Into Action!

Westside Central Office

April 2019 - Volume 7 - Number 7

What's Happening at the WCO?

On April 20th, WCO and Districts 10 and 31 hosted a Sponsorship Workshop at Sonrise Church in Hillsboro. We had 35 to 40 people in attendance. Many thanks to our speakers, Dan L, Marianne T, Rand A, and Karen H! Topics included sponsoring men, women, young people and service sponsorship. Lots of great questions were asked by our attendees too.

Oregon Area 58 Archives brought a great A.A. Historical Display to our event. We also had displays by our Outreach and Treatment Facilities Committees. Allan F, our Treatment Facilities Chair, collected Big Book donations for treatment facility patients. Bailey P, our Outreach Chair, provided information on WCO and signed up some new subscribers to our newsletter. We would also like to thank the committee for putting on this event: Carla M (WCO), Dawn W (District 31), Mark L (WCO), and Robert C (District 10).

If you have feedback on the Sponsorship Workshop or a suggestion for a future workshop, then please email us at info@westsidecentraloffice.com. Also email us if you would like to help host future workshops/activities.

When you visit our office, you will notice the new pamphlet display on the back wall. Many thanks to WCO Volunteer, Renee K, for donating the new pamphlet holders. Customers will now have an easier time seeing which pamphlets we have in stock.

At our April 1st business meeting, we elected Lindsay C to our recording secretary position. Thank you, Lindsay for your service!

We also had every seat filled at our business meeting this month. Our apologies to those who had to sit in the hallway during our business meeting. We plan to add a few more chairs in our office at the next business meeting. So, we hope to see everyone again at our office on May 6th. If we continue to run out of chairs, we will investigate hosting our business meeting at a larger facility.

It's that time again to update our printed meeting schedule. We hope to publish a Spring 2019 meeting schedule sometime in May. Please check your Group's meeting information by visiting our website, www.westsidecentraloffice.com. If you need to add/update meeting information, then click on the *Add/Update Meeting Information* link on our website.

Our office will be closed on Saturday, May 25th in observance of Memorial Day.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office at 10220 SW Park Way, Portland, OR 97225 (inside Cedar Hills Shopping Center). A map to our office is available at http://westsidecentraloffice.com/map/

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 22, 1946:** First A.A. Group in Astoria, Oregon is established.
- **April 29, 1946:** First A.A. Group in Salem, Oregon takes shape.
- **April 3, 1949:** The first *open to the public* meeting of A.A. in Eugene, Oregon is held.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1960:** First Alateen group in Salem, Oregon is started.
- **April 5, 1961:** First A.A. meeting at Dammasch State Hospital (Wilsonville, Oregon) is held.
- **April 1970:** G.S.O. moves its headquaters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

May 3-5, 2019 – The 44th Annual Rogue Roundup. 1451 Fairgrounds Rd, Grants Pass, OR 97527 (Josephine County Fairgrounds). More information is available at http://www.rogueroundup.com.

May 6, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

May 17-19, 2019 – Oregon Area 58 Service Assembly. Shilo Inns Klamath Falls (2500 Almond St, Klamath Falls, OR 97601). More information is available at http://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

LEAP INTO SERVICE

…and enhance your sobriety!
All it takes is a little time and energy.

See pages 4 & 5 for more details!

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Step Four is "… the first *tangible* evidence of our complete willingness to move forward."

(Reprinted from Twelve Steps and Twelve Traditions, page 54, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Become an A.A. Service Office Volunteer!

Westside Central Office is seeking A.A.s to volunteer at our facility one Saturday a month from 12noon to 4pm.

Duties include:

- **Opening/Closing the Office**
- **Selling A.A. Literature**
- **Answering the Office Telephone**
- **Provide information on A.A. for anyone who stops by the office**

2 or more years of sobriety is suggested. For more information or to apply, email info@westsidecentraloffice.com or call us at 503-684-0415 (menu option 0).