Into Action!

Westside Central Office

June 2019 – Volume 7 – Number 9

What's Happening at the WCO?

WCO's Summer 2019 printed meeting schedule is now available at our office. Meeting schedules are free, however, a 50 cents per schedule donation is appreciated.

Our Activities Chair, Tami R, is soliciting ideas for WCO sponsored workshops/activities. If there's a workshop or event that you would like WCO to host or co-host, then contact Tami at activities@westsidecentraloffice.com. The Activities Committee is planning to co-host a Traditions Workshop with A.A. Districts 10 and 36. No date has been set yet, but the planning committee is considering holding it in October.

Bailey P, WCO's Outreach Chair, has been visiting meetings in the Tualatin area. He has been announcing our service position openings and has been passing out our literature price sheet. If your Group or District would like to learn more about WCO, consider inviting Bailey to your Group's Business meeting. You can contact Bailey at outreach@westsidecentraloffice.com.

Allan F, WCO's Treatment Facilities (TF) Chair, is working with his counterpart at Portland Area Intergroup on a list of all Treatment Facilities in the Portland metro area. The TF Committee continues to assist at the Tigard Recovery Center and Cedar Hills Hospital. They can use more women volunteers for a commitment at Cedar Hills Hospital. Women who are interested in carrying A.A.'s message at Cedar Hills Hospital can contact Allan at tf@westsidecentraloffice.com.

To learn how you can get involved with WCO, visit our website and click on the *Help Wanted* link.

G.S.O. News

In 2018, the General Service Office (G.S.O.) provided services to 1,418,177 A.A. members at a cost of $11,426,835. That's $8.06 per A.A. member for the whole year! If every member contributed $8.06 this year, it would support all the services G.S.O. provides to all groups, this year! Therefore, Oregon Area 58 is challenging its members to send in at least $8.06 to G.S.O. on August 6th or 8/6. A flyer that describes this event is on page 5 of this newsletter. Please share it with other A.A. members.

Every five years since 1950, A.A.'s International Convention is held in a U.S. or Canadian city. In 2020, A.A. will be 85 years old and the International Convention will be held in Detroit, Michigan. According to the Detroit Convention Bureau, the expected 50,000+ attendees will be the largest convention the city has ever hosted.

The convention's theme is "Love and Tolerance is Our Code". Detroit's Cobo Center will house the many panels, regional meetings, marathon meetings, and topic meetings that cover such subjects as "Came to Believe", "Healing through Laughter", "Tolerance and Trust", etc.

Registration forms will be mailed to all GSRs and Central Offices in August. WCO will have them available for pickup as soon as we receive them. Online registration opens September 9th at www.aa.org. The convention costs $115 per attendee before April 15, 2020 and $140 after April 15th. Check www.aa.org for updates.

Want this newsletter emailed to you each month? To subscribe, please visit westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on Saturdays from 12noon-4pm at our office located at 10220 SW Park Portland, OR 97225 (inside Cedar Hills Shopping Center). A map to our office is available at http://westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **Summer, 1934 –** Dr. William D. Silkworth pronounces Bill W a hopeless alcoholic.
- **June 10, 1935** – Dr. Bob has his last drink. Alcoholics Anonymous is founded.
- **June 1941** – *The Serenity Prayer* is published in the New York Herald Tribune. A.A. members in New York and elsewhere all immediately feel the prayer's relevancy to A.A.'s principles. Soon the prayer is printed on cards and passed out to A.A. members everywhere.
- **June 1944** – The *AA Grapevine* begins publishing. 1200 copies of the first edition are sent out to 165 subscribers.
- **June 1947** – *The A.A. Preamble* first appears in the June 1947 edition of the AA Grapevine.
- **Summer 1948** – Dr. Bob learns he has terminal cancer, leading him to shut down his office and retire from his medical practice.
- **June 1949** – After forming in May 1949, the first regular election of officers for the Portland Central Office (renamed the Portland Intergroup in 1962) is held. Jerry Mc was elected chairman and May S was elected secretary.
- **June 17, 1949** – The first A.A. meeting in Klamath Falls, Oregon is held.
- **June 1953** – The book *Twelve Steps and Twelve Traditions* is published.
- **June 1978** – AA Grapevine's circulation reaches 100,000.
- **June 2004** – AA Grapevine achieves 60 years of continuous publication. Grapevine is now 64-page magazine with over 110,000 subscribers worldwide.
- **June 2014** – AA Grapevine celebrates 70 years as AA's meeting in print!

Upcoming Events

July 1, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way Portland, OR 97225).

July 4-7, 2019 – 42nd Annual Summerfest. The Eugene Hotel (66 E 6th Ave Eugene, OR 97401). More information is available at aa-summerfest.org/.

July 7, 2019 – District 31 Annual Picnic & Potluck. Shadywood Park (535 NE 24th AVE, Hillsboro, OR). More information is available at www.westsidecentraloffice.com/events/aa-announcements/.

July 27, 2019 – "Our Singleness of Purpose" A.A. Workshop on Traditions 3, 5, and 6. 12noon - 3pm. St. Helen's Hall Fireside Room at Trinity Episcopal Church (469 NW Wall ST, Bend, OR 97701). More information is available at http://coigaa.org/singleness-of-purpose-workshop/.

July 29, 2019 – Top of the Hill Group Annual Speaker Meeting with AA, Al-Anon, and Alateen. 6:30pm – 9:00pm. St. James Episcopal Church (1511 SW Bull Mountain RD, Tigard, OR 97224). More information is available at www.westsidecentraloffice.com/events/aa-announcements/

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To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225 (inside Cedar Hills Shopping Center). We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…we then look at Step Six. We have emphasized willingness as being indispensable."

(Reprinted from Alcoholics Anonymous, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Area CHALLENGE August 6, 2019

2018

Number of Members 1,418,177

GSO Services Cost $11,426,835

$8.06 per member per year

- Pass a special basket in every group –

- Every member contributes $8.06 on or before 8/6 –

- Groups send contributions to GSB after 8/6 -**

- Areas could cover *their own share* of GSO Services for one year – *contributions can be made online at aa.org*

$8.06 on 8/6 !!

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**General Service Office
PO Box 459
Grand Central Station
New York NY 10163-0459

GROUP NAME/NUMBER_____
or
MEMBER NAME _____

ADDRESS _____

_____

Amount $_____ 2019 Contribution for $8.06 on 8/6 CHALLENGE**

Created by Oregon Area 58 May 2019