Into Action!

Westside Central Office

May 2021 – Volume 9 – Number 8

What's Happening at the WCO?

We are pleased by the interest to our 12th Step Hospital Visits opportunity. WCO is cooperating with St. Vincent's Hospital to bring visits by A.A. members to hospital patients who are members of A.A. or who would like to become members of A.A. We are still waiting for the state of Oregon to relax some hospital visitor restrictions before going live with this new Committee. In the meantime, you can still sign up to be a part of this committee. Moreover, our first training session for this committee is scheduled for June 16, 2021 from 7pm to 8pm. More information on the committee is available here and more information on the training session is available here. We also provide flyers for the committee and training session on pages 5 and 6 of this newsletter. Please share these flyers with your home group members.

At our May 3rd business meeting, we tabled two motions that would increase the Public Information (PI) Committee budget by $500 and the Cooperation with the Professional Community (CPC) Committee budget by $550. CPC's budget request is for purchasing literature for the 12th Step Hospital Visits activity. PI's budget request is for operating expenses through the end of the year. This includes getting subscriptions to Grapevine and La Vina for the Hospital Visits activity, committee literature purchases, and A.A. Public Service Announcement (PSA) ad purchases in the Pamplin Media E-newsletter.

As we reported in our March 2021 newsletter, we participated in a successful Pamplin Media PSA campaign earlier this year with the Area 58 PI-North Committee and Districts 9, 12, 15, 27, 31, and 37. We hope to continue this success at least one more time this year.

You can view these budget proposals in the May 2021 preliminary business meeting minutes. We will discuss and possibly approve the budget proposals at the June 7th WCO online business meeting. If your Group would like to be a part of the discussion, then please ask your Group to send a Group Representative to the June 7th business meeting at 7pm. You can request the Zoom link to our online business meeting by emailing info@westsidecentraloffice.com.

With the easing of COVID-19 restrictions, now is a great time to get involved with A.A. service committee work. Currently, our active committees are the 12th Step Call, CPC, Hotline, and PI Committees. We will soon need volunteers for Treatment Facilities (TF) and Corrections Committees. If these committees interest you, then feel free to let us know by emailing info@westsidecentraloffice.com.

We especially can use Chairpersons for the

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost. However, we are currently open by appointment only. You can request an appointment by clicking here or by emailing info@westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

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TF and Corrections committees. You can read more about the chair positions on our website or by emailing info@westsidecentraloffice.com.

We are also looking for a Treasurer. Anyone with Accounting experience or prior A.A. Group Treasurer Experience is qualified. Please Email us at info@westsidecentraloffice.com for more information.

A.A. Meeting Space Available

Good Neighbor Center is a Tigard-based nonprofit that serves families experiencing houselessness in Washington County. They were just chosen by the county to operate the former Aloha Inn (in Aloha, OR), as a shelter for adults without children who are attempting to get back into permanent housing.

They informed WCO that their facility includes two large private conference rooms. They are hoping that some English and Spanish A.A. meetings can be held in these conference rooms. If your Group is looking for a new location or if there are some individuals who are interested in forming a new A.A. in-person meeting, then this meeting space might meet fit the bill. You can obtain more information by contacting Pedro at (503) 443-6084 or by email at poliveira@goodneighborcenter.org.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225. We look forward to seeing your group's Co Rep there!

Upcoming Events

June 7, 2021 – Westside Central Office online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for the Zoom meeting link.

June 16, 2021 – A.A. Hospital Visits Volunteer Training. Online (Zoom) session. 7pm-8pm. See page 6 of this newsletter for more information.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

"When it comes to ego deflation, few Steps are harder to take than Five."
(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

THE ORIGINAL 12TH STEP CALL

JUST LIKE BILL AND BOB DID

Westside Central Office is looking for 12th Step call volunteers to carry the message to patients at local hospitals.

Take your message of **"Having Had A Spiritual Awakening As The Result of These Steps"** to an alcoholic still suffering, just like Bill and Bob did in the beginning, to continue our legacy of attraction.

Go to www.westsidecentraloffice.com/service/twelfth-step-calls , fill in the "Twelfth Step Call Committee Sign Up" to be added to the 12th Step call list.

For questions, concerns, or more information contact:
Andrew – westsidecentralofficepi@gmail.com
Scott C – westsidecentralofficecpc@gmail.com

Presented by - Westside Central Office
CPC North Chair - Joe S.
WCO PI Chair - Andrew W.
WCO CPC Chair - Scott C.
And guests from Providence St. Vincent's Behavioral Health Unit

Come join us as we present on the topic of how to share your experience, strength, and hope in person with patients at local hospitals who have a desire to stop drinking, as well as the specific procedures of 12-step calls at Providence St. Vincent's

You do not have to be a current volunteer to attend, but we'd love for you to sign up on the WCO 12-step call committee
https://westsidecentraloffice.com/service/twelfth-step-calls

Where?
Zoom - Meeting ID = 928-8274-0915
Passcode = 22514
When?
June 16th from 7pm to 8pm