Into Action!

Westside Central Office

February 2019 - Volume 7 - Number 5

What's Happening at the WCO?

On February 6th, the Westside Central Office celebrated its 9th year anniversary! Thank you everyone for your continued support of WCO! For those interested in reading about our journey to nine years, check out *A Brief History on Westside Central Office* at www.westsidecentraloffice.com/about-2/a-brief-history-on-west-side-central-office/.

We were having a mild Winter until this month. February reminded us that Winter was far from over. Our office was closed on February 9th due to weather and our business meeting was held on February 11th instead of the 4th due to weather.

Whenever there is questionable weather outside, please check our website (www.westsidecentraloffice.com) for the latest information on our office hours and business meetings.

In last month's newsletter, we reported that we approved a motion to hold a Sponsorship Workshop. That report was not accurate since the motion was tabled until the March business meeting. However, the committee that proposed the idea continues to plan the event in anticipation of its approval. We hope to hold the event on a Saturday in April. More information will be available soon.

Our CPC Chair, Jeremy, contacted the Community Warehouse in Tualatin to see if they would like an A.A. presentation.

Our Outreach Chair, Bailey, continues to make announcements on WCO at area meetings. He hopes to visit more meetings outside the Beaverton and Lake Oswego areas soon. If your Group or District would like a presentation on WCO, then please contact Bailey at outreach@westsidecentraloffice.com.

Our Treatment Facilities Chair, Allan, is seeking out Big Book donations for patients at Treatment Facilities. He also hopes to work with his counterpart at Portland Area Intergroup on some projects. Allan can be reached at tf@westsidecentraloffice.com.

Are you available one Saturday a month from 12noon to 4pm? Do you have at least 2 years of sobriety? If so, please consider joining our office volunteer committee. The position opens and closes our office on a Saturday and sells AA literature to anyone who stops by the office. Contact info@westsidecentraloffice.com for more information.

You can view our other service position openings at www.westsidecentraloffice.com.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 10220 SW Park Way Portland, OR 97225. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "What's on your Mind?" This issue features A.A. members' thoughts on everything A.A. To subscribe, visit www.aagrapevine.org .

The Grapevine is now accepting stories for "the annual "Young and Sober" issue (due March 10, 2019); "Accessibilities" (due April 10, 2019); and "Sober Holidays and Remote Communities" (due June 10, 2019). Visit www.aagrapevine.org/contribute to submit your story.

This Month in A.A. History

- **February 1938** – Frank Amos, friend of John D. Rockefeller, Jr. assesses the Akron Group and explores the possibility of opening a small hospital for alcoholics. Amos recommends that Rockefeller donate $50,000 for the hospital, but Rockefeller refuses stating that the fellowship should be self-supporting. The philanthropist does donate $5,000 toward Bill and Dr. Bob's basic needs.
- **February 1940** – First A.A. World Service Office opens on Vesey Street in New York City.
- **February 1940** – First A.A. Clubhouse opens at 334 ½ West 24th Street in New York City.
- **February 8, 1940** – The A.A. Co-founders and some early members attend a dinner party put on by John D. Rockefeller Jr. It's at this meeting that Rockefeller informs Bill, Bob, and the early members that he feels A.A. should be self-supporting as far as money is concerned. This stance by Rockefeller would later form the basis of A.A.'s 7th Tradition.
- **February 14, 1971** – A.A. groups around the world hold memorial meetings honoring Bill's work as Co-founder of A.A. Bill died on January 24, 1971.
- **February 1993** – In a textbook example of country-to-country sponsorship, A.A. Mexico succeeds in getting Cuba's first group going. The Cuban Government had previously outlawed A.A. But after A.A. Mexico informed the Cuban Government of how A.A.'s program of recovery works, the government changed its mind and welcomed the Fellowship. By the end of 2004, some 200 groups have formed in Cuba.
- **February 6, 2010 –** The Westside Central Office is founded.

Upcoming Events

March 4, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way Portland, OR 97225). More information is available at www.westsidecentraloffice.com/map/#business.

March 18, 2019 – Top of the Hill Group's 50 Year Founders Day Celebration, 7:00pm – 8:30pm, St. James Episcopal Church (11511 SW Bull Mountain RD, Tigard, OR 97224). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now."

(Reprinted from Twelve Steps and Twelve Traditions, page 27, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.