Into Action!

Westside Central Office

May 2019 – Volume 7 – Number 8

What's Happening at the WCO?

The next edition of our printed meeting schedule has been delayed until early June. We apologize for the delay. If you have not already done so, please double check that your group's meeting information is correct by visiting our website, www.westsidecentraloffice.com. You can add/update your meeting information at the following link: www.westsidecentraloffice.com/meetings/add update-meeting-information/.

Our Treatment Facilities Chair, Allan F, reports that they added a Friday, 7pm to 8pm, AA meeting at the Tigard Recovery Center's detox facility. Both male and female AAs are needed to help carry AA's message at this meeting. Allan also reports that there is another opportunity for carrying AA's message at Cedar Hills Hospital. If you are interested in helping out at any of these meetings, then contact Allan at tf@westsidecentraloffice.com.

Our Outreach Chair, Bailey, continues to visit Groups and inform them about the services and 12th Step Opportunities at WCO. If your Group or District would like to learn more about WCO, then consider inviting Bailey to your meeting. You can contact Bailey at outreach@westsidecentraloffice.com.

As we promised last month, we had more chairs set up in our May 6th Business Meeting. Everyone who attended had a chair in our office. We will continue to monitor our attendance and look for an alternate meeting location if/when we exceed our current capacity.

At this month's business meeting, we approved a motion to Co-host a Twelve Traditions Workshop with AA District 10 in either September or October. This prompted Tami R to stand for and get elected to WCO's Activities Chair position. Thank you, Tami R, for your service! If you are interested in helping out with Activities, then contact Tami R at activities@westsidecentraloffice.com.

WCO also approved a motion to donate a gift basket to a fundraiser for this year's Pacific Northwest Conference (PNC). The gift basket includes various AA Conference Approved Literature. See the *Upcoming Events* section on page 3 for more information on PNC.

Our Cooperation with the Professional Community (CPC) Chair stepped down this month for personal reasons. This position is now open again. Please help spread the word on this and our other open service positions. A list of open service positions is available by visiting our website and clicking on the *Help Wanted* link.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 10220 SW Park Way Portland, OR 97225. A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Upcoming Events

June 3, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

June 21-23, 2019 – Pacific Northwest Conference. Holiday Inn Portland Airport (8439 NE Columbia Blvd, Portland, OR 97220). More information is available at www.pnc1948.org.

July 4-7, 2019 – 42nd Annual Summerfest. The Eugene Hotel (66 E 6th Ave Eugene, OR 97401). More information is available at aa-summerfest.org/.

July 7, 2019 – District 31 Annual Picnic & Potluck. Shadywood Park (535 NE 24th AVE, Hillsboro, OR). More information is available at www.westsidecentraloffice.com/events/aa-announcements/.

July 27, 2019 – Top of the Hill Group Annual Speaker Meeting with AA, Al-Anon, and Alateen. 6:30pm – 9:00pm. St. James Episcopal Church (1511 SW Bull Mountain RD, Tigard, OR 97224). More information is available at www.westsidecentraloffice.com/events/aa-announcements/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.