Into Action!

Westside Central Office

October 2024 - Volume 13 - Number 1

What's Happening at the WCO?

This past month has been great - we have had 4 requests from the support call program

one of which was from the ER. That is a new part of the program that just began in the last

30 days, so we are excited for our reach to have been extended.

We are looking for a Monthly Business Meeting, Chair. Simple Service commitment:

* Run the meeting.

* Share the last months work performed, if any.

Please bring this to your Groups to help us fill the Chair position.

WSCO now has printed meeting schedules! And other highlights!

* Our Fall 2024 printed meeting schedules are available for pick up at our office. They are free; however, a voluntary contribution is welcomed. As a guideline for a contribution, each meeting schedule cost about $1.00 to print.

*We have several service position vacancies, so please consider standing for a position tonight or help us get the word out on our service position openings.

*Our Finance Committee plans to present a proposed budget for next year. If you or your Group would like some input in how WCO plans to spend your 7th Tradition Contributions, then please attend our next business meeting, November 4th at 7pm, or email info@westsidecentraloffice.com. We are grateful for the generous contributions we have received from the Groups this year. We are even more grateful for suggestions on how to spend your 7th Tradition Contributions. The proposed budget will go back to Groups after the November 4th business meeting and voted on at the December 2nd business meeting.

*Our website in September had 1700 visitors who viewed 8300 web pages or 277 web pages per day on average. This is down slightly from August which saw 1900 visitors who viewed 9100 web pages. But it is like July's numbers of 1700 visitors with 8500 web page views.

* Volunteers needed for 12 step calls. Form here: https://westsidecentraloffice.com/service/twelfth-step-calls

* We need 12 Step Volunteers to get back to in-person/hospital visits.

* Other service positions: Co-Chair, Treasurer, 12 Step Call Chair, AA Hotline Chair, Treatment Facilities Chair, Corrections Chair, Activities Chair, Office Volunteer Chair, PI Committee, CPC Committee.

Want this newsletter emailed to you each month? Then subscribe today by visiting https://westsidecentraloffice.com/newsletter/

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **October 1943** – A second A.A. Group forms in Canada when alcoholics begin meeting in Windsor, Ontario
- **October 1944** – Reader's Digest publishes an article titled, "Maybe I Can Do It Too" about how A.A. member Edward G got sober. For the next four years, this article would appear in translation in several of the publication's international editions.
- **October 1944** – The Yale School of Alcoholic Studies and the Oregon Alcoholic Education committee hold a meeting at the Portland Masonic Temple. The meeting is well attended, following which, three members of Portland A.A. Group Number 1 decide to start a new group on Portland's eastside.
- **October 11, 1946** – Oregon State Hospital Group (Salem, OR) forms.
- **October 1951** – Lasker Award is given to A.A. by American Public Health Association.
- **October 1954** – The "Alcoholic Foundation" becomes the General Service Board of A.A.
- **October 1956** – The first overseas General Service Board is established in London, England to serve A.A. Groups in Great Britain and Ireland.
- **October 1957** – *Alcoholics Anonymous Comes of Age* is first published.
- **October 1958** – Alcoholics Anonymous is called upon to play an advisory role in the October 1958 TV broadcast of "Days of Wine and Roses". The play, examining the lives of an alcoholic married couple seeking help from A.A., will reach an international audience when produced as a movie in 1962.
- **October 8-11, 1969** – First World Services Meeting is held in New York. Representatives from General Service Offices from around the world hold a meeting to exchange ideas on literature distribution, service structure, publishing, and finance. The countries in attendance were Australia, Belgium, Canada, Colombia, Costa Rica, Finland, France, Germany, Guatemala, Holland, Mexico, New Zealand, Norway, South Africa, United Kingdom, and United States.
- **October 1991** – 800 Native Americans from 100 tribes in U.S. and Canada attend the First Native American A.A. Convention in Las Vegas, NV.
- **October 2011** – The Westside Central Office establishes an A.A. telephone hotline (503-684-0415).
- **October 2012 –** The Westside Central Office begins publishing this newsletter, *Into Action!*

Upcoming Events

October 19, 2024 – Oregon Area 58 Treatment Committee presents AA in Treatment Settings Online Conference of Alcoholics Anonymous Meeting
ID: 807 513 1787 passcode: 166459

October 26, 2024 – 10:00am-3:00 pm Oregon area 58 Hybrid Corrections Conference held at COURT STREET CHRISTIAN CHURCH 1699 Court Street NE Salem, OR 97301 or Online Access Meeting ID: 858 6926 6829 Passcode: welcome

October 26, 2024 – District 31 Halloween Party! Boo & Renew from 6:00 pm-10:00 pm. Speakers Tina C and Tony F. Pizza and salad provided, bring a dessert. Raffle prizes and 50/50 with a dance.

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November 15-November 17 2024. Oregon Area 58 Area Assembly at Portland Holiday Inn. More info here: https://www.aa-oregon.org/register-nov/

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online. Email info@westsidecentraloffice.com for an invitation to the meeting. We look forward to seeing your group's Co Rep there!

Grapevine News

October 2024

CPC: Cooperation with the Professional Community

This month's featured section is "CPC: Cooperation with the Professional Community," featuring stories by AA members rolling up their sleeves and getting involved in CPC service. Find out more at https://aagrapevine.org

"Learning daily to spot, admit, and correct [our] flaws is the essence of [Step Ten]."

(Reprinted from Twelve Steps and Twelve Traditions, page 95, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

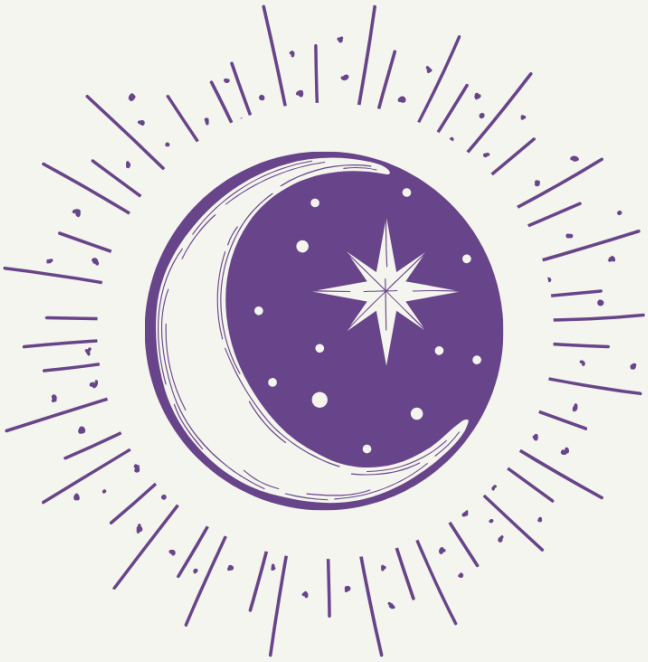
Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

HOSTED BY DISTRICT 31

BOO & RENEW

SATURDAY OCTOBER 26TH

6PM - 10PM



FIRST CONGREGATIONAL CHURCH

494 E MAIN ST HILLSBORO OR. 97123

PIZZA AND SALAD - BRING YOUR FAVORITE DESSERT

50/50 RAFFLE & GIFT BASKET

SPEAKERS

7PM - TINA C. - HELVETIA HAPPY HOUR

8PM - TONY F. - BY THE BOOK

DJ TIM T.

A.A. Service Opportunities at the Westside Central Office

The Westside Central Office (WCO), an A.A. Central/Intergroup Office serving the western Portland, Oregon metropolitan area, has the following service position opportunities:

Co-Chair – If Chair resigns or is unable to serve for any reason, the Co-Chair steps in and assumes Chair duties and responsibilities; records WCO business meeting minutes in absence of recording secretary (2 years continuous sobriety suggested, serves through September 30, 2024).

Treasurer – Prepares and submits to each business meeting WCO's financial statement which includes a summary of income, expenses, and budget balances. Some business/accounting experience is recommended. 4 or more years of continuous sobriety is suggested. The Treasurer is elected as a Board member and appointed by the Board. (4 years continuous sobriety suggested, serves through September 30, 2024).

Activities Chair - Brings suggestions for WCO-sponsored events to Co Reps for approval; Organizes volunteers to host activities; Finds the facilities to host activities; Prepares flyers for distribution to A.A. community for events (2 years continuous sobriety, serves through September 30, 2024).

A.A. Hotline Committee Chair - Maintains a calendar of individuals and groups willing to answer the WCO phone (2 years continuous sobriety suggested, serves through September 30, 2024).

Cooperation with the Professional Community Committee Chair - Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics (2 years continuous sobriety suggested, serves through September 30, 2024).

Corrections Committee Chair - Carries the A.A. message to alcoholics behind the walls of correctional institutions (2 years continuous sobriety suggested, serves through September 30, 2024).

Public Information Chair – Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements (2 years continuous sobriety suggested, serves through September 30, 2024).

Treatment Facilities Committee Chair - Contacts Treatment Centers and offers assistance in coordinating A.A. meetings and presentations at their facility (2 years continuous sobriety suggested, serves through September 30, 2024).

Newsletter Committee Chair - Publishes the Westside Central Office's monthly newsletter *Into Action!* (2 years continuous sobriety suggested, serves through September 30, 2024).

Office Volunteer Chair – Assists the Office Manager (or Board of Directors) with finding A.A.s to volunteer at the WCO facility (2 or more years continuous sobriety is suggested. Serves through September 30, 2024).

Office Manager – Manages the Westside Central Office and its volunteers. 5 or more years continuous sobriety is suggested. Serves through September 30, 2024.Note: Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com.

Assistant Office Manager –Assists the Office Manager in their duties. 3 or more years continuous sobriety is suggested. Serves through September 30, 2024. Note: Assistant Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com.

Individuals interested in these service positions are encouraged to attend the Westside Central Office business meeting. Additional information is available on our website, www.westsidecentraloffice.com, by emailing info@westsidecentraloffice.com, or by phone at 503-684-0415 (extension 0).