

Into Action!

Westside Central Office

April 2021 - Volume 9 - Number 7

What's Happening at the WCO?

We are pleased to report that we are making progress with the formation of the 12th Step Hospital Visits Committee. You can now sign up to be a part of that committee by visiting our 12th Step Volunteer web page at <https://westsidecentraloffice.com/service/twelfth-step-calls>. We are still waiting for the state of Oregon to relax some restrictions with hospital visits. As soon as that happens, we will begin training our volunteers and visiting patients. If you already signed up, thank you! We will be in touch soon.

Page 5 of this newsletter has a flyer for the 12th Step Hospital Committee. Please share this flyer with your home group.

To assist our Cooperation with the Professional Community (CPC) and 12th Step Committees on this project is our new Public Information (PI) Chair, Andrew W! We elected Andrew to the PI Chair at this month's business meeting. Thank Andrew, for your availability to serve!

The purpose of the PI Committee is to convey information on Alcoholics Anonymous to the public, including the media. By informing the public on what A.A. is (as well as what A.A. is not), we are able to reach alcoholics that may not otherwise know anything about A.A. Moreover, our public outreach may also plant a seed in someone that might one day need

our program.

PI Committees accomplish this goal by conducting activities that communicate A.A.'s primary purpose to the public. Some examples of PI activities include: A.A. presentations to students at area middle and high schools, placing A.A. ads in local newspapers, distribute meeting schedules to area motels and hotels, make sure public libraries have Big Books available for check out, and produce Public Service Announcement (PSA) ads about A.A. for radio, TV, and/or social media.

If any of these activities interest you, then consider getting involved with the PI Committee. You can contact Andrew at pi@westsidecentraloffice.com for more information.

A.A.W.S. announced that it is launching a 5-month test pilot for reduced literature shipping charges. The pilot program will run from May 17, 2021 through October 18, 2021.

During this time frame, orders under \$25 will incur a \$5 shipping charge, \$25-\$50 will cost \$7 to ship, shipping is 12% of the total for orders of \$50-\$250, 10% of the total for
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orders \$250 to \$500, and free shipping for orders over \$500.

WCO plans to continue to sell literature at its cost to you thanks to the generous contributions of our Groups and members that cover our budgetary needs. If your Group is interested in piggy backing on an order with us to get free shipping, then email us at info@westsidecentraloffice.com.

There are still a few open positions at WCO. We hope some of you consider getting involved with us. Probably the easiest way to learn how you can help us carry A.A.'s message of hope is to attend our business meeting. We meet each first Monday of the month (except in September when it is held on the third Monday) from 7pm to 8pm. We currently meet online, so email info@westsidecentraloffice.com to receive an invitation. We look forward to seeing you at a business meeting soon!

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 22, 1946:** First A.A. Group in Astoria, Oregon is established.
- **April 29, 1946:** First A.A. Group in Salem, Oregon takes shape.
- **April 3, 1949:** The first *open to the public* meeting of A.A. in Eugene, Oregon is held.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1960:** First Alateen group in Salem, Oregon is started.
- **April 5, 1961:** First A.A. meeting at Dammasch State Hospital (Wilsonville, Oregon) is held.
- **April 1970:** G.S.O. moves its headquarters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

May 3, 2021 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for an invitation.

May 21-23, 2021 – Oregon Area 58 Service Assembly. The Assembly will be held online in lieu of a face-to-face assembly. More information is available at <https://www.aa-oregon.org/upcoming-assemblies/>.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Need Literature?

WCO sells A.A. Conference Approved Literature at its cost to you. Due to the COVID-19 pandemic, the WCO office is currently open by appointment only. You can request an appointment to purchase literature by emailing info@westsidecentraloffice.com.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, **online during the COVID-19 pandemic.** Email info@westsidecentraloffice.com for more information. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

Step Four is "... the first tangible evidence of our complete willingness to move forward."

(Reprinted from [Twelve Steps and Twelve Traditions](#), page 54, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to

public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffice.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

THE ORIGINAL 12TH STEP CALL



JUST LIKE BILL AND BOB DID

Westside Central Office is looking for 12th Step call volunteers to carry the message to patients at local hospitals.

Take your message of **“Having Had A Spiritual Awakening As The Result of These Steps”** to an alcoholic still suffering, just like Bill and Bob did in the beginning, to continue our legacy of attraction.

Go to www.westsidecentraloffice.com/service/twelfth-step-calls , fill in the “Twelfth Step Call Committee Sign Up” to be added to the 12th Step call list.

For questions, concerns, or more information contact:

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