Into Action!

Westside Central Office

October 2023 - Volume 12 - Number 1

What's Happening at the WCO?

At our October business meeting, we elected Clayton M for another term as our 12th Step Call Chair. This is great news as we have seen an uptick in 12th Step Call requests so far this Fall. 12th Step Calls are a great way for us A.A.s to carry the message to the Alcoholic who still suffers. To learn more about the 12th Step Call Committee and to sign up, visit https://westsidecentraloffice.com/service/twelfth-step-calls.

Besides the 12th Step Call Committee, there are many other great opportunities available to help the still suffering alcoholic. And of course, 12th Step Work allows us to take out an additional insurance policy against taking a drink. So, look at our service openings on pages 6 and 7 of our newsletter to see how you can serve. Of course, if you are not available, then perhaps you have a sponsee or home group member who is available. Please share this information with them.

Our Finance Committee plans to present a proposed budget for next year. If you or your Group would like some input in how WCO plans to spend your 7th Tradition Contributions, then please attend our next business meeting, November 7th at 7pm, or email info@westsidecentraloffice.com. We are grateful for the generous contributions we have received from the Groups this year. We are even more grateful for suggestions on how to spend your 7th Tradition Contributions. The proposed budget will go back to Groups after the November 6th business meeting and voted on at the December 4th business meeting.

We have reported for some time the potential sale of our office location. The sale now appears to be moving forward. We are now being told that we probably will need to move in the Spring of next year. If you have any leads on a new office space in the Beaverton area, please email us at info@westsidecentraloffice.com.

Area 58 Cooperation with the Treatment Facilities North Chair, Chris H, visited our business meeting this month. He told us about the Bridging the Gap program. Bridging the Gap is a committee of A.A. volunteers who are available to help treatment facility clients make the transition to A.A. after they complete their treatment program. Now Oregon A.A.s have a simple online registration form to sign up as a temporary contact for Bridging the Gap.

Want this newsletter emailed to you each month? Then subscribe today by visiting https://westsidecentraloffice.com/newsletter/

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book*, or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** – 800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.
- **October 2011** – The Westside Central Office establishes an A.A. telephone hotline (503-684-0415).
- **October 2012 –** The Westside Central Office begins publishing this newsletter, *Into Action!*

Upcoming Events

November 6, 2023 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com to receive an invitation to the meeting.

November 17-19, 2023 – Oregon Area 58 November Quarterly Assembly. The in-person site is Holiday Inn Columbia Waterfront, 909 N Hayden Island DR, Portland, OR 97217. More information is available at https://www.aa-oregon.org/upcoming-assemblies/.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online. Email info@westsidecentraloffice.com for an invitation to the meeting. We look forward to seeing your group's Co Rep there!

Grapevine News

The Grapevine is A.A.'s meeting in print. This month's theme is "Gratitude" which features stories of AA members learning to be grateful. Visit www.aagrapevine.org to subscribe to the Grapevine.

The Grapevine will offer 20% off on all books and free holiday shipping on all its products from November 1st through December 31st. Visit www.aagrapevine.org for more information.

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"Learning daily to spot, admit, and correct [our] flaws is the essence of [Step Ten]."

(Reprinted from Twelve Steps and Twelve Traditions, page 95, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

AA Group Sound Off!

Does your home group have news it wishes to share with the fellowship?

Any group events, milestones, format changes, or AA birthdays of home group members?

Or do you just want to put in a plug for your home group?

If so, send us your group news and we will publish it in an upcoming issue of WCO's newsletter, Into Action!

Email group updates to:
newsletter@westsidecentraloffice.com

A.A. Service Opportunities at the Westside Central Office

The Westside Central Office (WCO), an A.A. Central/Intergroup Office serving the western Portland, Oregon metropolitan area, has the following service position opportunities:

Co-Chair – If Chair resigns or is unable to serve for any reason, the Co-Chair steps in and assumes Chair duties and responsibilities; records WCO business meeting minutes in absence of recording secretary (2 years continuous sobriety suggested, serves through September 30, 2024).

Treasurer – Prepares and submits to each business meeting WCO's financial statement which includes a summary of income, expenses, and budget balances. Some business/accounting experience is recommended. 4 or more years of continuous sobriety is suggested. The Treasurer is elected as a Board member and appointed by the Board. (4 years continuous sobriety suggested, serves through September 30, 2024).

Activities Chair - Brings suggestions for WCO-sponsored events to Co Reps for approval; Organizes volunteers to host activities; Finds the facilities to host activities; Prepares flyers for distribution to A.A. community for events (2 years continuous sobriety, serves through September 30, 2024).

A.A. Hotline Committee Chair - Maintains a calendar of individuals and groups willing to answer the WCO phone (2 years continuous sobriety suggested, serves through September 30, 2024).

Cooperation with the Professional Community Committee Chair - Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics (2 years continuous sobriety suggested, serves through September 30, 2024).

Corrections Committee Chair - Carries the A.A. message to alcoholics behind the walls of correctional institutions (2 years continuous sobriety suggested, serves through September 30, 2024).

Public Information Chair – Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements (2 years continuous sobriety suggested, serves through September 30, 2024).

Treatment Facilities Committee Chair - Contacts Treatment Centers and offers assistance in coordinating A.A. meetings and presentations at their facility (2 years continuous sobriety suggested, serves through September 30, 2024).

Newsletter Committee Chair - Publishes the Westside Central Office's monthly newsletter *Into Action!* (2 years continuous sobriety suggested, serves through September 30, 2024).

Office Volunteer Chair – Assists the Office Manager (or Board of Directors) with finding A.A.s to volunteer at the WCO facility (2 or more years continuous sobriety is suggested. Serves through September 30, 2024).

Office Manager – Manages the Westside Central Office and its volunteers. 5 or more years continuous sobriety is suggested. Serves through September 30, 2024.Note: Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com.

Assistant Office Manager –Assists the Office Manager in their duties. 3 or more years continuous sobriety is suggested. Serves through September 30, 2024. Note: Assistant Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com.

Individuals interested in these service positions are encouraged to attend the Westside Central Office business meeting. Additional information is available on our website, www.westsidecentraloffice.com, by emailing info@westsidecentraloffice.com, or by phone at 503-684-0415 (extension 0).