Into Action!

Westside Central Office

February 2025 – Volume 13 – Number 5

What's Happening at the WCO?

On February 6th, WCO will celebrate its 15th Anniversary! Thank you everyone for your support over the years. It has been an amazing ride. But of course, our work is not done. There are still plenty of alcoholics out there who need our services. We have plenty of opportunities for our membership to carry A.A.'s message to these alcoholics. In return, members get to take out an "insurance policy" against a future slip. Click here to see our current list of open service positions.

First patient request of the year for the 12 Step Hospitals Volunteers. We have reached over 300 patients since 2021 when we started!

This past month, we sold continue to see a demand in the Plain Language Big Book. We now have 13 copies of the first printing left. AAWS has the second printing in stock. If you want the first printing, get it while supplies last.

As we discussed last month, we wrote off 11 copies of the old service manual at $4.00 each and plan to replenish some of the stock with the latest version of the printed service manual that came out last December. We still have 10 copies available for free.

We have distributed all but 14 copies of our Fall 2024 printed meeting schedule. Since we are almost out of meeting schedules, we will publish another edition by late February or early March. Send us any meeting updates soon so they can be included in the next edition of our printed meeting schedule. The next edition will include meetings in Oregon City and Gladstone.

We received our business license from the city Tigard. Like last year, the filing fee was waved because we are a 501 (C) (3) non-profit organization.

I am also pleased to announce that February 6 th will mark WCO's 15 th Anniversary! Thank you everyone for your support of WCO over the years! It's been an amazing ride!

For purchases: https://westsidecentraloffice.com/literature or email your order to info@westsidecentraloffice.com.Tigard.

Treatment Facilities Chair, Corrections Chair, Activities Chair, PI Chair, CPC Chair. Please bring these open Service Committee Chair positions back to your groups, sponsee's, and AA Fellows.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Grapevine News

February's Grapevine is on Longtimers

This month's featured section is "Longtimers," with wonderful stories by members sharing about their long journeys in AA and the many things they've learned and experienced.

Celebrating 15 Years of Service!

Westside Central Office

2/6/2010 - 2/6/2025

Thank you everyone for your support!

Calendar of Events
More info down below!

February 15 – Men's Pancake Feed
February 22 – Safety Workshop
March 14-16 – Columbia Gorge HOWL

Have an event? Email
newsletter@westsidecentraloffice.com

This Month in A.A. History

- **February 1938** – Frank Amos, friend of John D. Rockefeller, Jr. assesses the Akron Group and explores the possibility of opening a small hospital for alcoholics. Amos recommends that Rockefeller donate $50,000 for the hospital, but Rockefeller refuses stating that the fellowship should be self-supporting. The philanthropist does donate $5,000 toward Bill and Dr. Bob's basic needs.
- **February 1940** – First A.A. World Service Office opens on Vesey Street in New York City.
- **February 1940** – First A.A. Clubhouse opens at 334 ½ West 24th Street in New York City.
- **February 8, 1940** – The A.A. Co-founders and some early members attend a dinner party put on by John D. Rockefeller Jr. It's at this meeting that Rockefeller informs Bill, Bob, and the early members that he feels A.A. should be self-supporting as far as money is concerned. This stance by Rockefeller would later form the basis of A.A.'s 7th Tradition.
- **February 14, 1971** – A.A. groups around the world hold memorial meetings honoring Bill's work as Co-founder of A.A. Bill died on January 24, 1971.
- **February 1993** – In a textbook example of country-to-country sponsorship, A.A. Mexico succeeds in getting Cuba's first group going. The Cuban Government had previously outlawed A.A. But after A.A. Mexico informed the Cuban Government of how A.A.'s program of recovery works, the government changed its mind and welcomed the Fellowship. By the end of 2004, some 200 groups have formed in Cuba.
- **February 6, 2010 –** The Westside Central Office is founded.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic

who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm virtually. Email info@westsidecentraloffice.com for an invite.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office. We are open by appointment only. Visit www.westsidecentraloffice.com/literature to request an appointment.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

It's Time!
PDX Boys Night Out Hosts
Men's Pancake Feed &
6th 7th & 8th Step Study
Saturday February 15th
Noon - 4:00 PM
What's in it for you...
The most important meal of the day
you won't walk away hungry
Comprehensive Step 6 and Step 7
Confident Step 8
Steps 6, 7, and 8 are keys to recovery
Let's dig into...
Patience
Humility
Willingness and Pancakes
No Dishes!
An event for men in recovery
Tabor Heights
United Methodist Church
6161 SE Stark St.
Portland, OR 97215
FREE
For more information
Contact Tim (971)533-0104
Or
visit our website:
BNOPDX.NET

DISTRICT 12 PRESENTS

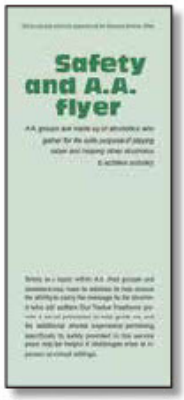
Leading with the Language of the Heart Using the Steps and Traditions for Safety and Inclusion in Alcoholics Anonymous

February 22, 2025, 2:00 to 4:00 p.m.

Facilitator: Bonnie R., *Area 58 Safety and Inclusion Chair*
On Tools to Inform Group Conscience

Special Guest: Madeleine P., *Past Pacific Regional Trustee*
On Safety and Sponsorship

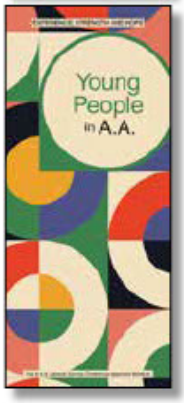
Rose City Park United Methodist Church
5830 NE Alameda, Portland, OR, 97213
Need more information?
Email Adrienne: akendlesaiz@gmail.com

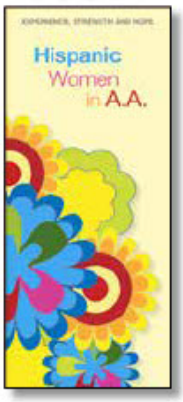


SNACKS

TOOLS

SHARED EXPERIENCE





2025 COLUMBIA RIVER GORGE HOW-L

March 14, 15, & 16th

"Language of the Heart" BBc page xxiv

323 E 4th street, The Dalles OR- Civic Auditorium

THE DOORS OPEN AT 4 PM FRIDAY
JOIN US FOR:

- Speaker Meetings
- Women's and Men's Meetings
- Al-Anon Meetings
- Panel/Workshop
- Raffle
- Hospitality Room
- Fellowship
- Fun!

Sunday Morning Pastry & Coffee Social

Optional Dinner Saturday Night:

General questions:
Howl1993@yahoo.com
Jonni H 541 380 1352

Speaker Lineup

Matt C.
Nashville Tennessee: Opening Night Speaker.
Luther B.
White Salmon: Local Speaker.
John H.
Southern CA: Alanon Speaker.
Saturday Afternoon Panel.TBA
Arlina A.
Eagle Idaho: Saturday Night Speaker
Sharyl W.
Minnesota: Spiritual Speaker, Sunday morning.

TWO WAYS TO REGISTER

1. ONLINE!

Scan the QR

https://howl2024.wufoo.com/forms/xjg1y8210pafkw/

2. Mail-in Registration

JOIN US ON FACEBOOK
Columbia Gorge HOW-L Conference

Limited seating, ALL PARTICIPANTS MUST be registered
Mail Registration with Check Payable to: Columbia Gorge HOW-L PO Box 973 Hood River, OR, 97031

NAME(S)_____EMAIL_____

ADDRESS_____CITY/STATE/ZIP_____

HOW MANY REGISTRATIONS_____@ $65.00 $_____
SATURDAY DINNER ADD ON(S) _____@ $35.00 $ _____
Chicken_____ Tri Tip _____Vegetarian Lasagna_____
SCHOLARSHIP DONATIONs $_____
TOTAL INCLUDED $_____

Volunteers Needed! If you are interested in a 2-hour commitment, please put your name and phone number here.

_____

Registration: Rick Narciso- rickyn2001@gmail.com

Hotel Group Rate: The Fairfield Inn & Suites by Marriott (541) 769-0753

930+ POTLUCK & JAM

WHEN
Last Saturday of the Month
6pm-9pm

WHERE
Samuel Johnson Memorial Hall
433 NE 76th Ave Portland, OR 97213

FEATURING · AA Musicians · Fellowship · Music · Food · Fun ·

MONTHLY EVENT

ALCOHOLIC ANONYMOUS
Open Event

POTLUCK
Bring a potluck dish if you are able

MUSICIANS
All musicians welcome to jam

FUN
Enjoy Fellowship and Fun with other Alcoholics

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.