Into Action!

Westside Central Office

May 2024 – Volume 12 – Number 8

What's Happening at the WCO?

The A.A. Hospital Support Call Committee met with the new director of the Behavior Health Department at St. Vincent's Hospital. It turns out, there was a disconnect after the old director left St. Vincent's. The new director was not aware that our Hospital Support Call Commitment was continuing after the old director left. Some things we have learned is that the Hospital is fine with in person visits again. In fact, this past month we received 2 in-person visit requests and 3 over the phone requests.

We also learned that the A.A. Support Call is getting offered to patients, but only a fraction of them is accepting the invitation. The patients that declined the offer have either reported preconceived views of A.A. or they said they tried A.A. before and it did not work. Of course, our fellowship is not for everyone, but this is a good reminder of the importance of providing accurate information about A.A. to newcomers when they show up to our meetings.

WCO Chair, Andrew, also heard from a social worker in St. Vincent's Emergency Room. They are interested in exploring ways to integrate our A.A. Support Call Committee in the Emergency Room. Hopefully we can make it happen soon.

Twenty-two A.A. Groups were affected by West Side Service Center moving to a new location last month. Therefore, it is time to print new meeting schedules. We hope to have new meeting schedules available in mid-June. In the meantime, please verify your Group's meeting information in our meeting schedule by visiting https://westsidecentraloffice.com/meetings.

At this month's business meeting, we discussed providing Big Books to the Little Free Libraries in the area. A.A.s interested in participating, can download the Little Free Library phone app to see what Little Free Libraries are near you. If there are Little Free Libraries near you and you would like to volunteer to stock those libraries with Big Books, then please attend next month's business meeting. If there is enough interest, we will form an Ad-Hoc Committee to stock little libraries with free Big Books.

We also passed a motion to add Internet access to our office. Prior to this motion, volunteers would use their cell phone to complete literature sales. Thanks to the generous contributions of our Groups and our low rent, we now can afford a dedicated Internet connection at our office.

AAWS announced another price increase for certain pamphlets and pamphlet display racks this month. WCO will increase its prices as we replenish our stock.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost. However, we are currently open by appointment only. You can request an appointment by clicking here or by emailing info@westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Grapevine News

JUNE 2024

Happy Birthday Grapevine!

This month's issue is "Happy Birthday Grapevine!" To celebrate the magazine's 80th anniversary, this month we are featuring powerful stories by AA members about how much Grapevine has meant to them.

Read more about it at www.aagrapevine.org

Upcoming Events

June 3, 2024 – Westside Central Office online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for the Zoom meeting link.

June 21 – 23, 2024 – Pacific Northwest Conference (PNC). Red Lion Hotel Wenatchee, WA. Visit https://pnc1948.org/ for more information.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, at the Westside Central Office, 10220 SW Park Way Portland, OR 97225. We look forward to seeing your group's Co Rep there!

"When it comes to ego deflation, few Steps are harder to take than Five."

(Reprinted from Twelve Steps and Twelve Traditions, page 55, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

ROSE CITY GIRLSTOCK

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"…no middle-of-the-road solution."
Page 25, Alcoholics Anonymous

SPEAKERS
TBD

October 11th – 13th, 2024

Go to www.rosecitygirlstock.com for online and hotel registration!

Holiday Inn Portland South (HIPS)
25425 SW 95th Ave., Wilsonville, OR 97070
503-682-2211
Book your room from our website

$124-$134: Special Room Rates for the HIPS (per night plus tax) for single or double beds.
Offer expires September 20, 2024

$80: In-Person Registration Only
$150: In-Person Registration + Meals
(Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

$30: Online Only Registration
All prices above do not include processing fees

Registration Chair: Janet B.; **Co-Chair:** Carolyn A.
Email: rosecitygirlstock@gmail.com
RCGS Chair: MiQuelle D.: 512-751-6996
RCGS Co-Chair: Mary C.: 503-706-2122

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/ GAME NIGHT FREE TO ALL IN-PERSON REGISTRANTS

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!

SCAN ME

Pacific Northwest Conference
June 21 - 23 2024
Wenatchee, WA

Red Lion Hotel
1225 N. Wenatchee Ave, Wenatchee, WA

CONNECTING WITH LOVE, UNITY AND SERVICE

PORTLAND AREA INTERGROUP
ANNUAL PICNIC

Sunday, August 18, 2024 12–5pm

TICKETS & INFO:
https://pdxaa.org

RAFFLE PRIZES
GAMES + LIVE MUSIC
FELLOWSHIP AND FUN FOR THE WHOLE FAMILY!

BRING A DISH BY LAST NAME
HUGE POTLUCK
A-H: Fruit/Veg/Salad
I-N: Dessert
O-Z: Side Dish
BURGERS + HOT DOGS PROVIDED

SERVICE POSITIONS AVAILABLE
VOLUNTEER!
We need you to volunteer and donate raffle prizes!
Contact us with questions:
picnic@pdxaa.org

OAKS AMUSEMENT PARK
7805 SE Oaks Park Way, Portland, OR 97202
Free Admission, $5 Parking