Into Action!

Westside Central Office

August 2024 – Volume 12 – Number 11

What's Happening at the WCO?

We hope you all are enjoying the last part of Summer. The Summer wrap up means that terms for some of our service positions are also wrapping up. We will hold elections for all our service positions at our September business meeting. These positions are a great way to get your feet wet with A.A. service, so check out the available positions on page 6 of this newsletter. If you are not currently available to serve, please help us spread the word on these important 12th Step Service Opportunities.

Since the first Monday in September lands on the Labor Day Holiday, we will hold our next business meeting on the third Monday, September 16th at 7pm. So, you still have plenty of time to consider standing for a WCO service position. Email info@westsidecentraloffice.com to request an invitation to our online business meeting or to receive more information about our open service positions.

New printed meeting schedules will be available mid-August at our office, please contact info@westsidecentraloffice.com for more details.

The Twelve Step Call Chair is seeking YOUR help! Clayton will look at a listing of volunteers in that area to better help in the future. Females, especially needed! Volunteer submission form in at the URL below:

https://westsidecentraloffice.com/service/twelfth-step-calls

New Business

From: Mark L, WCO Ad Hoc Committee Chair
Motion: Increase the budget of the Ad Hoc Committee by $206.80 to cover one more case of Soft Cover Big Books.
Current Practice: The WCO Ad Hoc Committee current budget is $451.20 which covered the cost of 45 Soft Cover Big Books. All by $9.00 of the current budget has been spent.

Intent and Purpose: The Ad Hoc Committee's commitment lasts through September and has already distributed 45 Soft Cover Big Books to volunteers and/or to Little Free Libraries. By purchasing another case of Big Books, we have some extras to distribute between now and the end of September. Also, we will have some books on hand to give to any new members of our committee.
Any unused books after September, will be returned to WCO. The unused books can either be resold to customers at our office or donated to the A.A. Service Call Committee.
Budgetary Impact: Increases the budget by $206.80

Urgent/Administrative (YES)
Vote: Motion PASS

Want this newsletter emailed to you each month? Then vist http://westsidecentraloffice.com/newsletter/#subscribe

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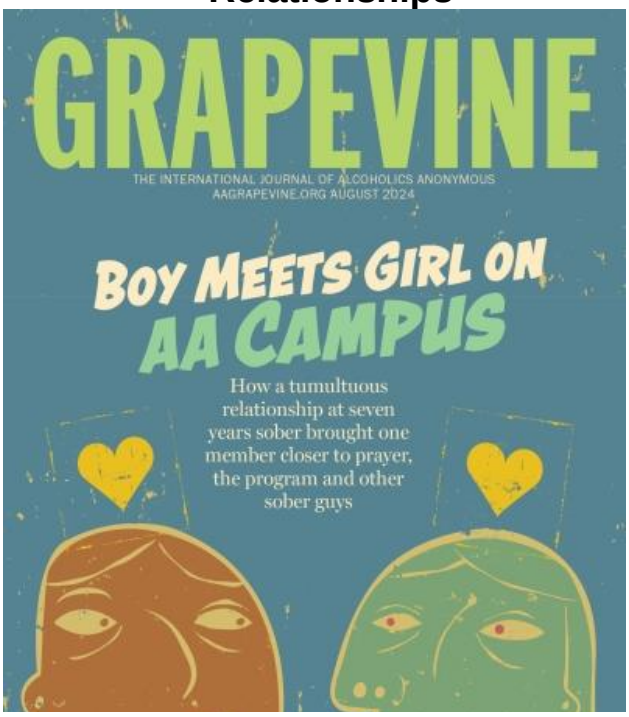
August Grapevine!

[Boy Meets Girl on AA Campus](#)

August 2024 | Dating & Relationships



If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **August 1934 -**Oxford Groups sober up Bill W's friend, Ebby T.
- **August 11, 1938 -** The Alcoholic Foundation (predecessor to General Service Board) is founded.
- **August 1939 -** Dr. Bob and Sister Ignatia begin working with alcoholics at St. Thomas Hospital in Akron. They will treat 5,000 alcoholics over a 10-year span.
- **August 6, 1944** – Carl S, Mr. B, Mr. K, and Cecil F from Portland's A.A. Group No. 1, visited Dr. Williams at the Oregon state hospital in Salem with the idea of starting an A.A. group in the hospital. However, A.A. groups in Salem had not yet formed and 12th Step Workers were not too plentiful at the time. Therefore, the hospital group would not get started until October 11, 1946.
- **August 8, 1946** – The first group in Astoria called the Central Group forms. This is the fourth A.A. group to form in Oregon. The first group was Portland's A.A. Group No. 1 (formed January 6, 1944), the second was the Mill Creek Group (formed inside the walls of the Oregon State Penitentiary on May 30, 1944), and the third was the Salem City Group (formed April 29, 1946).
- **August 1951 –** The Portland Area Intergroup's predecessor, the Central Advisory Committee, changed its name to the Central Committee.
- **August 1981 –** Distribution of the Big Book passes the 3 million mark.
- **August 2001** – A.A. takes root in China. China has three A.A. groups in existence – two in Beijing and one in Chanchun.
- **August 2012** – Westside Central Office moves its business meeting from the first Saturday of the month at 2pm to the first Monday of the month at 7pm.
- **August 2013** – Westside Central Office begins offering a printed meeting schedule.
- **August 1, 2016** – Westside Central Office approves a motion to move all WCO's September business meetings to the third Monday of the month in lieu of Labor Day.

Upcoming Events

August 31, 2024 – Westside Service Center Speaker Meeting 7pm-8:30pm. NEW LOCATION! 18653 SW Farmington Road Aloha, OR

September 9 - 15, **2024 –** AA In the Woods, Beacon Rock State Park, Stevenson, WA

September 16, 2024 – Westside Central Office Business Meeting 7pm – 8pm. Elections for service positions, see below!

September 20-22, 2024 – Oregon Area 58 Assembly. Chinook Winds Casino https://www.aa-oregon.org/register-sept/

November 1, **2024 –** PLBB is available!

https://www.aa.org/sites/default/files/literature/EN_PLBB_Flyer.pdf

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online. Email info@westsidecentraloffice.com for an invitation to our business meeting. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting

Step Eight "… is the beginning of the end of isolation from our fellows and from God."

(Reprinted from Twelve Steps and Twelve Traditions, page 82, with permission of A.A. World Services, Inc.)

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

A.A. Service Opportunities at the Westside Central Office

The Westside Central Office (WCO), an A.A. Central/Intergroup Office serving the western Portland, Oregon metropolitan area, has the following service position opportunities:

Chair – Facilitates WCO business meeting; presents a quarterly report on WCO at each Area 58 Quarterly Assembly; emails business meeting minutes to Area 58 Archivist (4 years continuous sobriety suggested, serves through September 30, 2026).

Co-Chair – If Chair resigns or is unable to serve for any reason, the Co-Chair steps in and assumes Chair duties and responsibilities; records WCO business meeting minutes in absence of recording secretary (2 years continuous sobriety suggested, serves through September 30, 2026).

Recording Secretary – Records WCO business meeting minutes; distributes meeting minutes via email and at the start of each business meeting (1 year continuous sobriety suggested, serves through September 30, 2025).

Finance Chair - Receives and approves annual budget requests from committees; compiles itemized annual budgets into a report for the November WCO business meeting; monitors and documents WCO expenditures; reconciles expenditures to annual budget (2 years continuous sobriety suggested, serves through September 30, 2026).

Board of Directors – The WCO Board of Directors consist of three to seven individuals that act as the legal custodians of Westside Central Office, Inc. and oversee the day-to-day operations of WCO (4 years continuous sobriety suggested, serves through September 30, 2026).

12 Step Call Committee Chair - Maintains a list of 12th Step Volunteers for participating groups; receives calls from Hotline volunteers; and refers 12th Step volunteers to incoming calls (2 years continuous sobriety suggested, serves through September 30, 2025).

Activities Chair - Brings suggestions for WCO-sponsored events to Co Reps for approval; Organizes volunteers to host activities; Finds the facilities to host activities;

Prepares flyers for distribution to A.A. community for events (2 years continuous sobriety, serves through September 30, 2025).

A.A. Hotline Committee Chair - Maintains a calendar of individuals and groups willing to answer the WCO phone (2 years continuous sobriety suggested, serves through September 30, 2025).

Cooperation with the Professional Community Committee Chair - Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics (2 years continuous sobriety suggested, serves through September 30, 2026).

Corrections Committee Chair - Carries the A.A. message to alcoholics behind the walls of correctional institutions (2 years continuous sobriety suggested, serves through September 30, 2026).

Outreach Chair - Informs A.A. groups and members of the available services and opportunities for service at the WCO; Maintains the Westside Central Office Frequently Asked Questions (F.A.Q.) form (2 years continuous sobriety suggested, serves through September 30, 2025).

Public Information Chair – Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements (2 years continuous sobriety suggested, serves through September 30, 2026).

Treatment Facilities Committee Chair - Contacts Treatment Centers and offers assistance in coordinating A.A. meetings and presentations at their facility (2 years continuous sobriety suggested, serves through September 30, 2026).

Newsletter Committee Chair - Publishes the Westside Central Office's monthly newsletter Into Action! (2 years continuous sobriety suggested, serves through September 30, 2025).

Office Volunteer Chair – Assists the Office Manager (or Board of Directors) with finding A.A.s to volunteer at the WCO facility (2 or more years continuous sobriety is suggested. Serves through September 30, 2025).

Individuals interested in these service positions are encouraged to attend the Westside Central Office business meeting. Additional information is available on our website, www.westsidecentraloffice.com, by emailing info@westsidecentraloffice.com, or by phone at 503-684-0415 (extension 0).

Treatment Center Volunteering

There are opportunities for everyone in **AA** at any stage in sobriety. Your story is wanted! People wanting to make a change are waiting to hear your "what it was like and what it's like now story". Please consider **sharing your message** and giving back which was so freely given to you!

Weekly panel meetings at:
Salvation Army Veterans-Family
14825 SW Farmington Rd
Beaverton, OR
Thursdays 4:00-5:00

Monthly panel meetings at:
Solutions Group Northwest
3800 SW Cedar Hills Blvd
Unit 170
Beaverton, OR
Thursday night 6:00-7:30

These panels are closed door invite only and if you'd like to participate please make contact to get your name on our call sheet to get you into our panel scheduling. (15-20 minute sharing each with 3-4 panelists men/women chairing together is the format)

Group chairing fun!

Fellowship members that wish to be more involved can also sign up for the treatment committee. Lots of opportunity for service.

Questions-Call/Text: Chad P (AA District 31 CTF) 503-729-8576

AA
IN THE WOODS
CAMPOUT

SEPTEMBER 9 - 15, 2024

Beacon Rock State Park
- Group Campsite
Stevenson, WA

End of Summer Campout!

AA IN THE WOODS

$35/adult *(in advance)*
($40/adult at the campout)

kids camp for free!

MEETINGS & FELLOWSHIP

HIKES & GAMES

POTLUCKS & CAMPFIRE JAMS

SWIM & PADDLE SPORTS BEACH

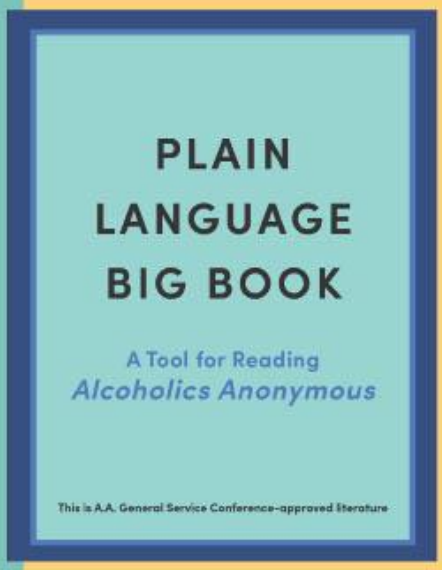
Saturday Night Speaker:
TBA

Contact Gordon N at 206.731.9731
Paul K at 503.270.9060 or
Lura G at 971.678.3921
Email: AAitWcampout@gmail.com

More details or register online at:
WWW.AAITW.ORG

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.

Announcing:
a new book from AAWS on sale November 1, 2024



The *Plain Language Big Book* is a tool to help readers understand the book *Alcoholics Anonymous*, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book *Alcoholics Anonymous* "the Big Book." It is the basic text of the A.A. program. The *Plain Language Big Book* has been written to present the original ideas and same spiritual message of the Big Book, *Alcoholics Anonymous*.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.'s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

The *Plain Language Big Book* covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book *Alcoholics Anonymous* and meet with A.A. members to support their own individual paths of recovery from alcoholism.

The *Plain Language Big Book* is A.A. General Service Conference-approved literature.

PLAIN LANGUAGE BIG BOOK: A Tool for Reading *Alcoholics Anonymous*

- **Publication (on-sale) date: November 1, 2024**
- **List Price $11.**
- **Item B-90**
- **192 pages; 8 ½' x 11"**
- **Softcover format with flaps**

Announcing: NEW items from AAWS!

"Black In AA – Experience Strength and Hope"
(P-51) List price $.75

New completely revised pamphlet

Now available in a completely updated and rewritten pamphlet — "Black in A.A. – Experience, Strength and Hope" replaces the pamphlet titled "A.A. for the Black and African American Alcoholic." With an illuminating new Introduction and contemporary sharing by 12 A.A. members from the United States and Canada, the new pamphlet will be published in English, with French and Spanish translations to follow.

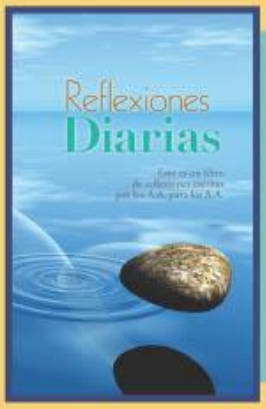
ON SALE: MID SEPTEMBER

Literature Workbook
(M-52l) List price $6.00

New Literature service tool

Several years in the making, this brand-new Workbook was compiled from practical shared experience of A.A. members in the Literature service area.
Literature committees at the District and Area levels help educate the Fellowship about General Service Conference-approved literature and related service material. All of their efforts work to insure we protect and maintain the integrity of the A.A. message. Helpful sections of the workbook include: "Samples of Planned Service Activities," and "Growing Literature Committees in Districts."

ON SALE: MID SEPTEMBER



Reflexiones Diarias
(SB-19) List Price $12.50

in a new Large Print edition

A.A.'s popular book of daily meditations that features quotations from A.A. literature paired with members' responses to them for every day of the year is now being made available in Spanish in a Large Print edition, for the first time. This edition will help make this inspirational text more accessible to our Spanish-speaking members, and it is published as a direct result of responding to the expressed need of the Fellowship.

ON SALE: END OF SEPTEMBER