Into Action!

Westside Central Office

June 2021 – Volume 9 – Number 9

What's Happening at the WCO?

Summer has arrived with bang! We hope everyone is staying cool during the unprecedented Heat Wave that we are currently experiencing.

It was one year ago this month that we announced the partial reopening of our bookstore. And it is fitting that this month also marks the end of Oregon's COVID-19 restrictions for everything except public transportation, medical facilities, and airports. These restrictions are set to end on June 30th.

With the reopening of Oregon, we expect most Groups will resume face-to-face meetings or hold hybrid meetings. If your home group is resuming face-to-face meetings, then please let us know so we can update our meeting schedule. There are three ways to update your Group's meeting information. The first method is to view your Group's meeting listing in our meeting schedule. Then click on the "Request a change to this listing" link. The second method is to complete the form on our Add/Update Meeting Information web page. The third method is to send us an email at info@westsidecentraloffice.com.

Of course, some of you are probably wondering how the reopening of Oregon affects WCO. We will continue to hold our monthly business meeting online. The online format works well, and it allows more people than what our office can hold to attend.

Masks will no longer be required by our volunteers and customers. We will still have some masks on hand for those who wish to wear one. We will continue to be open by appointment only in the short term so we can rebuild our volunteer staff numbers again. The appointments worked well, so we will continue to offer them. We hope to eventually offer both appointments and a time window on Saturdays for walk-ins. There are no immediate plans to resume cash payments. At least in the short term, we will continue to accept payments by credit card only.

If you are available on Saturdays to volunteer at WCO, then email info@westsidecentraloffice.com for more information. If you wish to request an appointment to purchase literature, then complete the form at https://westsidecentraloffice.com/literature or email info@westsidecentraloffice.com.

On June 16th, the Cooperation with the Professional Community (CPC) and the Public Information (PI) Committees held their first training session for the upcoming Hospital Peer Visitation activity. 19 people attended the training on the Zoom call including a social worker from St. Vincent's Hospital. The

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office located at 10220 SW Park Portland, OR 97225 (inside Cedar Hills Shopping Center). A map to our office is available at http://westsidecentraloffice.com/map/. We are open by appointment only. Email info@westsidecentraloffice.com to request an appointment.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **Summer, 1934 –** Dr. William D. Silkworth pronounces Bill W a hopeless alcoholic.
- **June 10, 1935** – Dr. Bob has his last drink. Alcoholics Anonymous is founded.
- **June 1941** – *The Serenity Prayer* is published in the New York Herald Tribune. A.A. members in New York and elsewhere all immediately feel the prayer's relevancy to A.A.'s principles. Soon the prayer is printed on cards and passed out to A.A. members everywhere.
- **June 1944** – The *AA Grapevine* begins publishing. 1200 copies of the first edition are sent out to 165 subscribers.
- **June 1947** – *The A.A. Preamble* first appears in the June 1947 edition of the AA Grapevine.
- **Summer 1948** – Dr. Bob learns he has terminal cancer, leading him to shut down his office and retire from his medical practice.
- **June 1949** – After forming in May 1949, the first regular election of officers for the Portland Central Office (renamed the Portland Intergroup in 1962) is held. Jerry Mc was elected chairman and May S was elected secretary.
- **June 17, 1949** – The first A.A. meeting in Klamath Falls, Oregon is held.
- **June 1953** – The book *Twelve Steps and Twelve Traditions* is published.
- **June 1978** – AA Grapevine's circulation reaches 100,000.
- **June 2004** – AA Grapevine achieves 60 years of continuous publication. Grapevine is now 64-page magazine with over 110,000 subscribers worldwide.
- **June 2014** – AA Grapevine celebrates 70 years as AA's meeting in print!

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training gave everyone Guidelines for performing this important 12th Step Work. The social worker gave the attendees an idea of what to expect from the patients as well as important hospital policy information. The CPC and PI Committees are planning more of these training sessions soon. Also, we still need more volunteers for this 12th Step Work. See the flyer on page 5 for more information.

The reopening of Oregon means that we will soon see a demand for A.A. in treatment facilities and correctional institutions again. Therefore, now would be great time to get WCO's Treatment Facilities and Corrections Committees active again. If this type of 12th Step Work interests you, then consider standing for the Chair position of one of these committees. You can visit our website at https://westsidecentraloffice.com/service or email us at info@westsidecentraloffice.com to learn more about these service opportunities.

Upcoming Events

July 5, 2021 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Meeting held online. Email info@westsidecentraloffice.com for online meting information.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held online during the COVID-19 pandemic. Email info@westsidecentraloffice.com to receive an invitation to our online business meeting. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"…we then look at Step Six. We have emphasized willingness as being indispensable."

(Reprinted from Alcoholics Anonymous, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

THE ORIGINAL 12TH STEP CALL

JUST LIKE BILL AND BOB DID

Westside Central Office is looking for 12th Step call volunteers to carry the message to patients at local hospitals.

Take your message of **"Having Had A Spiritual Awakening As The Result of These Steps"** to an alcoholic still suffering, just like Bill and Bob did in the beginning, to continue our legacy of attraction.

Go to www.westsidecentraloffice.com/service/twelfth-step-calls , fill in the "Twelfth Step Call Committee Sign Up" to be added to the 12th Step call list.

For questions, concerns, or more information contact:
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