Into Action!

Westside Central Office

June 2024 – Volume 12 – Number 9

What's Happening at the WCO?

The Hospital Support Call Committee met with a social worker in the Emergency Room at St. Vincent's Hospital. The social worker expressed interest in us expanding the Hospital Committee's 12th Step work into the E.R. The service will only encompass a 12th Step phone call since the stay of most E.R. patients is typically less than 4 hours.

The Hospital Support Call Committee had three 12th Step requests last month. They also reported that they need more volunteers who are available for in hospital visits too. Currently, the committee has 7 active male members and 2 active female members. Hospital Support Call Volunteers will receive training before their first service call. If you are available for 12th Step phone calls or in patient visits (for those have been admitted to the hospital), please sign up at https://westsidecentraloffice.com/service/twelfth-step-calls. You can also receive more information on this committee by emailing WCOAAsupportcall@westsidecentraloffice.com.

At our June business meeting, we established an Ad Hoc Committee to distribute soft cover Big Books to Little Free Libraries in our service area. The Ad Hoc Committee has started their activity. So far, one volunteer reported that one of the Big Books was claimed within a day or two of its placement inside a free library. The volunteer then replaced the Big Book for the next interested individual. The Ad Hoc Committee plans to distribute Big Books between now and September. If you are interested in helping with this activity, then email info@westsidecentealoffice.com.

We are still planning to provide new printed meeting schedules this Summer. We hope to publish the next printed schedule by the end of July. In the meantime, please check your Group's meeting information in our meeting schedule by visiting https://westsidecentraloffice.com/meetings. Updates can be made using the "Request a change to this listing" link found on each meeting page of our website or by completing the update form at https://westsidecentraloffice.com/meetings2/addupdate-meeting-information.

We can use some more help with our A.A. Hotline, especially weekday shifts, Monday through Friday 8am to 5pm. You can sign up for any day and any time that works for you. Visit https://westsidecentraloffice.com/service/a-a-hotline for more information and to sign up for the Hotline.

More service opportunities are available by clicking *Help Wanted* at westsidecentraloffice.com.

Want this newsletter emailed to you each month? To subscribe, please visit westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office located at 6950 SW Hampton ST #117, Tigard, OR 97223-8330. A map to our office is available at http://westsidecentraloffice.com/map/. We are open by appointment only. Email info@westsidecentraloffice.com to request an appointment.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **Summer, 1934 –** Dr. William D. Silkworth pronounces Bill W a hopeless alcoholic.
- **June 10, 1935** – Dr. Bob has his last drink. Alcoholics Anonymous is founded.
- **June 1941** – *The Serenity Prayer* is published in the New York Herald Tribune. A.A. members in New York and elsewhere all immediately feel the prayer's relevancy to A.A.'s principles. Soon the prayer is printed on cards and passed out to A.A. members everywhere.
- **June 1944** – The *AA Grapevine* begins publishing. 1200 copies of the first edition are sent out to 165 subscribers.
- **June 1947** – *The A.A. Preamble* first appears in the June 1947 edition of the AA Grapevine.
- **Summer 1948** – Dr. Bob learns he has terminal cancer, leading him to shut down his office and retire from his medical practice.
- **June 1949** – After forming in May 1949, the first regular election of officers for the Portland Central Office (renamed the Portland Intergroup in 1962) is held. Jerry Mc was elected chairman and May S was elected secretary.
- **June 17, 1949** – The first A.A. meeting in Klamath Falls, Oregon is held.
- **June 1953** – The book *Twelve Steps and Twelve Traditions* is published.
- **June 1978** – AA Grapevine's circulation reaches 100,000.
- **June 2004** – AA Grapevine achieves 60 years of continuous publication. Grapevine is now 64-page magazine with over 110,000 subscribers worldwide.
- **June 2014** – AA Grapevine celebrates 70 years as AA's meeting in print!

GRAPEVINE JULY 2024

Annual Prison Issue

This month is our "Annual Prison Issue." Members from inside and outside share powerful stories about getting and staying sober in prison

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held online. Email info@westsidecentraloffice.com to receive an invitation to our online business meeting. We look forward to seeing your group's Co Rep there!

Upcoming Events

June 29, 2024 – Hospitals Workshop - 10 am - 2 pm HYBRID. IN PERSON AT: 1805 Hill St SE Albany, OR.VIRTUAL ON ZOOM ZOOM ID: 863 0456 8177 PASSWORD: HOSPITALS

June 29, 2024 – District 31 Picnic & Potluck 11am – 2pm Shute Park 750 SE 8th Ave, Hillsboro, OR 97123

July 1, 2024 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Meeting held online. Email info@westsidecentraloffice.com for online meting information.

July 13, 2024 – Aloha Men's Return to Sainity Picnic & Potluck, 12pm – 5pm Hagg Lake, Sain Creek Pavilion.

July 13, 2024 – West Portland Group Speaker Meeting & Potluck 5:30 pm – 7 pm – Greater Portland Bible Church 2374 SW Vermont St Portland, OR 97219

September 9-15, 2024 – AA in the Woods Campout. Beacon Rock State Park, Stevenson, WA www.aaitw.com for more details.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

"…we then look at Step Six. We have emphasized willingness as being indispensable."

(Reprinted from Alcoholics Anonymous, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

JULY-13-2024

8TH ANNUAL

ALOHA MENS GROUP

FAMILY PICNIC,

OR

"RETURN TO SAINITY"

Noon to 5pm

BRING THE WHOLE FAMILY!

BRING A FRIEND!

This is an OPEN AA Event,

Burgers and Dogs provided

Family Fun

Swimming

Boating - Fishing

Games - Pot-luck

Speakers at 3:00

AA Speaker

TBD

Al-Anon Speaker

TBD

Kayak 50/50 Raffle

Raffle At 4:00

SCOGGINS VALLEY PARK
Sain Creek Pavilion
Picnic Area

Map on back

VOLUNTEERS WANTED AND NEEDED

Contact;
Bill B.
503-702-5671

West Portland Group AA Speaker Meeting
welcomes Jimmy D From Malibu, California!

Please join us before the meeting for an outdoor potluck and Fellowship. Children and families welcome!

The West Portland Group Fellowship Commitee will be grilling burgersand dogs!
Suggested donation $5. Includes burger or dog, potluck sides and a beverage.

July 13th, 2024
5:30-7PM
Church Grounds

Meeting starts at 7:30 PM
Greater Portland Bible Church
2374 SW Vermont St
Portland, OR 97219

In Lieu of donation sides are welcome.
The meeting at 7:30 does not allow children under the age of 12 due to church policy.

AA
IN THE WOODS
CAMPOUT

SEPTEMBER 9 - 15, 2024

Beacon Rock State Park
- Group Campsite
Stevenson, WA

End of Summer Campout!

AA IN THE WOODS

$35/adult *(in advance)*
($40/adult at the campout)

kids camp for free!

MEETINGS & FELLOWSHIP

HIKES & GAMES

POTLUCKS & CAMPFIRE JAMS

SWIM & PADDLE SPORTS BEACH

Saturday Night Speaker:
TBA

Contact Gordon N at 206.731.9731
Paul K at 503.270.9060 or
Lura G at 971.678.3921
Email: AAitWcampout@gmail.com

More details or register online at:
WWW.AAITW.ORG

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.