Into Action!

Westside Central Office

May 2023 – Volume 11 – Number 8

What's Happening at the WCO?

We continue to hear that the sale of our office location could close sometime this year. We still have not found a new office location yet. Thank you to those who have emailed us possible office locations. Please continue to help us look for a new office and email us any leads to info@westsidecentraoffice.com.

The next Pacific Northwest Conference (PNC) will be held June 23-25, 2023, at the Portland Airport Holiday Inn. The organizers of PNC have asked us to sell literature at this conference. We can use some volunteers to help sell literature at our booth. Please email us at info@westsidecentraloffice.com if you would like to help us sell literature at our booth at PNC.

Gaston, Oregon, a city in Washington County that is located between Forest Grove to the north and Yamhill to the south now has an A.A. Group. The Gaston Group meets Fridays, 7:00pm to 8:00pm, at the Wapato Valley Church, 212 Front Street, in Gaston. We are told that it is an open book study meeting.

Our A.A. Hotline had another busy month. We currently need some help answering calls during weekday hours, 8am to 5pm. Hotline calls are forwarded to your telephone. We schedule shifts by the day and hour, so you can volunteer for as many hours and days as you like. When you apply for a hotline shift, we provide you with training material that you can read before your first shift. Visit https://westsidecentraloffice.com/service/a-a-hotline to sign up for the A.A. Hotline Committee.

We also had a busy month with 12th Step Call Requests. Many of these requests were from newcomers wanting to talk over the phone to another alcoholic about A.A. and recovery from alcoholism. We also provide 12th Step Calls to hospital patients at St. Vincent and Portland Providence Hospitals. You can choose to volunteer for whichever type of 12th Step Call you like. Some just volunteer to call newcomers over the phone, and some choose to only call on hospital patients. Visit https://westsidecentraloffice.com/service/twelfth-step-calls to sign up for the 12th Step Call Committee.

We also have other great service opportunities available with carrying the A.A. message through our service committees such as Cooperation with the Professional Community, Public Information, Treatment Facilities, and Corrections. Check out page 4 of this newsletter or email us at info@westsidecentraloffice.com for more information on these committees. You can also view our current service position openings here.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost. However, we are currently open by appointment only. You can request an appointment by clicking here or by emailing info@westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

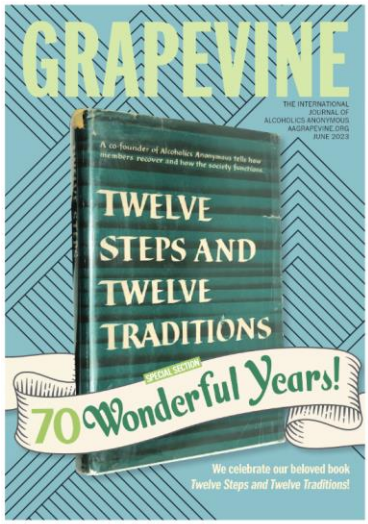
Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Grapevine News



Grapevine
Current Issue Spotlight:
To celebrate the 70th anniversary of our beloved book Twelve Steps and Twelve Traditions, the June Grapevine features wonderful stories and experiences by AA members about this book they love

Submit Your Story for Upcoming Issues:
Remote Communities Stories — Is it difficult to reach AA meetings where you live? Do you have a language or cultural barrier? Are you homebound? Are you involved in Remote Community service? (stories due June 15, 2023)
Sober Holidays! — What are the ways you stay sane and grateful during the holidays and New Year's? How do you navigate holiday parties and family gatherings? Share your best sober holiday stories! (stories due June 15, 2023)
Emotional Sobriety — Over time, how have you learned to use the tools of AA to gain serenity and peace? How has your life changed because of sobriety? (stories due July 15, 2023)

More upcoming topics: Sponsorship!…Why I Love the Big Book…In 2024, GV turns 80! Send us your best Grapevine memories!

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!

Upcoming Events

June 5, 2023 – Westside Central Office online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for the Zoom meeting link.

June 23 – 25, 2023 – Pacific Northwest Conference (PNC). Portland Airport Holiday Inn. Visit https://pnc1948.org/ for more information.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225. We look forward to seeing your group's Co Rep there!

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Westside Service Center
Father's day & founders day Celebration
Hosted by: Sunday Men's group of Alcoholics Anonymous
BBQ & Bingo
Saturday 1:30-4:30pmJune 17, 2023
•Hamburgers
•Hotdogs
•Soft drinks
•Salads and chips
•Bingo prizes
$1 per game- per board
multiple games + Blackout
•50¢ Cotton Candy
•50¢Snowcones
•Popcorn
Donations welcome upon entrance
12945 SW Beaverdam Rd,
Beaverton , Or.

Pacific Northwest Conference

A.A.'S THREE LEGACIES
OUR COMMON SOLUTION

JUNE 23-25, 2023
PORTLAND, OREGON
HOLIDAY INN, PORTLAND AIRPORT
RESERVATION CODE: PNC2023

www.PNC1948.org

AA
IN THE WOODS
CAMPOUT

JUL 31 - AUG 7, 2023

Beacon Rock State Park
- Group Campsite
2052 Kueffler Rd,
Stevenson, WA
GPS: 45.63, -122.03

AA IN THE WOODS
27th Annual Campout

MEETINGS & FELLOWSHIP

HIKES & ACTIVITIES

POTLUCKS & CAMPFIRE JAMS

SWIM & PADDLE SPORTS BEACH

Tent and RV sites, & bunkhouses available

$35/adult *(before 7/28/23)*
($40/adult at the campout)
kids camp for free!

Requested donation for non-campers: $10

Saturday Night Speaker:
Lowell Mac.- Beaverton, OR

Contact Gordon N at 206.731.9731
Paul K at 503.270.9060 or
Lura G at 971.678.3921
Email: info@aaitw.org

Details, maps & registration @
WWW.AAITW.ORG

A limited number of well-behaved dogs will be allowed at the campout this year for a $10 fee. Dogs must be registered in advance. See the website or contact us for requirements and complete details.