Grapevine News

The Grapevine is AA's meeting in print. The theme for the October 2018 issue is "AA in the Workplace". This issue contains stories of how AAs bring their program to work. Visit www.aagrapevine.org to subscribe to the Grapevine.

Grapevine's new book, One Big Tent, is now out. This book is a collection of shared experiences of secular AA members such as atheists, agnostics, and nonbelievers, who have struggled with alcoholism, but ultimately found a solution in AA. This book is available for $11.50 at www.aagrapevine.org.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **September 1939** – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.
- **September 30, 1939** - An article on A.A. titled Alcoholics and God appears in Liberty magazine. After publication of this article, Big Book sales saw an increase of several hundred and the early A.A. Newark Office received 800 pleas for help.
- **September 1947** – The first A.A. group in Brazil takes shape.
- **September 1947** – A.A. is started in the Eugene-Springfield Oregon area when eight members met at the YMCA on September 12, 1947.
- **September 9, 1948** – The Astoria Alano Club opens its doors for the first time at 145 11th Street in Astoria, Oregon. The first group in Astoria, known as the Central Group, would meet at the Alano Club on Wednesdays and Saturdays at 8pm.
- **September 1950** – The first meeting in Seaside, Oregon is held at the home of Earl E and his non-alcoholic wife Leona.
- **September 1951** – The first Oregon A.A. Newsletter, titled "Our Baby", begins publication. The monthly newsletter would carry state as well as national A.A. news. Each group would receive a copy in the mail and additional copies were circulated through the central office in Portland. 500-600 copies were printed for each issue. The newsletter would cease publication after three years. The Oregon Area would begin publishing a second newsletter in April, 1960.
- **September 2001** – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean - up crews form A.A. meetings at Ground Zero.
- **September 2013** – WCO began accepting 7th Tradition contributions through its website.

Upcoming Events

September 29, 2018 – Frog Pond Golf Tournament and Picnic. Picnic is at 11am and Golf is at 1pm. Sandelie Golf Course (28333 SW Mountain RD, West Linn, OR 97068). Additional information (including cost) is available at www.westsidecentraloffice.com/events/aa-announcements/.

October 1, 2018 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way Portland, OR 97225).

October 8, 2018 – Top of the Hill Speakers Event (AA, Al-Anon, and Alateen Speakers, Birthday Celebration, 50/50 Raffle, Refreshments). 6:30pm-8:30pm at St. James Episcopal Church (11511 SW Bull Mountain RD, Tigard, OR). More information is available at www.westsidecentraloffice.com/events/aa-announcements/.

October 12-14, 2018 – Rose City Girlstock, Holiday Inn Wilsonville (25425 SW 95th AVE, Wilsonville, OR 97070). More information is available at www.rosecitygirlstock.com.

October 13, 2018 – Westside Central Office Group Inventory. All are welcome, and refreshments will be served! 12noon-2pm at Westside Central Office (10220 SW Park Way, Portland, OR 97225).

October 18, 2018 – Three 12 Step Speakers presented by Captain's Table Men's Group. 7pm-8pm at Sonrise Church (6701 NE Campus Way, Hillsboro, OR 97124). All are welcome! Childcare available. More information is available at www.westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225 (inside Cedar Hills Shopping Center). We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…to take responsibility for the well-being of others…is the very spirit of Step Nine."

(Reprinted from Twelve Steps and Twelve Traditions, page 87, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

AA Group Sound Off!

Does your Group have any news that it wishes to share with the fellowship? Time/Place/Format Changes? Milestones? AA Birthdays of Home Group Members? Or do you just want to put in a plug for your Group?

Complete the form below and we will publish it in an upcoming issue of WCO's newsletter, *Into Action!*

Group Name:

Group Format:

When/Where Does It meet:

Group News:

Please return this form to the Newsletter editor at a WCO Business meeting or email the information to newsletter@westsidecentraloffice.com.