Into Action!

Westside Central Office

September 2024 – Volume 12 – Number 12

What's Happening at the WCO?

We had our elections at our September business meeting which was held on September 16, 2024 due to the Labor day holiday. Here are the election results:

Chair: not elected, Andrew W will continue as interim until a Chair is elected.

Treasurer: not elected, Mark L will continue as interim until a Treasurer is elected.

Recording Secretary: Scott C elected for a new 1-year term.

Board of Directors:

Elected: Mark L, Jeff M, Dylan M, Todd N, Dawn W, Scott C

AA Hotline Chair: Jeff M elected for a new 1-year term.

12 Step Call Chair: Clayton D will continue as interim until the position is filled.

Newsletter Chair: Dawn W will continue as interim until the position is filled.

Finance Chair: Mark L elected for a new 1-year term.

Please bring these open service positions back to your groups, sponsees and fellows.

Ad Hoc Committee Report:

Our Ad Hoc Committee that is distributing Big Books into the Free Mini Libraries runs through the end of the month. As of today, we still have 20 Soft Cover Big Books left. Ad Hoc Committee members should get a hold of me if you need more books for your mini libraries. There is time left to distribute some Big Books into mini libraries. If anyone is interested in participating, they can let me know by emailing me at info@westsidecentraloffice.com. Any left-over Big Books will be available for Hospitals.

WCO Twelfth Step Call Committee needs volunteers for the Hotline. Female AAs are in great need! Signup here: https://westsidecentraloffice.com/service/twelfth-step-calls

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Our office is currently open by appointment only. Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to schedule an appointment to purchase literature at our office.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **September 1939** – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.
- **September 30, 1939** - An article on A.A. titled Alcoholics and God appears in Liberty magazine. After publication of this article, Big Book sales saw an increase of several hundred and the early A.A. Newark Office received 800 pleas for help.
- **September 1947** – The first A.A. group in Brazil takes shape.
- **September 1947** – A.A. is started in the Eugene-Springfield Oregon area when eight members met at the YMCA on September 12, 1947.
- **September 9, 1948** – The Astoria Alano Club opens its doors for the first time at 145 11th Street in Astoria, Oregon. The first group in Astoria, known as the Central Group, would meet at the Alano Club on Wednesdays and Saturdays at 8pm.
- **September 1950** – The first meeting in Seaside, Oregon is held at the home of Earl E and his non-alcoholic wife Leona.
- **September 1951** – The first Oregon A.A. Newsletter, titled "Our Baby", begins publication. The monthly newsletter would carry state as well as national A.A. news. Each group would receive a copy in the mail and additional copies were circulated through the central office in Portland. 500-600 copies were printed for each issue. The newsletter would cease publication after three years. The Oregon Area would begin publishing a second newsletter in April, 1960.
- **September 2001** – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean - up crews form A.A. meetings at Ground Zero.
- **September 2013** – WCO began accepting 7th Tradition contributions through its website.

Upcoming Events

October 7, 2024 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm, Email info@westsidecentraloffice.com for an invitation to the online meeting.

October 11 – 13, 2024 – Rose City Girlstock. This year, the event will be held online and in-person. More information is available at www.rosecitygirlstock.com.

October 19, 2024 – Oregon Area 58 Treatment Committee presents AA in Treatment Settings On-line Conference of Alcoholics Anonymous Meeting ID: 807 513 1787 passcode: 166459

October 26, 2024 – 10:00am-3:00 pm Oregon area 58 Hybrid Corrections Conference held at COURT STREET CHRISTIAN CHURCH 1699 Court Street NE Salem, OR 97301 or Online Access Meeting ID: 858 6926 6829 Passcode: welcome

October 26, 2024 – District 31 Halloween Party! Boo & Renew from 6:00 pm-10:00 pm. Speakers Tina C and Tony F. Pizza and salad provided, bring a dessert. Raffle prizes and 50/50 with a dance.

September 8 2024 to November 24, 2024 – District 33 presents The Twelve Traditions of AA Workshop Meeting ID: 967 4508 3547 passcode: 587310

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

September 2024
Young and Sober
This month's featured section is "Young & Sober." Members share about the joys and challenges of getting sober and active in AA in their teens, 20s, and 30s.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates Ce position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online with Zoom. Email info@westsidecentraloffice.com for an invitation. We look forward to seeing your group's Co Rep there!

"…to take responsibility for the well-being of others…is the very spirit of Step Nine."

(Reprinted from Twelve Steps and Twelve Traditions, page 87, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

The Twelve Traditions of AA

online workshop

presented by Area 58, District 33

A weekly Traditions workshop

online workshop

online workshop

Sundays 4-5 pm pacific time
September 8 - November 24, 2024

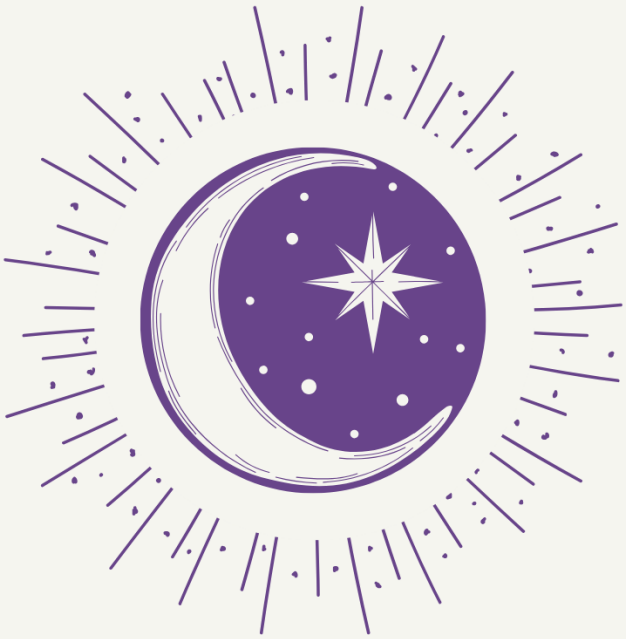
Meeting ID: 967 4508 3547
Passcode: 587310

Readings from, "The Language of The Heart"
Bill W.'s Grapevine Writings

HOSTED BY DISTRICT 31

BOO & RENEW

SATURDAY OCTOBER 26TH
6PM - 10PM



FIRST CONGREGATIONAL CHURCH
494 E MAIN ST HILLSBORO OR. 97123

PIZZA AND SALAD - BRING YOUR FAVORITE DESSERT
50/50 RAFFLE & GIFT BASKET

SPEAKERS

7PM - TINA C. - HELVETIA HAPPY HOUR
8PM - TONY F. - BY THE BOOK
DJ TIM T.

ROSE CITY GIRLSTOCK

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"…no middle-of-the-road solution."
Page 25, Alcoholics Anonymous

SPEAKERS

Sharon A. (Depoe Bay, OR)
Joie K. (Portland, OR)
Marilyn S. (Los Angeles, CA)
Julia S. (Portland, OR)
Angela R. (Portland, OR)
Lisa C. (Portland, OR)
Celia C. (Corvallis, OR)
Erin L. (Beaverton, OR)

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/ GAME NIGHT FREE TO ALL IN-PERSON REGISTRANTS

October 11th – 13th, 2024

Go to www.rosecitygirlstock.com for online and hotel registration!

Holiday Inn Portland South (HIPS)
25425 SW 95th Ave., Wilsonville, OR 97070
503-682-2211
Book your room from our website

$124-$134: Special Room Rates for the HIPS (per night plus tax) for single or double beds.
Offer expires September 20, 2024

$80: In-Person Registration Only
$150: In-Person Registration + Meals
(Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

$30: Online Only Registration
All prices above do not include processing fees

Registration Chair: Janet B.; **Co-Chair:** Carolyn A.
Email: rosecitygirlstock@gmail.com
RCGS Chair: MiQuelle D.: 512-751-6996
RCGS Co-Chair: Mary C.: 503-706-2122

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!

OREGON AREA 58
Invites you to the Hybrid
CORRECTIONS CONFERENCE

SATURDAY, OCTOBER 26TH, 2024
10:00 AM - 3:00 PM

COURT STREET CHRISTIAN CHURCH
1699 Court Street NE
Salem, OR 97301

or

Online Access
Meeting ID: 858 6926 6829
Passcode: welcome

You might consider attending this conference if you currently take meetings into a jail or prison or if you would like to find out more about this type of Area service. No previous experience is necessary. Just come and join us. All are welcome.

Agenda Includes:
A.A. members who take meetings into prisons, Corrections Professionals, A.A. Corrections Committee members, Previously incarcerated members sharing their stories, Q&A.

We will break for lunch at noon and an entree will be provided. Feel free to bring a side if you'd like!

Please reach out to cfc@aa-oregon.org or cfc-co@aa-oregon.org with any questions.