Into Action!

Westside Central Office

November 2019 - Volume 8 - Number 2

What's Happening at the WCO?

We hope you all had a safe, sober, and wonderful Thanksgiving! We will be closed Saturday, November 30, 2019 in observance of Thanksgiving.

This month marks our 2-year anniversary at the Cedar Hills Shopping Center location. As we have indicated in the last few newsletters, the Cedar Hills Shopping Center is for sale. The city of Beaverton approved the redevelopment plan last month. The sale is now expected to close in December. We exercised the third-year option in our lease this month. We had hoped to sign a new month-to-month lease. However, our landlord could only offer us the third-year lease option due to the pending sale.

The first phase of the development begins next Spring. The redevelopment of the Shopping Center is the third phase of the project. Therefore, we should not have a problem staying at our present location another year.

At the November 4th business meeting, the Finance Committee passed out the proposed budget for next year. This includes a rent budget that is a little higher than what we will pay at our current location. This additional budget amount will give us some flexibility if we choose to move before the end of the current lease. The money we save in the beginning can go towards buying out any remaining months of our old lease.

We hope to approve the 2020 budget at the December 2nd business meeting. You can view the proposed budget in this month's business meeting minutes.

The I.T. Committee was busy this month moving our website to a new web server. The old server was slow and was running some outdated software. The Committee also upgraded the website's theme so it can use the latest version of the new server's software.

Our online meeting schedule now carries all the Portland Westside A.A. meetings. Recall, that we originally would list a meeting if they explicitly asked us to list them. Volunteer, Wayne D, spent the last several months compiling a list of all the westside meetings. He accomplished this task by visiting the Westside District Meetings and asked if we could list them all in our meeting schedules. The online meeting schedule is now updated. We hope to provide a printed meeting schedule with all the meetings soon. The revision process may take a few months. We are planning to print a Winter meeting schedule in December. Therefore, the Winter 2020 schedule may not yet have all the westside meetings. To add/update a meeting in our schedule, please visit https://westsidecentraloffice.com/meetings2/addupdate-meeting-information.

Our Activities Chair, Tami R, is looking for A.A.'s who would like to act in a play based on A.A.'s 12 Traditions. She hopes to put on the play as part of

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Want this newsletter emailed to you each month? Then subscribe today by visiting www.westsidecentraloffice.com/newsletter/#subscribe.

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note forty sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance.
- **November 2012** – The first Spanish A.A. Public Service Announcement (PSA) produced by AAWS begins airing on Spanish TV. The PSA is titled "Tengo Esperanza" ("I Have Hope").
- **November 1, 2014** - The Westside Central Office begins offering open office hours on Saturdays from 12noon – 4pm. A.A. members and the general public can visit during open office hours to obtain information on A.A. and to purchase A.A. conference literature at cost.
- **November 18, 2017 –** WCO moves its office location to Cedar Hills Shopping Center.

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Traditions Workshop in Spring. She will need 6 actors and a director. Interested A.A.s can contact Tami at activities@westsidecentraloffice.com or by phone at 609-703-5880.

We are also happy to report that Tami will also serve as our new Outreach Chair. Tami can provide Groups and Districts information on the services that are available from WCO. Email outreach@westsidecentraloffice.com for more information.

WCO currently has an opening for an assistant webmaster. We also will soon have an opening for a treasurer. Interested candidates can contact us at info@westsidecentraloffice.com for more information. You can also view our service position openings by visiting our website and clicking on the *Help Wanted* link.

Upcoming Events

December 2, 2019 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Westside Central Office (10220 SW Park Way, Portland, OR 97225).

December 31, 2019 – Frog Pond Care Group New Year's Eve Party, 6pm – 12am. Meridian United Church of Christ (6750 SW Boeckman RD, Wilsonville, OR 97070). More information is available at https://westsidecentraloffice.com/events/aa-announcements/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way, Portland, OR 97225 (in Cedar Hills Shopping Center). We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The other Steps can keep most of us sober and … functioning. But Step Eleven can keep us growing."

(Reprinted from The Language of the Heart, page 240, with permission of AA Grapevine, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

AA Group Sound Off!

Does your home group have news it wishes to share with the fellowship?

Any group events, milestones, format changes, or AA birthdays of home group members?

Or do you just want to put in a plug for your home group?

If so, send us your group news and we will publish it in an upcoming issue of WCO's newsletter, Into Action!

Email group updates to:
newsletter@westsidecentraloffice.com

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.