Into Action!

Westside Central Office

May 2022 – Volume 10 – Number 8

What's Happening at the WCO?

We continued to look for a new office this month. We were vetting one possible location, but someone leased it before we could make a final decision. That is one of the challenges for us in searching for an office in our price range. They get snatched up quickly.

We still have not heard any time frame for when we will have to move. The sale of our current location appears to still be pending and the developer continues to negotiate their proposed development with the city of Beaverton. We suspect we will have to move either by the end of this year or early next year.

Some of you have asked when we will resume walk-in office hours for literature purchases. We will probably not resume them until after we move. In the meantime, feel free to request an office appointment by visiting https://westsidecentraloffice.com/literature.

Two organizations have reached out to us for help this month. One is Tuality Hospital in Hillsboro and another is a retirement community.

We will provide Tuality Hospital with A.A. literature that will get distributed to alcoholic patients. They also expressed interest in having meetings brought in for their alcoholic patients as well. We currently do not have an active Treatment Facilities Committee, so for now, we have asked A.A. District 31 to assist since they have an active Treatment Facilities Committee. Please spread the word that we can use a volunteer Chairperson to lead our Treatment Facilities Committee. They can work with District 31 in providing help to the alcoholic who still suffers at Tuality Hospital. This volunteer should have at least 2 years of continuous sobriety. Their term would run through September. For more information, email info@westsidecentraloffice.com or attend one of our business meetings.

We hope to have more details on the service opportunity at the retirement community soon. It may also be an opportunity for a Treatment Facilities Committee, so hopefully we can get our Treatment Facilities Chair position filled soon.

In April, we learned that A.A. District 37 has been stocking area mini libraries with A.A. Literature. This is a great 12th Step idea! Perhaps other Groups or Districts will take on this task too.

Please see pages 4 and 5 of this newsletter for other ways to get involved with A.A.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost. However, we are currently open by appointment only. You can request an appointment by clicking here or by emailing info@westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Grapevine News

Grapevine
Current Issue Spotlight:

This month's featured section is "Stories by Longtimers!" Members share wonderful memories and experiences about living sober in AA for many years.

Submit Your Story for Upcoming Issues:

1. Remote Communities — Are you involved in Remote Community service? Tell us some stories. Do you have a difficult time getting to meetings yourself? Do you have a language or cultural barrier? Are you homebound? (stories due June 15, 2022)
2. Also: Sober Holidays! — Let's hear how you stay sober during the holidays! (stories due June 15, 2022)
3. Spirituality — Share your personal journey with Step Two. How did you find a Higher Power? Did you struggle with Step Two? What helped you? (stories due July 15, 2022)
4. Upcoming topics: Mid-Sobriety Challenges, What I Love about our Twelve & Twelve

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and write about your experience!) We're also looking for jokes!

Upcoming Events

June 6, 2022 – Westside Central Office online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for the Zoom meeting link.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225. We look forward to seeing your group's Co Rep there!

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

THE ORIGINAL 12TH STEP CALL

JUST LIKE BILL AND BOB DID

Westside Central Office is looking for 12th Step call volunteers to carry the message to patients at local hospitals.

Take your message of **"Having Had A Spiritual Awakening As The Result of These Steps"** to an alcoholic still suffering, just like Bill and Bob did in the beginning, to continue our legacy of attraction.

Go to www.westsidecentraloffice.com/service/twelfth-step-calls , fill in the "Twelfth Step Call Committee Sign Up" to be added to the 12th Step call list.

For questions, concerns, or more information contact:
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