Into Action!

Westside Central Office

July 2021 – Volume 9 – Number 10

What's Happening at the WCO?

WCO has seen an uptick in literature sales lately. This is likely due to more Groups resuming face-to-face meetings. One thing the Zoom meeting experience has taught us is how easy it can be to reach those who may not otherwise be able to attend a meeting. So, we hope Groups that are transitioning from Zoom to in-person meetings consider hosting both in-person and Zoom meetings; also known as Hybrid meetings. We are also not out of the woods yet with COVID-19, so hosting a Hybrid meeting allows Groups to go back to Zoom only meetings if lockdowns happen again.

Please review your Group's meeting information on our website and let us know if we need to update your Group's meeting information. You can update your Group information by visiting https://westsidecentraloffice.com/meetings2/addupdate-meeting-information.

WCO is open by appointment only, so contact us if you would like to stop by the office to purchase literature. We plan to resume some walk-in hours after we rebuild our volunteer numbers. Job duties for office volunteer include opening and closing the office, selling literature, and answering questions about A.A. to anyone who stops by the office. Two or more years of continuous sobriety is suggested. Contact us at info@westsidecentraloffice.com if you are interested.

The A.A. Peer Hospital Visitation Committee began its 12th Step work this month. To date, the committee has visited eight clients at St. Vincent's Hospital. Since this activity is a learning experience for everyone, most of the visits have been conducted by the Committee Chairs. After this initial trial run, the Committee Chairs will pass their experience onto the other committee members so they can participate in 12th Step Calls as well. Visit https://westsidecentraloffice.com/service/twelfth-step-calls to sign up to be a hospital 12th Step Volunteer.

Our Area 58 Public Information (PI) North Chair, Bonnie R, is putting together another A.A. Public Service Announcement (PSA) campaign in Pamplin Media's eBlast newsletter. She is planning to run ads in August, September, December, and January. WCO's PI Committee has contributed $200 for this effort. However, this campaign may need a little more financial support. This is an easy way for a Group or District to allocate some surplus funds that help carry the message to the alcoholic who still suffers. Contact Bonnie at pi-n@aa-oregon.org to learn how your Group or District can participate in this A.A. PSA campaign.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: www.westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on at our office located at 10220 SW Park Way Portland, OR 97225. Our office is currently open by appointment only. Email lit@westsidecentraloffice.com to request an appointment. A map to our office is available at www.westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **July 6, 1948** – Earl E, founder of the first A.A. meeting in Seaside Oregon has his last drink. Earl will attend meetings in Astoria before starting the meeting in his Seaside home in September of 1950.
- **July 1950** – The Twelve Traditions adopted by the fellowship at the First International Convention (Cleveland, Ohio).
- **July 1950** – At the request of some judges, a city jail committee is established by the Portland Oregon *Central Advisory Committee* (CAC). CAC changed its name to *Portland Intergroup* in 1962.
- **July 1955** – The 20th Anniversary International Convention is held in St. Louis.
- **July 1955** – The second edition of the Big Book is published.
- **July 3, 1955** – The St. Louis Convention culminates with Bill W officially handing leadership of A.A. over to the members.
- **July 1955** – Steve L. Loy, managing editor of La Grande Oregon's newspaper, "Evening Observer", attends a local A.A. meeting. A few days later, the newspaper runs a 600-word editorial on A.A. entitled "It Must Have Something". The editorial provides the residents of La Grande a clear picture of what A.A. is and what A.A. is not.
- **July 1, 2004** – The A.A. Grapevine Digital Archive is launched providing online access to sixty years of Grapevine content.
- **July 2012** – The participating groups of the Westside Central Office approve job descriptions and Guidelines for conducting elections and business.
- **July 13, 2017** - the Internal Revenue Service (IRS) classifies Westside Central Office as a public charity under Internal Revenue Code (IRC) 501(c)(3). Upon receiving this recognition from the IRS, the Westside Central Office completes the last major milestone of its formation.

Upcoming Events

August 2, 2021 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Held online. Email info@westsidecentraloffice.com for an invitation to join.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Grapevine News

The Grapevine is A.A.'s meeting in print. The August issue's special feature section is "Seniors in AA". It features stories about the joys and challenges of getting older in sobriety. The issue also has stories of hope by members during the current COVID-19 crisis. Visit www.aagrapevine.org to subscribe to the Grapevine.

The Grapevine is seeking contributions for the following upcoming issues: "Adversity in Sobriety" (due August 15, 2021), "Emotional Sobriety" (due September 15, 2021) ". Visit www.aagrapevine.org to submit your story.

On July 7th, the Grapevine and La Vina launched Instagram accounts. You can follow each publication on Instagram at the following accounts: **@alcoholicsanonymous_gv** and **@alcoholicosanonimos_lv**

The Grapevine is releasing a new book titled Prayer and Meditation in September. This book features powerful stories by members of Alcoholics Anonymous about the many ways they utilize prayer and meditation in their daily lives.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, ~~at the Westside Central Office, 10220 SW Park Way Portland, OR 97225~~ online during the COVID-19 pandemic. Email info@westsidecentaloffice.com for an invitation. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The Seventh Step is where we… move out from ourselves… and toward God."

(Reprinted from Twelve Steps and Twelve Traditions, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service-oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.