Into Action!

Westside Central Office

October 2019 - Volume 8 - Number 1

What's Happening at the WCO?

Another volume of our newsletter is in the books. Welcome to Volume 8! As we embark on a new volume, we would love to find others interested in writing about our fellowship. If you're interested in contributing, or better yet, being a part of the newsletter committee, contact us at newsletter@westsidecentraloffice.com.

At our October 7, 2019 business meeting, we elected John P to our Corrections Committee Chair. Congratulations John! If you're interested in getting involved with carrying AA's message to those behind bars, call/text John at 503-442-7998.

At the November business meeting, the Finance Committee will pass out WCO's proposed budget for next year. We typically discuss the budget at the November business meeting and vote on it at the December WCO business meeting.

The I.T. Committee is looking for another member to help with the website. We would like to upgrade our website to a new server in the next month or two. Experience with websites is helpful for the service position. Contact info@westsidecentraloffice.com for more information.

WCO is also looking for someone to assist us in revising our meeting schedule. We can either use someone to enter new meeting information into our database and/or revise our printed meeting schedule. Interested individuals can contact us at info@westsidecentraloffice.com.

WCO has an opening for another office volunteer for one Saturday a month from 12noon to 4pm. Volunteers help carry AA's message at our office by providing AA literature and information to the general public. Two or more years of sobriety is suggested. Contact info@westisdecentaloffice.com for more information.

Our current office lease expires at the end of November. As we indicated in previous newsletters, the property we are leasing is up for sale. There is a potential buyer who would like to redevelop the property. Our current landlord is allowing us to exercise a month-to-month lease after November. If the sale goes through, we should have plenty of time to find a new location. Redevelopment of our present location is expected to be the last phase of a three-phase project.

WCO continues to offer some great opportunities for A.A. members to practice their 12th Step! Page 4 of this newsletter has a list Committees that you can join. You can also see the current list of service opportunities by visiting www.westsidecentraloffice.com and clicking on the *Help Wanted* link.

Want this newsletter emailed to you each month? Then subscribe today by visiting https://westsidecentraloffice.com/newsletter/

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** – 800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.
- **October 2011** – The Westside Central Office establishes an A.A. telephone hotline (503-684-0415).
- **October 2012 –** The Westside Central Office begins publishing this newsletter, *Into Action!*

Upcoming Events

November 4, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

November 9, 2019 – AA District 37 Gratitude Speaker Meeting Potluck and Raffle, 6:30pm to 9:00pm. Meridian Church of Christ (6750 Boeckman RD, Wilsonville, OR). More information is available at https://westsidecentraloffice.com/events/aa-announcements/

November 15-17, 2019 – Oregon Area 58 November Quarterly Assembly, Monarch Hotel (12566 SE 93rd Ave, Clackamas, OR 97015). More information is available at https://www.aa-oregon.org/upcoming-assemblies/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is AA's meeting in print. The current issue features the editor's favorite stories from past issues of the Grapevine. To subscribe, visit www.aagrapevine.org.

The Grapevine is also accepting submissions for the following upcoming issues: "Getting Introduced to General Service" (stories due 11/15/19), AA Around the World (stories due 1/15/20), Sober and Out – LGBTQ+ (stories due 2/15/20). Visit www.grapevine.org/contribute to submit your story.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225 We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Learning daily to spot, admit, and correct [our] flaws is the essence of [Step Ten]."

(Reprinted from Twelve Steps and Twelve Traditions, page 95, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

AA Group Sound Off!

Does your home group have news it wishes to share with the fellowship?

Any group events, milestones, format changes, or AA birthdays of home group members?

Or do you just want to put in a plug for your home group?

If so, send us your group news and we will publish it in an upcoming issue of WCO's newsletter, Into Action!

Email group updates to:
newsletter@westsidecentraloffice.com