# Into Action!

Westside Central Office

February 2023 - Volume 11 - Number 5

## What's Happening at the WCO?

On February 6th, WCO entered its teenage years by celebrating its 13th year anniversary! It has been an amazing journey so far. Thank you everyone for your generous support!

It was also two years ago that a social worker from St. Vincent's Hospital contacted us about connecting patients with members of A.A. This was what got the ball rolling with our now successful A.A. Support Call with patients at St. Vincent's and Portland Providence Hospitals. More information on the A.A. As we reported last month, members of the A.A. Support Call Committee have made over 200 12th Step Calls to hospital patients. Do you want to help us match or exceed that number in 2023? If so, join the A.A. Support Call Committee. More information can be found on page 6 of this newsletter.

Besides the A.A. Support Call Committee, we have many other service opportunities that we would love to fill. Page 7 of this newsletter provides a flyer that summarizes our service openings. Please help circulate this flyer as well as the A.A. Support Call flyer on page 6 of this newsletter.

You can also learn more about our other service opportunities, by visiting www.westsidecentraloffice.com, and click on the *Help Wanted* link.

Photo: aa.org, used with permission

*After the collapse of a business venture in Akron Ohio, Bill W was at a crossroads: Enter the Mayflower Hotel's bar or use the hotel's phone booth to find another alcoholic to work with. By the Grace of God, Bill chose the latter!*

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe



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## Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

## Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office located at 10220 SW Park Way Portland, OR 97225. We are currently open by appointment only. Visit https://westsidecentraloffice.com/literature to make an appointment.

***If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415***

## Grapevine News

**Grapevine**
**Current Issue Spotlight:**
This month's issue features "Get into Service!" AA members share experiences about getting involved in various kinds of AA service and then about how much joy it brings.

**Submit Your Story for Upcoming Issues:**
**1. Young & Sober (ICYPAA Celebrates 65 Years!)** — Did you come into AA at an early age? What was that like? What were the challenges? Do you go to Young People's AA (YPAA) meetings, dances and Conferences? How did that help you? Share! (stories due March 15)

**2. Mid-Sobriety Challenges —** Share about some challenges you've had after 8, 10, 20 years sober. Have you ever nearly relapsed? Did you ever stop going to meetings or disconnect from AA? Have you ever been a dry drunk? How did you get back on track? What helped you may help someone else. (stories due April 15, 2023)

**More upcoming topics:** Sober Holidays! & Remote Communities.

**Important:** We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!

## This Month in A.A. History

- **February 1938** – Frank Amos, friend of John D. Rockefeller, Jr. assesses the Akron Group and explores the possibility of opening a small hospital for alcoholics. Amos recommends that Rockefeller donate $50,000 for the hospital, but Rockefeller refuses stating that the fellowship should be self-supporting. The philanthropist does donate $5,000 toward Bill and Dr. Bob's basic needs.
- **February 1940** – First A.A. World Service Office opens on Vesey Street in New York City.
- **February 1940** – First A.A. Clubhouse opens at 334 ½ West 24th Street in New York City.
- **February 8, 1940** – The A.A. Co-founders and some early members attend a dinner party put on by John D. Rockefeller Jr. It's at this meeting that Rockefeller informs Bill, Bob, and the early members that he feels A.A. should be self-supporting as far as money is concerned. This stance by Rockefeller would later form the basis of A.A.'s 7th Tradition.
- **February 14, 1971** – A.A. groups around the world hold memorial meetings honoring Bill's work as Co-founder of A.A. Bill died on January 24, 1971.
- **February 1993** – In a textbook example of country-to-country sponsorship, A.A. Mexico succeeds in getting Cuba's first group going. The Cuban Government had previously outlawed A.A. But after A.A. Mexico informed the Cuban Government of how A.A.'s program of recovery works, the government changed its mind and welcomed the Fellowship. By the end of 2004, some 200 groups have formed in Cuba.
- **February 6, 2010 –** The Westside Central Office is founded.

# Upcoming Events

**March 6, 2023** – Westside Central Office Online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for an invitation to the online meeting.

**March 31, 2023 – April 2, 2023** – Oregon Area 58 Hybrid Service Assembly. More information is available at https://www.aa-oregon.org/upcoming-assemblies/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

## Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

## Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm. We currently meet online. Email info@westsidecentraloffice.com for an invitation to our business meeting.

## Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

**"…Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now."**

(Reprinted from Twelve Steps and Twelve Traditions, page 27, with permission of A.A. World Services, Inc.)

# Get Involved!

## *The Westside Central Office has the following 12th Step opportunities:*

**12th Step Calls –** Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

**A.A. Hotline -** Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

**Public Information –** Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

**Activities** – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

**Treatment Facilities –** Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

**Professionals –** Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

**Corrections –** Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

*Into Action!* is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

# Celebrating 13 Years of Service!

Westside Central Office

2/6/2010 - 2/6/2023

Thank you everyone for your support!

# THE ORIGINAL 12TH STEP CALL

# JUST LIKE BILL AND BOB DID

## 12th Step Call Volunteers are needed to carry A.A.'s message to patients at local hospitals

Take your message of **"Having Had A Spiritual Awakening As The Result of These Steps"** to an alcoholic still suffering, just like Bill and Bob did in the beginning, to continue our legacy of attraction.

**Scan the QR Code below or visit**
**https://westsidecentraloffice.com/service/twelfth-step-calls**
**for more information and to sign up for WCO's Hospital A.A. Support Call Committee.**

**Questions? Email Clayton D. at:**

**12stepchair@westsidecentraloffice.com**

# ARE YOU LOOKING FOR A SERVICE COMMITMENT?

Westside Central Office

Join one of the following committees today and help carry A.A.'s message to the alcoholic who still suffers!

- **Public Information Committee** (Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements).
- **Cooperation with the Professional Community Committee** (Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, clergy, etc. who come into contact with active alcoholics)
- **Treatment Facilities Committee** (Carries A.A.'s message to those in treatment facilities)
- **Corrections Committee** (Carries A.A.'s message to those behind bars)
- **12th Step Call Committee** (Carries A.A.'s message to individuals who wish to talk to someone about A.A.)
- **A.A. Hotline Committee** (Answers questions about Alcoholics Anonymous over the phone. You can volunteer for any day(s)/times(s) that fit your schedule)

## For more information, contact Scott C. at outreach@westsidecentraloffice.com or scan the QR code below:

**Attention A.A. Groups:**

Please send a Group Representative to Westside Central Office's business meeting held online each 1st Monday of the month (3rd Monday in September), 7:00pm at
https://zoom.us/j/96414732619
Meeting ID: 964 1473 2619
Meeting Passcode: 748804

**Our office is located inside Cedar Hills Shopping Center at:**
10220 SW Park Way
Portland, OR 97225-5010

We are currently open by **appointment only**. Visit westsidecentraloffice.com to schedule an appointment.