Into Action!

Westside Central Office

July 2024 – Volume 12 – Number 10

What's Happening at the WCO?

We are pleased to announce the election of Veronica to our Activities Chair position at this month's business meeting. If you have suggestions for activities that you would like to see WCO host, or if you would like to get involved with the Activities Committee, email Veronica at activities@westsidecentraloffice.com.

There is still time left to update your Group's meeting information for our next printed meeting schedule. The meeting schedule is now slated for a mid-August publication. Visit our online meeting schedule at https://westsidecentraloffice.com/meetings to check on your Group's meeting information. You can send us updates by clicking on the "Request a change to this listing" link on the meeting's page or email the change to info@westsidecentraloffice.com.

Our Ad Hoc Committee continues to distribute Big Books to Little Free Libraries in the area. We currently have 4 volunteers who are covering Aloha, Lake Oswego, Southwest Portland, and Tigard. There is still time to join our committee and distribute Big Books to Little Free Libraries near you. Email info@westsidecentraloffice.com if you are interested in joining this activity.

We updated our literature price list at the end of June. You can view our latest price list at https://westsidecentraloffice.com/wp-content/uploads/2024/06/wco-price-list-June-2024.pdf.

If you received this newsletter through email, then you were successfully added to our new email list. We outgrew our old email list and unfortunately, some of you were no longer receiving this newsletter. We moved to Google Groups for hosting our newsletter email list. Hopefully, we solved the "undelivered newsletter" problem for some of you. If you are subscribed, but no longer receiving this newsletter by email, then you may need to accept an invitation email to receive it. This is the case for non-Google email addresses. If you no longer wish to subscribe to this newsletter, follow the unsubscribe instructions at the bottom of the email that contains this newsletter or visit https://westsidecentraloffice.com/newsletter#unsubscribe. If you need further assistance with your newsletter subscription, email info@westsidecentraloffice.com.

Individuals looking for a rewarding service position should consider one of our vacant positions. A list of open positions is available at https://westsidecentraloffice.com/westside-central-office-service-opportunities-3. You can attend our business meeting or email us at info@westsidecentraloffice.com to learn more about these service positions.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: www.westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature on at our office located at 10220 SW Park Way Portland, OR 97225. Our office is currently open by appointment only. Email lit@westsidecentraloffice.com to request an appointment. A map to our office is available at www.westsidecentraloffice.com/map/

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **July 6, 1948** – Earl E, founder of the first A.A. meeting in Seaside Oregon has his last drink. Earl will attend meetings in Astoria before starting the meeting in his Seaside home in September of 1950.
- **July 1950** – The Twelve Traditions adopted by the fellowship at the First International Convention (Cleveland, Ohio).
- **July 1950** – At the request of some judges, a city jail committee is established by the Portland Oregon *Central Advisory Committee* (CAC). CAC changed its name to *Portland Intergroup* in 1962.
- **July 1955** – The 20th Anniversary International Convention is held in St. Louis.
- **July 1955** – The second edition of the Big Book is published.
- **July 3, 1955** – The St. Louis Convention culminates with Bill W officially handing leadership of A.A. over to the members.
- **July 1955** – Steve L. Loy, managing editor of La Grande Oregon's newspaper, "Evening Observer", attends a local A.A. meeting. A few days later, the newspaper runs a 600-word editorial on A.A. entitled "It Must Have Something". The editorial provides the residents of La Grande a clear picture of what A.A. is and what A.A. is not.
- **July 1, 2004** – The A.A. Grapevine Digital Archive is launched providing online access to sixty years of Grapevine content.
- **July 2012** – The participating groups of the Westside Central Office approve job descriptions and Guidelines for conducting elections and business.
- **July 13, 2017** - the Internal Revenue Service (IRS) classifies Westside Central Office as a public charity under Internal Revenue Code (IRC) 501(c)(3). Upon receiving this recognition from the IRS, the Westside Central Office completes the last major milestone of its formation.

Upcoming Events

July 31, 2024 – Post Conference Delegate Report 7:00pm-9:00pm with Penny H. In-person: Knights of Pythias, upstairs, 151 SE 2nd Ave, Hillsboro, 97123

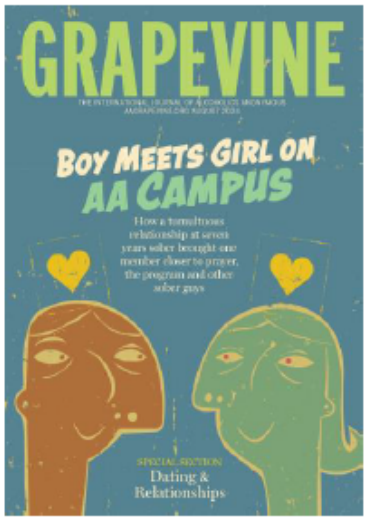
August 5, 2024 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Held online. Email info@westsidecentraloffice.com for an invitation to join.

August 18, 2024 – PDX Intergroup Picnic Oaks Park

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online through Zoom. Email info@westsidecentaloffice.com for an invitation. We look forward to seeing your group's Co Rep there!



Grapevine: Current Issue Spotlight:
This month's featured section is "**Dating & Relationships.**" Members share experiences about sober dating and how their relationships have changed since they got to AA.

Submit Your Story! Upcoming Topics...
LGBTQ+ AA Stories — Are you lesbian, gay, bisexual, queer or transgender? Share about your journey in AA. What are your challenges and joys? What things have helped you stay sober? Share about your meetings, sponsorship, service, and fellowship. (Stories due August 15, 2024)
Making Amends — Do you have an interesting 9th Step experience to share? How did it go? Were there any surprises? Share what happened. (Stories due September 15, 2024)
Living Sober Turns 50! — Tell us about how this remarkable AA book helped you. (Stories due September 15, 2024)
Young & Sober — Did you come into AA at an early age? What was that like? What were the challenges? Do you go to Young People's AA (YPAA) meetings, dances, or conferences? (Stories due Oct 15, 2024)

More upcoming topics: Atheists/Agnostics in AA, What AA Is Like in Other Countries, Technology in AA, and Gratitude.

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!

"The Seventh Step is where we… move out from ourselves… and toward God."

(Reprinted from Twelve Steps and Twelve Traditions, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service-oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Treatment Center Volunteering

There are opportunities for everyone in **AA** at any stage in sobriety. Your story is wanted! People wanting to make a change are waiting to hear your "what it was like and what it's like now story". Please consider **sharing your message** and giving back which was so freely given to you!

Weekly panel meetings at:
Salvation Army Veterans-Family
14825 SW Farmington Rd
Beaverton, OR
Thursdays 4:00-5:00

Monthly panel meetings at:
Solutions Group Northwest
3800 SW Cedar Hills Blvd
Unit 170
Beaverton, OR
Thursday night 6:00-7:30

These panels are closed door invite only and if you'd like to participate please make contact to get your name on our call sheet to get you into our panel scheduling. (15-20 minute sharing each with 3-4 panelists men/women chairing together is the format)

Group chairing fun!

Fellowship members that wish to be more involved can also sign up for the treatment committee. Lots of opportunity for service.

Questions-Call/Text: Chad P (AA District 31 CTF) 503-729-8576

Wednesday, July 31, 2024
7pm - 9pm

In-person: Knights of Pythias, upstairs
151 SE 2nd Ave, Hillsboro, 97123

PIZZA AND DRINKS PROVIDED!

ZOOM: meeting ID: 896 3743 4638
Passcode: 937382

OREGON AREA 58

POST CONFERENCE DELEGATE REPORT

Presented by Penny H
Oregon Area 58 Delegate

The purpose of this event is for our Oregon Delegate to explain the outcome and highlights of the 74th General Service Conference (GSC). Including the Plain Language Big Book.

Hosted by Districts 10 and 31

Questions: DCM31@AA-OREGON.ORG