Into Action!

Westside Central Office

October 2018 - Volume 7 - Number 1

What's Happening at the WCO?

Welcome to Volume 7 of this newsletter! It's hard to believe that it's already been 6 years since we started putting together this monthly update for WCO. Of course, if you have any suggestions for this newsletter, please email them to newsletter@westsidecentraloffice.com.

At our October 1, 2018 business meeting, we elected Rand A to Chair! Congratulations Rand! Also thank you Carla M, our outgoing Chair, for her service to WCO! Carla continues to be involved with WCO as a Director of the WCO Board.

The WCO Directors also held a Board Meeting this month. The Directors elected Mark L to the President position, John H to the Treasurer position, and Carla M to the Secretary of the Board position.

WCO held a Group Inventory on Saturday, October 13, 2018 during our open office hours. Holding the Inventory during our Saturday open office hours turned out to be a great idea. We had at least one first time visitor to our office stay and participate in the Inventory. Perhaps we can host some future workshops during this time slot as well.

The purpose of the Inventory was to assess how we are doing as an Intergroup. Thank you to Chris H for facilitating the event as well as everyone who attended. We answered all 13 questions in the *A.A. Group* pamphlet. Chris also gave us a bonus 14th question. The minutes from this event will be made available on our website soon. Overall, it was a great event that provided us with some good suggestions on how we can better serve the Groups on the Portland Westside.

WCO continues to offer some great opportunities for A.A. members to practice their 12th Step! To see the current list of service opportunities, visit www.westsidecentraloffice.com and click on the *Help Wanted* link.

AA Group Sound Off!

Top of the Hill Group

This is an open meeting of A.A. that meets each Monday, 7:30pm, at St. James Episcopal Church (11511 SW Bull Mountain RD, Tigard, OR 97224).

The men of Top of the Hill Group host a men's treatment center A.A. meeting each Wednesday from 7pm-8pm at the Tigard Recovery Center (10362 SW McDonald ST, Portland, OR 97224). A.A. men are needed to help carry A.A.'s message of hope at this meeting. Contact Allan F at 971-246-6346, Robert at 503-349-0714, or Dennis at 503-969-5861 for more information.

(See page 5 to learn how to list your group news in this section)

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** – 800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.
- **October 2011** – The Westside Central Office establishes an A.A. telephone hotline (503-684-0415).
- **October 2012 –** The Westside Central Office begins publishing this newsletter, *Into Action!*

Upcoming Events

October 21, 2018 – Old Timers' Fall Meeting, 2pm, Milwaukie Center (5440 Kellogg Creek DR, Milwaukie, OR 97222). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

October 27, 2018 – A.A. District 31 Halloween Party, 7pm-12am, First Congregational Church (494 E Main ST, Hillsboro, OR 97123). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

November 5, 2018 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

November 15, 2018 – Bingo Fundraiser for the 2019 Columbia River Round-Up, 7pm-9pm, Portland Alano Club (909 NW 24th AVE, Portland, OR 97210). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

November 16-18, 2018 – Oregon Area 58 November Quarterly Assembly, Josephine County Fairgrounds (1451 Fairgrounds Rd, Grants Pass, OR 97527). More information is available at https://www.aa-oregon.org/events/november-2018-oregon-area-58-service-assembly/.

November 30 - December 2, 2018 – Oregon State Young People in A.A. (OSYPAA) 6 Conference, Double Tree by Hilton (1000 NE Multnomah ST, Portland, OR 97232). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225 We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Learning daily to spot, admit, and correct [our] flaws is the essence of [Step Ten]."

(Reprinted from Twelve Steps and Twelve Traditions, page 95, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

AA Group Sound Off!

Does your home group have news it wishes to share with the fellowship?

Any group events, milestones, format changes, or AA birthdays of home group members?

Or do you just want to put in a plug for your home group?

If so, send us your group news and we will publish it in an upcoming issue of WCO's newsletter, Into Action!

Email group updates to:
newsletter@westsidecentraloffice.com